

Autism Anglia

Registered Charity No. 1063717



5th Autism Information & Drop-In

**BOOK NOW TO
AVOID DISAPPOINTMENT**

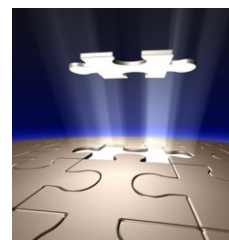
Closing date for bookings is 30th September 2013

16th October 2013

**The Nelson Grandstand,
Great Yarmouth Racecourse**

Jellicoe Road, Great Yarmouth, Norfolk, NR30 4AU

GREAT YARMOUTH
RACING & EVENTS



EVENT INFORMATION BOOKLET

Any queries relating to this event please
Email: exhibitions@autism-anglia.org.uk or
Telephone: Anne on 07774 033050



An exciting event for

Accessing, **S**haring & **D**iscovering
Information, Services & Resources

for children, young people and adults who have an **A**utistic **S**pectrum **D**isorder.

This event is for families, parents, carers and those supporting or working with children or adults with an autistic spectrum disorder, professionals and anyone interested in autism.

www.autism-anglia.org.uk

We are pleased to announce our **5th Autism Information & Drop-In Day** in Norfolk, providing opportunities for **A**ccessing, **S**haring and **D**iscovering through meeting others, attending pre-bookable information sessions, 1:1 meetings with professionals from various fields of work ('Find Out About' slots), service & resource providers' promotional pitches ('Let Me Tell You About...' slots), networking, information stands and bringing together various providers and suppliers.

To be held at **The Nelson Grandstand, Great Yarmouth Racecourse**, with **FREE** entrance to the **Drop-in anytime information stands exhibition area**.

Visitors attending the event will be able to **attend information sessions** if wished (subject to availability) or they can just **drop-in anytime to look at the many stands available** in the exhibition area and chat to others.

An extensive programme of **pre-bookable information sessions** will run throughout the day. **Booking is advisable**; however any spaces still available will be sold on a first come first served basis on the day and charged at a higher per session rate than that below.

Details of information sessions on offer can be found on pages 5 to 10 of this booklet.

Book your place today by using the booking form accompanying this booklet or downloadable from our website: www.autism-anglia.org.uk

Costs:

| For Parents / carers / family members of a person with an Autistic spectrum disorder / individuals with an ASC / carers accompanying individuals with an ASC. | |
|--|--------------------|
| Day Ticket A Includes lunch and attendance of information sessions of your choice (subject to availability). | £15.00 each |
| Individual Information Sessions does not include 'Find Out Slots' as these are free with limited availability and allocated on a first come first served basis. | £2.50 each session |
| For Professionals & all others including voluntary sector/not for profit sector. | |
| Day Ticket B Includes lunch and attendance of information sessions of your choice (subject to availability). | £25.00 each |
| Individual Information Sessions does not include 'Find Out Slots' as these are free with limited availability and allocated on a first come first served basis. | £4.00 each session |
| Lunch packs (optional extra) if day ticket has not been purchased. Please note own food is not allowed to be brought into the Conference Centre for consumption. | £8.50 each |

Special Requirements:

If you have specific dietary requirements please state on your booking form so we can inform the caterers.

If you have access requirements e.g. disabled parking space required please state on your booking form.

The venue is accessible and has a lift to all floors. Toilets for disabled are available.

Directions:**BY ROAD**

The Racecourse is situated to the north of Great Yarmouth towards Caister. From the North and Midlands the Racecourse can be reached via the A47, the main Southern approach roads are the A11 (joining the A47 South of Norwich) and the A12 via Colchester, Ipswich and Lowestoft.

On arrival at Great Yarmouth follow Yellow AA signs to the Racecourse.

For a map please use this link: <http://www.greatyarmouth-racecourse.co.uk/about-us/find-us.php>

BY TRAIN

Great Yarmouth railway station is approximately 1 mile from the Racecourse and serves mainline services via Norwich.

Terms & Conditions of Booking:

- Confirmation of your booking will be sent to you by email where one has been provided otherwise by post.
- Autism Anglia cannot guarantee a place on the sessions you have chosen but will contact you to arrange alternatives if there are no further spaces available on your chosen session(s).
- Autism Anglia reserves the right to change the format of the day and the content of the sessions and to withdraw offers of places for any delegate.
- All delegates must agree to abide by any specific regulations set down by the venue and must adhere to the Health and Safety guidelines given on the day.
- Cancellation of booking - