

Children's Emotional Health and Well-being twilight sessions

Free resources and information for schools

Attend a twilight session and receive a free copy of the curriculum resource **“What’s the deal with...”** a lesson-based interactive resource professionally made to engage young people around emotional well-being issues. The DVD comes with suggested lesson plans and activities.

Norfolk and Suffolk Foundation Trust, Norfolk Children's Services and Healthy Schools are working together to deliver twilight sessions for schools (both primary and secondary) across the county that will focus on this important area of children and young people's health.

There will be sessions across the county:

12th June 4.30- 5.30 Norwich Professional Development Centre

19th June 4.30-5.30 Wayland Academy

21st June 4.30-5.30 Diss Junior School

4th July 4.30-5.30 Reepham High School

By attending a session colleagues will:

- Receive a free copy of the resource **“What’s the deal with...”** a lesson-based interactive resource made to engage young people around emotional well-being issues and to truly connect with the content. Featuring a cast of well known ITV Children presenters young people of all ages can relate and connect to both the style and content of the films featured. The DVD comes with suggested lesson plans and activities.
- Hear the latest information about the services currently available to support children and young people through Norfolk CAMHS (Child and Adolescent Mental Health Services)
- Have an opportunity to network with other colleagues from schools and CAMHS professionals
- Develop an understanding of where work on this important health area fits into self-evaluation for Ofsted.

The sessions are being funded by the organisations involved and there is no additional cost to schools.

You are welcome to attend any session but places need to be booked in advance as spaces at some of the venues are limited.

To book a place, please contact Jenni Barber at jenni.barber@norfolk.gov.uk or 01603 307756.

For further information about these twilights please contact:

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