

e bulletin



ABA member bulletin May 2013

ABA update

Anti-Bullying Week, 18-22nd November 2013

The future is ours: safe, fun and connected.

You should all have received a separate email announcing the launch of Anti-Bullying Week 2013 with details of how members can get involved in the run up to the week. We will be sending a bespoke ABW update to members each month so look out for this in your inbox.

Each month we will send out a bulletin to all ABA members updating you on:

- the work of the Anti-bullying Alliance
- bullying in the news
- policy and legislation
- research and new resources
- training, conferences and events

If you would like to submit an item for the bulletin then please contact chewitt@ncb.org.uk

Date for your diary: next ABA member meeting - Monday 23rd September

Thank you to all of you that attended the ABA member meeting last week. It was great to see so many faces, to hear great presentations from Sue Sanders at Schools Out!, Faye Willingale from the Anti-Bullying Workshop, Carol Trower from the Massage in Schools Association and Juan Pimienta from the Metropolitan Police, and to hear your updates. Actionwork and Anti-Bullying Quality Mark have already confirmed that they would like to present at the next meeting. If you are interested in having a designated spot to share your work either at this meeting - or at a subsequent meeting, please email chewitt@ncb.org.uk. Candice will send out minutes from the last meeting in due course. At the next meeting as well as hearing from members, we will dedicate time to planning together for Anti-Bullying Week 2013. We look forward to seeing you there!

Changes to ABA membership fees

Due to recent changes in tax legislation, NCB has been advised that we need to charge VAT for all member services. This means we will be introducing VAT when we send invoices out this year. To help soften the blow we have frozen fees for another year, and have a new payment option whereby members can purchase 3 years of membership at a significantly reduced cost. We have also introduced a new category of 'Individual supporter' membership for any individuals that wish to join ABA. This means that if you are currently an individual with associate membership, it would be more appropriate for you to switch over to 'Individual supporter' membership. Please look out for the invoice in the post over the next few weeks.

ABA launches new Department for Education funded programme of work

At the member meeting we were delighted to announce that ABA has received significant government funding under the DfE VCSE grants programme for a new programme of work to reduce the impact of bullying on the lives of children with special educational needs and/or disabilities. This work builds on previous research conducted by ABA and the University of Cambridge and will be delivered in partnership with Achievement for All (3As), Contact a Family and the Council for Disabled Children. The project includes a schools programme with 1500 Achievement for All (3As) schools to embed best practice in this area, dissemination and training to the wider children's workforce, and early intervention work with parents and carers of children with special educational needs and/or disabilities (led by Contact a Family and Mencap). In due course you will receive an invitation to sign up for regular updates on the programme as well as opportunities to take part in training events and input to policy work in this area. We would also like to take this opportunity to congratulate ABA members Kidscape, Beatbullying and the Diana Award who also received funding for anti-bullying work under the VCSE grants programme.

Give us a break campaign: raising awareness of bullying of children with autism in our schools and colleges

We are delighted that our 'Give us a break' campaign in partnership with Anna Kennedy OBE has received so much press attention over the past weeks. We will be meeting with Sharon Hodgson MP in the next few weeks to tell her more about the campaign and encourage her support for tackling bullying of children with autism.

Other news

Safer Internet Day 2014 - 'Let's create a better internet together!'

The UK Safer Internet Centre has confirmed the slogan for Safer Internet Day next year ' "Let's create a better internet together!" - a positive call to action appealing to all stakeholders to play an active role in making the internet a better place. Safer Internet Day 2014 will take place on Tuesday, 11 February 2014. ABA and Childnet International will work together to align Anti-Bullying Week 2013 with the Safer Internet Day campaign as there are such similar themes and messages this year.

In the news

10 years of bullying data: what does it tell us?

Article in the [Guardian](#) on new research published by Child Helpline International (CHI) shows significant rise in calls relating to cyberbullying.

Overprotected children 'more likely to be bullied'

Research suggesting that children who have overprotective parents are more likely to be bullied by their peers has appeared in various media reports. An analysis of 70 previous studies totally more than 200,000 youngsters identified poor parenting as an important and overlooked factor in childhood bullying. Professor Dieter Wolke, of Warwick University, who led the research said: 'Parents who try to buffer their children from negative experiences prevent them from learning to deal with bullies and make them more vulnerable.' The research findings are published in Child Abuse & Neglect - See the Research Section of this Bulletin for a link to the article.

