

## Norfolk Schools Anti-bullying Survey 2011

Please help us to find out more about bullying. We would like to hear your views about bullying so we are asking lots of pupils in Norfolk to fill in this questionnaire.

What is bullying? Bullying means people doing nasty or unkind things to you on purpose, more than once, which it is difficult to stop. It is different from when two friends of the same strength have the odd fall out or quarrel.

Why are we asking you questions about bullying? Norfolk County Council wants to make sure you are safe from bullying in school and where you live.

Will anyone know they are my answers? No – this questionnaire is private. We don't ask for your name but we do ask you to tell us some things about yourself, like whether you have a disability or whether you are a boy or a girl. You won't have to give your name so nobody will know they are your answers

What if I don't want to answer a question? Just miss it out and move on to the next one. The only question we need an answer for is whether you go to primary or secondary school and what school you go to.

You don't have to do this questionnaire. If you don't want to, tell your teacher.

We hope that you enjoy taking part in the survey. It should take you 15-30 minutes to complete.

**\*First, we need to know whether you are at a secondary school or a primary school.**

- ☐ **I'm at a primary school - I haven't yet gone up to secondary school**
- ☐ **I'm at a secondary school**

## Primary school pupils

**\* Which primary school do you go to at the moment? Please click on the drop down menu and select your school.**

**Secondary school pupils**

**\*Which secondary school do you go to at the moment? Please pick your school from the list below.**

## About you

The first few questions are about you. Please remember you can leave out any of these questions but if you answer them, please click on one answer only.

### Are you a girl or a boy?

- ☐ Girl
- ☐ Boy

### Which year are you in?

- ☐ Year 5
- ☐ Year 6
- ☐ Year 7
- ☐ Year 8
- ☐ Year 9
- ☐ Year 10

### Do you have a statement of Special Educational Needs (SEN)?

- ☐ Yes
- ☐ No
- ☐ I'm not sure

### Do you have a disability that affects your everyday activities?

- ☐ Yes
- ☐ No
- ☐ I'm not sure

**Which of these best describes you?**

- ☐ White: English/Welsh/Scottish/Northern Irish/British
- ☐ White: Irish
- ☐ White: Gypsy or Irish Traveller
- ☐ White: Any other White background
- ☐ Mixed: White & Black Caribbean
- ☐ Mixed: White & Black African
- ☐ Mixed: White & Asian
- ☐ Mixed: Any other Mixed ethnic background
- ☐ Asian/Asian British: Indian
- ☐ Asian/Asian British: Pakistani
- ☐ Asian/Asian British: Bangladeshi
- ☐ Asian/Asian British: Chinese
- ☐ Any other Asian background
- ☐ Black/African/Caribbean/Black British: African
- ☐ Black/African/Caribbean/Black British: Caribbean
- ☐ Any other Black/African/Caribbean background
- ☐ Other ethnic group: Arab
- ☐ Any other ethnic group

**What is your main language?**

- ☐ English
- ☐ Another language

**Who do you live with most of the time?**

- ☐ With my parent or parents
- ☐ With another relative
- ☐ With a carer who is not my parent or relative

**Are you in the care of Children's Services (used to be known as Social Services)?**

- ☐ Yes
- ☐ No
- ☐ I'm not sure

## Have you been bullied in school?

**Have you been bullied in school in the last twelve months? (This includes cyberbullying)**

- ☐ No
- ☐ Yes, a little
- ☐ Yes, a lot

## Your experiences of bullying in school

In the next questions we will ask you to tell us about any experiences you have of being bullied in school in the last twelve months.

### What form did the bullying take? (You can click on more than one answer.)

- ☐ Physical (kicking, hitting, taking your things, spitting)
- ☐ Verbal (calling you nasty names, making threats, telling you to do things you didn't want to do)
- ☐ Indirect or behind your back (spreading rumours or leaving you out)
- ☐ Racist bullying (about your race or religion)
- ☐ Homophobic bullying (because you are gay or because someone thinks you are gay or calls you gay)
- ☐ Bullying because you have a special need or a disability
- ☐ Sexist bullying (someone saying horrible things to you because you are a boy or a girl)
- ☐ Sexual bullying (saying or doing things to you in a sexual way that makes you feel uncomfortable)
- ☐ Don't know
- ☐ None of these

