



**The Diana Award Anti-Bullying Ambassadors Team would like to invite you to our Anti-Bullying Ambassadors regional training event:**

**28<sup>th</sup> June 2013, Lynn Grove High School, Lynn Grove, Gorleston, Norfolk, NR31 8AP**

*(Please arrive from 9am, no later than 9.30am for a prompt 10am start. The event will finish by 3.30pm).*

Whether your students are brand new to the role/initiative or have been in the position of supporting others in their school for a while now- this event is an ideal opportunity to meet young people from primary and secondary schools of all ages and abilities across the region and be trained as Diana Award Anti-Bullying Ambassadors. The young people will creatively explore and understand the issue of bullying through interactive sessions. They will network with other passionate young people, exchanging ideas and sharing good practice. They will gain practical ideas and receive top tips on how to stop bullying; enabling them to prevent bullying and ensure everyone feels safe and happy in their school. This is an ideal event to develop your ideas, receive training and leave inspired and excited with a clear action plan!

**The event will provide students and staff with the following:**

- Greater understanding of the issue of bullying- facts, effects, definition and importance
- Practical ideas, top tips and drama exploration of scenarios ambassadors may come across in their role
- Supporting others/support networks- basic training looking at the skills needed to support others/stay safe
- Networking session- sharing good practice and ideas
- Great video examples of what schools have achieved to really bring alive what it means to be an Anti-Bullying school
- Action planning- helping students think big, start small and agree targets/aims for their Anti-Bullying work
- *Plus lots more including fun and games...*

We would love for you to attend this event as it will definitely help kick start or develop your schools Anti-Bullying work, give you fresh innovative ideas and also the chance to meet fellow Anti-Bullying schools.

**How to book and cost:**

The maximum capacity for this event is 150 young people; we are giving schools the opportunity to invite up to 12-15max young people to this event at a cost of £20.99 per student. Staff go free. Each young person is provided with a training booklet, branded pen, pencil Anti-Bullying Ambassadors badge, notepad, wristband, training certificate & on-going support.

*If you get another school to sign up, you will receive an extra 2 student spaces FREE. Spaces fill up very fast; please book your places now! Students and staff will need to bring their own packed lunches, water/squash will be provided.*

**If you are interested in attending, do confirm as soon as possible, you can do this by completing the online booking form: <http://diana-award.org.uk/antibullying/anti-bullying-ambassadors-programme-sign-up>**

**If you have any questions please feel to ring Frankie (Project officer) or the Anti-Bullying Ambassadors team on 0207 921 4574 or email: [frankie.spivey@diana-award.org.uk](mailto:frankie.spivey@diana-award.org.uk)**

**Please find on the next page further information and frequently asked questions:**

## **Diana Award Anti-Bullying Ambassadors Frequently Asked Questions:**

### **How many students do you recommend we bring?**

We would suggest 5-10 students but you may like to bring more, which is fine, Max: 15. We have found that smaller Anti-Bullying teams work better in schools as they start small, get bigger and have plenty to keep them occupied.

### **What should our students wear?**

We suggest they wear full school uniform as this will help them think about their identity as Anti-Bullying Ambassadors.

### **What age ranges should our Anti-Bullying Ambassadors be?**

All ages, all abilities- both primary and secondary can be trained. We have found that younger and older students work really well together. Also be careful not to choose just older students, mix it up, exams can get in the way and you want your whole school to be represented on your Anti-Bullying team in order for it to be successful. Avoid just year 6 or just year 11/12/13.

The day will start with Anti-Bullying teams working together and then in the afternoon, groups will be mixed up.

### **Do they need to bring anything?**

A packed lunch is required for both staff and students; we will provide juice/water.

### **What time does the event start and finish?**

We would like all schools to arrive from 9am, no later than 9.30am, there will be some activities including registration to complete before the start time. We will start promptly at 10am. Please plan travel carefully as we cannot wait for latecomers and find groups that are late do not get the full experience.

The event will finish at 3.30pm. We will aim to finish at 3.15pm. We ask that all schools remain with us until then, so to not miss the important last part of the training, this includes action planning, certificates and photos.

### **Is there a video I could show the students I am bringing to explain a bit about the day beforehand?**

The day will be run by Alex Holmes, the Anti-Bullying Programme Manager at The Diana Award. Alex was bullied at school, and went on to create a team of Anti-Bullying Ambassadors and now runs the national programme. Check out his story in this

YouTube video: [www.tinyurl.com/alexholmes](http://www.tinyurl.com/alexholmes)

### **What do staff need to do?**

Staff will sit with their students and work with them throughout the day, helping them to plan their ideas and explore the issue of bullying. Staff's support is vital to the success of the Anti-Bullying Ambassadors.

### **Will you be taking pictures/video?**

Yes- we ask that you make sure you seek parent permission or check your school database before the event so that we can do this. A consent form will be completed by each member of staff at registration.

### **Once we have done the training, what further opportunities are there?**

Once trained your students will become part of a network of national Anti-Bullying Ambassadors. We will provide you and them with good practice and invite you to share your achievements. Past events have included showcase opportunities at Google's Headquarters, surprise school visits with celebrities and further training. We will provide on-going support and be there to recognise your Ambassadors. After they have participated for 10 months we can recommend them to receive the Princess Diana Anti-Bullying Award.

At a cost to sustain the programme, we can also offer personal training visits- this can include assemblies, development days, workshops, staff training and lots more. Please get in touch for further information.

### **We can't make the training, what can we do?**

We can offer schools personal visits at a cost, where we can train a group of Anti-Bullying Ambassadors and work with other students- bullies, bullied and even staff. Register your details with us here: [www.diana-award.org.uk/anti-bullying](http://www.diana-award.org.uk/anti-bullying)