[Mail](#)

[BBC News](#)

[WebMD](#)

Here's why your SnapChat photos aren't private

This brief article explains why the SnapChat app - popular with teenagers - is not as private as people think. SnapChat is a self-deleting photo app that lets users can take a picture using their phone, add text if they want, and then set how long - between one and 10 seconds - they want their friend to be able to view it before it disappears from both phones. However, a workaround allows the recipient take a screenshot without the app letting the sender know. This means it can be shared anywhere. At a high school in New Jersey, USA, two boys are accused of posting Snapchat photos they received from at least one girl on Instagram. Police are investigating.

<http://mashable.com/2013/03/14/heres-why-snapchat-photos-arent-private/>

'Neighbours' stars combat cyberbullying in video

Neighbours stars James Mason and Jenna Rosenow have spoken out about cyber-bullying in a new video released by the soap. The Australian soap opera has been tackling the issue in one of its storylines as Rosenow's character Amber Turner became involved in a Twitter war with another pupil at her school. Addressing fans in an official Neighbours video, Rosenow explained: *"Because these posts are seen by a large number of people and can be left online for a long period of time, the effects of cyber-bullying can be very damaging, leaving those who are being bullied feeling alone, afraid and rejected."* She continued: *"Everyone has a role to play in stopping bullying. Even if you're not the one that starts it, but you follow it, watch it or send it, then you're actually part of the problem."* The video can be [seen at this link](#).

Parkside School anti-bullying champions offer peer workshops

Anti-bullying champions at Parkside School, Keighley, Yorkshire have been delivering workshops to younger students. Year eight and nine students enjoyed teaching and supporting pupils about the topic. Anti-bullying co-ordinator, Robert Johnson, said: "The champions devised their own interactive approach to involve the classes in some very good role-playing of coping strategies. Although anti-bullying is a serious matter, there have been opportunities for fun, while reinforcing the message to 'tell someone' if you or somebody else is being bullied."

http://www.keighleynews.co.uk/news/news_keighley/10380305.Parkside_School_anti_bullying_champs/?ref=nt

Boy band Projekt Weekend promote anti-bullying message in middle school

Key Stage 3 pupils at Prudhoe's Highfield Middle School were visited by Boy band Projekt Weekend as part of the school's anti-bullying work. Over 200 students were entertained with a variety of songs before taking part in a discussion about bullying. Highfield is renowned for its extensive anti-bullying work, which last year earned it national recognition through the Anti-Bullying Ambassadors Programme

<http://www.hexhamcourant.co.uk/news/prudhoe-school-bands-together-in-fight-against-bullies-1.1053182?referrerPath=news>

Pupils report bullying to their teachers by text message

An article in the [Independent](#) reports that children can now text their teachers to report bullying in an initiative that makes it safer to come forward. Leicester City Council is pioneering the initiative by becoming the first authority in the country to give all its schools software, which enables their pupils to report instances "24/7" via text, phone and online. The system also has the advantage of allowing a bystander to report an instance of bullying, even if they are not the victim.

Amscreen donates digital advertising billboard for national anti-bullying autism campaign

[Amscreen](#), the UK's largest digital media owner, is supporting a national anti-bullying for autism campaign, by screening the adverts on their digital outdoor network for free, reaching 20 million people per week for a two week period. Amscreen is a flexible network of 5,000 screens located in a range of forecourts, local convenience outlets including WHSmith and doctors' surgeries across the country. The campaign is calling for laws to be changed to protect those with autism who are victims of cyber bullying, trolling, stalking and verbal abuse. Kevin Healey, the campaign leader, who is also shown on the billboard, and who suffers from autism has been targeted by online 'trolls' since childhood, has set up the campaign to call for better support and services for those with autism, and other vulnerabilities.

Policy and legislation update

Parliamentary question: Academies: Homophobia

On 23 April in the House of Commons, Kate Green, MP for Stretford and Urmston, asked the Secretary of State for Education what residual duties local authorities retain in relation to ensuring academy schools comply with the provisions of the Equality Act 2010 and the public sector equality duty in relation to addressing homophobic bullying. Edward Timpson, Under Secretary of State for Children and Families, replied: "The Equality Act 2010 does not place any duties on local authorities to ensure that schools comply with their responsibilities under the Equality Act 2010. There is, therefore, no role for local authorities to ensure compliance for academies. Under the Equality Act, local authorities have a duty not to discriminate when carrying out their own education functions-such as organisation of schools and arranging admissions. The Equality Act clearly sets out the responsibilities on schools and academies in respect of the discrimination provisions and the equality duties, and they are responsible for ensuring their own compliance."

[Commons Hansard: 23 Apr 2013: Column 874W](#)

Parliamentary question: Schools: Bullying

On 16 May 2013 in the House of Lords, Baroness Brinton asked the Government what funding is available to enable self-excluded severely bullied children to return to education. The Parliamentary Under-Secretary of State for Schools, Lord Nash replied on behalf of the Government. The transcript of the debate is available to read in [Hansard](#).