### Have you experienced cyberbullying in school? (Cyberbullying is bullying through a mobile phone or computer.)

- ☐ Yes
- ☐ No

**If you have been cyberbullied, please tell us how by clicking on the choices below (you can tick as many as apply to you). If you haven't been cyberbullied, please skip this question and move onto the next one.**

- ☐ Text message bullying (messages through text that contain threats or hurtful comments)
- ☐ Picture or video clip bullying through mobile phone camera (using photos taken on a phone to threaten or hurt you and sending the photo to other people)
- ☐ Phone call bullying through mobile phone (silent calls or abusive messages)
- ☐ e-mail bullying (sending you threatening e-mails)
- ☐ Chat room bullying (where you receive threats or nasty comments when in a web based chat room)
- ☐ Bullying through Instant Messaging (getting unpleasant or threatening messages)
- ☐ Bullying through websites (using websites to humiliate someone)
- ☐ Bullying through social networking sites (being blocked from someone's site to hurt your feelings, rumours being spread or nasty comments made)
- ☐ Through electronic games (using a game box to send messages)
- ☐ None of these

**When was the last time you were bullied in school?**

- ☐ In the last week
- ☐ In the last month, but not last week
- ☐ In the last term, but not last month
- ☐ In the last twelve months, but not last term

**Where does the bullying usually happen? (You can tick more than one.)**

- ☐ In a classroom
- ☐ In a corridor
- ☐ In a playground
- ☐ In the toilets
- ☐ Through my mobile phone or computer

**Who did you tell about the bullying? (You can tick more than one.)**

- ☐ No-one
- ☐ A member of school staff
- ☐ A friend
- ☐ An older boy or girl
- ☐ My parent or carer
- ☐ Another adult
- ☐ My brother or sister
- ☐ A peer
- ☐ A supporter/buddy/befriender/mentor
- ☐ Police officer/Police
- ☐ Community Support Officer (also called a PCSO)
- ☐ I phoned a helpline
- ☐ I looked on the internet for help or advice

**What happened?**

- ☐ Something was done that stopped the bullying.
- ☐ Something was done but it didn't stop the bullying.
- ☐ Something was done but it made the bullying worse.
- ☐ Nothing was done but the bullying stopped anyway.
- ☐ Nothing was done and the bullying carried on.



## Your experience of bullying outside school

The next questions will ask you to tell us about any experiences you have of being bullied outside school.

**Have you been bullied outside of school in the last twelve months?**

- ☐ No
- ☐ Yes, a little
- ☐ Yes, a lot

## Bullying outside school

**Who did you tell about the bullying you experienced outside school? (You can tick more than one.)**

- ☐ No-one
- ☐ A member of school staff
- ☐ A friend
- ☐ An older boy or girl
- ☐ My parent or carer
- ☐ Another adult
- ☐ My brother or sister
- ☐ A peer
- ☐ A supporter/buddy/befriender/mentor
- ☐ Police officer/Police
- ☐ Community Support Officer (also called a PCSO)
- ☐ I phoned a helpline
- ☐ I looked on the internet for help or advice

**Where did the bullying happen? (You can tick more than one.)**

- ☐ Walking to or from school
- ☐ Travelling to or from school on the bus or other transport
- ☐ At college or somewhere else I go to learn other than school
- ☐ Somewhere where I play or spend time (like a park or in the street)
- ☐ At a club before or after school (like a breakfast club or drama club)
- ☐ In a youth club or youth activity
- ☐ Somewhere where I live (in the family home or foster home)
- ☐ Through cyber technology (a phone or computer)

**What happened?**

- ☐ Something was done that stopped the bullying.
- ☐ Something was done but it didn't stop the bullying.
- ☐ Something was done but it made the bullying worse.
- ☐ Nothing was done but the bullying stopped anyway.
- ☐ Nothing was done and the bullying carried on.

## Witnessing or taking part in bullying

**Have you seen any bullying in school in the last twelve months?**

- ☐ No
- ☐ Yes, a little
- ☐ Yes, a lot

**Have you seen any bullying outside school in the last twelve months?**

- ☐ No
- ☐ Yes, a little
- ☐ Yes, a lot

**Have you bullied anyone in the last twelve months?**

- ☐ No
- ☐ Yes, a little
- ☐ Yes, a lot

## About your school

The last few questions are about your school.

