



This term, the Medical Research Council, UEA and the University of Cambridge are completing the third part of the SPEEDY Study (Sport, Physical activity and Eating behaviour: Environmental Determinants in Young people). The study aims to assess patterns of physical activity and diet in young people across Norfolk. This information will help develop programmes to prevent the decline in physical activity during childhood and the associated development of health problems. The project has been approved by Children's Services.

The Study Team are trying to contact all 2000 original SPEEDY participants who are now in Year 9, to ask them to take part in the current phase of the study.

Please help the SPEEDY team make this part of the study a success, by publicising the study to Year 9 Pupils, using the materials the SPEEDY team will provide.

If your school has not yet agreed to take part or you would like more information, please contact the SPEEDY Study Team on speedystudy@mrc-epid.cam.ac.uk, 0800 023 4640 or 0779 596 3540.

The NCC contact for the study is Ellie Phillips, Strategic Research Analyst, PPP, ellie.phillips@norfolk.gov.uk.