Resources

ABA resources

Restorative Thinking: A Restorative Practices Interactive Toolkit Written by Teachers, for Teachers (KS1 and KS2) ABA and Restorative Thinking have developed a toolkit for primary school teachers that supports them to deliver restorative approaches with whole classes, small groups and individuals, and in turn equipping pupils with the skills and understanding to manage conflict. To [order the pack](#) visit the Restorative Thinking [website](#). [Restorative Thinking leaflet](#) [Restorative Thinking school toolkit sample](#)

What happened to J? Anti-bullying film developed by ABA in partnership with Film Creatives. What happened to J? is about a young girl who has aspirations of becoming an actress. We follow her through her daily life in school where she is bullied by jealous schoolmates. This causes her to act inappropriately amongst friends as well as becoming discouraged from following her dreams. As the film draws to a close, Jay is forced to make decisions that could change not only her life, but also the lives of others. What decision does she make? The film is suitable for upper primary and secondary school students and includes notes for teachers. To order either a copy of the film, or to download a copy visit the [Film Creatives website](#).

Other resources

SWGfL Whisper - an anonymous reporting tool for schools

A new app from South West Grid for Learning (SWGfL) - titled Whisper - integrates with your school's website and allows children, parents and staff to report issues anonymously to the school. It is a direct reporting channel, a virtual 'bully box' or a simple way of recording incidents or obtain evidence.

Whisper is part of SWGfL BOOST - a recently launched new suite of esafety tools and resource, available for £199/year to schools (£99 for SWGfL schools).

E-safety: Skills, characteristics and staying safe

Mark Baker of Education Vision Consulting has produced an e-safety document available as a free [download](#). The document maps the personal and social skills that are needed to make someone truly e-safe and also aims to be a useful reference and communication tool. There is a list of resources at the end of the document.

Activities for mentoring young people

By Stephanie George. Loggerhead Publishing,

Engaging with young people as a mentor can be difficult but Stephanie George draws on years of experience to provide tried and tested activities that will help. The activities provide specific structured tasks that can be used during mentoring meetings and to support mentoring intervention. The activities will build rapport, provide evidence of progress through assessment and cover specific issues such as improving attendance, time management, study skills, how to think more positively, conflict resolution and anger management. Each activity is mapped specifically against Ofsted Spiritual Moral Social and Cultural Development Criteria (Ofsted Evaluation Framework September 2012 onwards), and the SMSC criteria applicable are indicated. This resource is intended as an essential tool for learning mentors, behaviour mentors, inclusion teams and SEN teams. Age: 11-18.

[See the Logger head website for more information and ordering](#)

Childnet - social networking leaflet

Childnet has redesigned its social networking leaflet. [The leaflet](#) is a guide for parents, carers and teachers about the safe and responsible use of social networking sites and top tips and user friendly advice for keeping children and young people safe online.

Dealing with racism and bullying: tips for parents and guardians

The Black Training and Enterprise Group has published a leaflet to assist parents of school age children when they are meeting with the school to stop racism or bullying. The leaflet contains practical tips and useful website links for parents. The leaflet is available to [download](#).

Behaviour - Intervention is half the battle against bullying

In this article in the TES, 3 May 2013, Ian Rivers discusses whether 'branded' anti-bullying programmes work and whether or not they are more effective than in-school practices.

<http://www.tes.co.uk/article.aspx?storycode=6332444>

Training, conferences and events

FE College achieves a first in bullying intervention!

The BIG Award is a national award for excellence in anti-bullying practice. Run by Bullying Intervention Group (BIG) the programme helps schools, colleges and childrens' services ensure they are up to date, innovative and using proven effective approaches involving everyone. We are proud to congratulate Middlesbrough College, the first FE College to achieve this award, their student liaison officer and the president of the student union lead a team that is enthusiastic, creative and effective. They serve a large diverse student population. A list of all BIG Award winners can be found here To find out more about the BIG Award and services they provide please visit

www.bullyinginterventiongroup.co.uk

Insafe Positive Content Competition launched

The European Award for 'Best Content for Kids' was launched on 9 May, Europe Day, by the Insafe network. This award aims to encourage both children and adults to create new and highlight already existing child-friendly, quality online content. It is organised by the Insafe network within the framework of the European Commission's Safer Internet Programme. Further information on the UK Safer Internet Centre website. The national heat for the UK runs until November through the UK Safer Internet Centre. There is a new Positive Content Competition section on the UKSIC website. The best national initiatives will go forward to compete at European level with the top-three European resources in each of the four categories will be recognised at an awards ceremony in Brussels on [Safer Internet Day in February 2014](#).