### How well does your school deal with bullying?

- ☐ Very well
- ☐ Quite well
- ☐ Not very well
- ☐ Very badly
- ☐ I don't know

### Do you feel your school is a happy and caring school?

- ☐ Yes usually
- ☐ Yes sometimes
- ☐ No

### Do you feel safe at school?

- ☐ Yes usually
- ☐ Yes sometimes
- ☐ No

### Does your school ask for the opinions of pupils?

- ☐ Yes usually
- ☐ Yes sometimes
- ☐ No

### Have you ever done any of the following?

	Yes	No
Given your view on the school anti-bullying policy?	<input type="radio"/>	<input type="radio"/>
Given your ideas about how to reduce bullying in school?	<input type="radio"/>	<input type="radio"/>
Contributed to assemblies, drama or other activities during Anti-Bullying Week?	<input type="radio"/>	<input type="radio"/>
Become a peer supporter/buddy/befriender/mentor?	<input type="radio"/>	<input type="radio"/>

**Which of the following things does your school have, or do, to prevent bullying or to support people who are bullied?**

	Yes	No	I don't know
School-anti bullying policy (a written document with your school's ways of stopping bullying)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Assemblies about bullying (assemblies where bullying is discussed)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Classroom lessons about bullying (talking about bullying with your class teacher)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Advice on what to do if cyberbullied (bullying using technology i.e. mobile phone or internet)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Staff take bullying seriously (if bullying happens, teachers/other staff take action to stop it)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
The school takes action against homophobic bullying (staff respond to this kind of bullying)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Poster or leaflets around the school (giving information about bullying in corridors and classrooms)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Playground work (ways of making the playground safe from bullying, such as lunchtime supervisors)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Peer supporters, buddies, befrienders, mentors (older pupils are trained to help or support victims of bullying)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Counselling (someone with special training who can help both bullies and victims change their ways)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
A police officer/PCSO working permanently in your school	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Advice on where to get help if bullied outside school	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

**Does your school do anything to mark National Anti-Bullying Week?**

- ☐ Yes
- ☐ No
- ☐ I'm not sure

**Here is a list of things we say we are doing in our Norfolk Anti-Bullying Strategy to create safer environments for young people. Please read them and mark the top one that you think we should focus on next year:**

- ☐ Ensure that everyone in Norfolk understands what bullying is and what it is not
- ☐ Recommend or provide information on dealing with bullying
- ☐ Provide training for people who work with children and young people on how to prevent and respond to bullying
- ☐ Make sure everyone in the school is involved with stopping bullying
- ☐ Teach children and young people the skills of dealing with bullying, respecting one another and working together
- ☐ Take part in annual events like national anti-bullying week
- ☐ Raise awareness and understanding of specific types of bullying (such as racist, sexist, sexual, homophobic, Special Educational Needs and disabilist and cyberbullying)
- ☐ Involve children in all aspects of anti-bullying work

**If there is one thing we could do to improve Anti-Bullying in Norfolk what would it be?**

## Thank you!

Thank you for taking the time to complete the survey. We will tell headteachers what the survey found out to help them stop bullying in schools.

If you have a problem with any issues relating to bullying, please talk to someone. A teacher or headteacher will be able to help you. If your school has a peer-support scheme, you could use that. If you do not feel comfortable talking to someone in your school, you can talk to someone you can trust, a friend, parent or carer. They can come with you to talk to a teacher or someone else about the problem.

You can also call ChildLine free on 0800 1111, someone is there all the time and the number will not show up on the telephone bill. If you cannot get through the first time please try again.

If you're being bullied, or are feeling a bit low, or are maybe troubled by something and you're not sure what to do or who to talk to, then CyberMentors is where you can go for help. CyberMentors is all about young people helping and supporting each other online. It doesn't matter how big or small you think the problem is, or whether you're being targeted online or offline, CyberMentors are here to listen and support you. Go to [www.cybermentors.org.uk](http://www.cybermentors.org.uk) for further information.

**REMEMBER: KEEPING QUIET ABOUT BULLYING ALLOWS IT TO GO ON**

When you press 'done' your answers will be sent to us and the survey will close.