- Are your results better or worse than expected?
 Do you need to change your plans or consider different options?
- Not fixed up for September and don't know what to do next?

Don't panic or feel that you are on your own. There is plenty of help and advice available...



GCSE RCSUITS What Next?

If your results are not what you expected and you are concerned about your next steps you can:

- Get in touch with the school or college you have applied to and find out whether they will still give you a place on your chosen course. Even if you have not achieved the grades required for the course you may still be able to get a place on another course.
- Speak to the Careers Coordinator at the school you went to – they should be able to offer help and advice.

 Telephone a Careers Adviser on 0800 100 900. The National Careers Service offers careers information and advice for young people and is open between 8am and 10pm every day. You can also visit their website at https://nationalcareersservice.direct.gov.uk

If you are currently working with a Guidance Adviser – contact them if you need advice or support. If you cannot find their telephone number then contact Norfolk's NEET Helpline on 0344 800 8022 (Option 1)

Remember... The law has changed and you must now continue in education or training until the end of the school year in which you turn 17. This does not mean staying on at school; you could go to college, get an Apprenticeship or a job with recognised training or even volunteer and study part-time.



Sources of information to help you with your choices:

- Use Help You Choose, Norfolk's careers information, advice & opportunities website at www.helpyouchoose.org
 - Search for courses and qualifications close to where you live. There are pages of courses at all colleges and sixth forms aimed at 16-19 year olds.
 - Go to 'My Account' and register for Jobmatching. Make sure we have your contact details including email so we can email you with any jobs or training opportunities that match your interests.
 - Go to the 'Apprenticeships, Jobs & Training' section to look for vacancies and to contact local training providers who offer Apprenticeships.



For information about Apprenticeships you can also try Apprenticeships Norfolk – www.norfolk.gov.uk/ apprenticeships and search for vacancies on the National Apprenticeships Service website www.apprenticeships.org.uk







www.facebook.com/helpyouchoose

@HelpYouChoose

If you are not fixed up with further education, employment or training for September and need advice:

Contact Norfolk's NEET Helpline on 0344 800 8022 (Option 1). Available from Monday-Friday, 10am - 4pm. We can talk you through your options and, if you need more in-depth help, make you an appointment with a Guidance Adviser who will provide you with advice and guidance about your education, employment and training options to sort out the right choice for you.



Keeping in touch with you

Norfolk County Council is required to keep in regular contact with you until you are 19 to offer you support to help you get into education, training or work. This means that from time to time you will be called by our **Keeping In Touch Team** just to check things are going well. If you do need support, our Keeping In Touch Team is there to help!



If you need this information in large print, audio, Braille, alternative format or in a different language please contact us on 0344 800 8022 and we will do our best to help.

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