

Swimming: County Requirements for Schools

The programme of study for swimming is statutory and must be delivered at a point in Key Stage 2 (optional for Key Stage 1; often used to enhance and enrich provision). Government guidelines state that by the time children complete primary school, they should be able to swim unaided for a distance of at least 25 metres as a minimum.

Now that the new academic year has begun, schools are reminded of the following Norfolk **county** requirements:

- **It is mandatory** that Teaching Assistants who are being deployed as visit leaders attend 'The Safe Supervision of Swimming' course if the school is not sending a Teacher (QTS) with the class group.
- **From January 2012**, any teacher (QTS) or Teaching Assistant working on poolside to provide swimming instruction to a small group under the direction of the swimming instructor **must have attended** the 'County Swimming Assistant Certificate' course.

The courses:

- The Safe Supervision of Swimming (Activity Ref ECSE6)
 This course allows Headteachers to deploy Teaching Assistants as group leaders to cover curriculum provision, whilst providing them with support in carrying out and fulfilling their Duty of Care. This is a theory-based course and does not including pool time. This course is running on 18th October 2011, 19th January and 2nd May 2012.
- County Swimming Assistant Certificate supporting the learning poolside (Activity Ref: ECSG1) This course is specifically designed to help support the quality of teaching and learning poolside. Full resources and instruction is given so that candidates can then work with a group of pupils of similar ability, in groups of no more than 10, in water no more than 1m deep.

This course is both practical and theory. A component of the course requires a session (approximately 1 hour) in the pool (shallow end). Time in the pool is not a test of candidate abilities but a chance for them to experience and explore what the tasks feel like and how the swimmers body moves, use the resources, floats, woggles etc. The rest of the course will be in the classroom.

This course becomes oversubscribed very quickly. Unfortunately the scheduled date of 3rd January is fully booked; the next available date is 28th June 2012. School requiring candidates to be trained after the 3rd January should contact the County PE Adviser in the first instance to register their needs and discussion appropriate action **to ensure compliance**.

Course bookings:

Course fees per delegate: £160 (Norfolk LA Maintained Schools), £180 (All other clients) Places can be booked online at http://www.cpd.norfolk.gov.uk/sdms/ using the above activity references.

Should you have any queries please contact:

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