The Diana Award Anti-Bullying Ambassador Programme

<http://diana-award.org.uk/news-events/become-an-anti-bullying-ambassador-this-june-july>>

Become a Diana Award Anti-Bullying Ambassador this June / July...

The Diana Award Anti-Bullying team is holding training events for schools and organisations across the United Kingdom this June and July 2013 in partnership with the Department for Education. Sign Up today!

If you would like your young people to become Anti-Bullying Ambassadors and receive some training, inspiration and practical ideas, get in touch! If you're a young person, ask your staff to get in touch with us. This is *brand new training* and we would love to share what can be achieved by schools taking part in the programme.

June 2013

- Tuesday 11th June - Swansea
- Thursday 13th June - Cornwall
- Wednesday 26th June - Derbyshire
- Friday 28th June - Norfolk

July 2013

- Tuesday 2nd July - Nottingham & Worcester
- Thursday 4th July - Cambridge & Crawley
- Tuesday 9th July - Warrington & Bedford
- Thursday 11th July - Scunthorpe & Durham
- Tuesday 16th July - St Albans
- Thursday 18th July - Exeter

Please note all events start at 10am & finish at 3.30pm.

Please request the info pack for your event for more details on how to book etc by emailing Frankie Spivey, Programme Coordinator on frankie.spivey@diana-award.org.uk or ring 0207 921 4574 for further information. Spaces will be allocated on a first come, first served basis.

If you can't attend the above events but would like to be kept in the loop in terms of future training opportunities or would like a personal package please register your schools details online so we can keep you up-to-date with events/opportunities: <http://diana-award.org.uk/anti-bullying> (fill in form).

We may return to your region later this year.

Feedback from training/programme:

'I am convinced that our improved attendance now 95.3% and fall in exclusions is a direct result of our engagement with The Diana Award Anti-Bullying Programme. Having Anti-Bullying Ambassadors trained by you has changed lives, attitudes and I would go as far to say the whole culture of our school'.

Julia R Turner, Head teacher, Churnet View Middle School, Leek, Staffordshire

'I wanted to say a very big thank you for yesterday. It is one of the most useful days I have spent with students for a long time and I think the work that you are doing is fantastic'.

Feedback on training by Serena Evans, Assistant Head teacher, Coombeshead Academy, Devon

Here is a video of the programme in action: <http://youtu.be/SJNf1No08XY>

10 September 2013, London

11 December 2013, London

The psychological and social aspects of disfigurement - Study day for health professionals

Changing Faces is offering this one-day course to enable health and social care professionals to: explore the psychological and social difficulties posed by a condition or injury that affects appearance; discuss how assumptions, beliefs, attitudes and language surrounding visible difference can influence communication; understand how Changing Faces psycho-social model supports children and young people and their families; and learn how to equip patients and their families with a range of communication skills and coping strategies for dealing with difficult situations. Cost: Standard rate £125; Early bird £95. Booking forms received at least one month in advance are eligible for early bird rate. All prices include refreshments, sandwich lunch and resource pack. Discounts available for students and charitable organisations. To apply for a place, please contact Sheila Dobey, Finance Officer Email: sheilad@changingfaces.org.uk Tel: 0845 4500 275

Tender Announces New Training Dates June 2013

One Day Training: Working with young people to address violence in teenage relationships

Date: Thursday 20th June 2013:9:45-4:00; Venue: Central London; Fee: £150

This practical and hands-on training day will equip participants with a clear understanding of the key issues of abuse and violence in relationships and actively examine how drama techniques can be used to engage young people in these issues whilst unlocking meaningful dialogue around them. Tried and tested in a range of youth settings including schools, youth centres and pupil referral units, these exercises have proven to be an extremely successful method to reach young people. Facilitators with a wealth of experience in delivering issue-based projects will deliver the training.

This training will:

- Give participants a theoretical understanding of different types of abuse, the excuses perpetrators give and the extraordinary pressure on victims to stay in abusive relationships through our gendered model.
- Practically explore exercises that can be used to engage young people.
- Explore how the activities can be applied in a variety of youth settings, and learn effective techniques for engaging and encouraging young people to participate.
- Trouble shoot particular barriers participants have encountered when carrying out this kind of violence prevention work.

The day is aimed at professionals working directly with young people. Participants do not need to have previous experience of drama or theatre to take part in the day.

Tender can always respond to the individual training needs of organisations and develop tailor made training packages. We also provide on-site consulting for agencies and organisations. To find out more please contact Dorota Small on 020 7431 7227 or email dorota@tender.org.uk. To request a booking form or some more information please email rebecca@tender.org.uk

ABA Bulletin



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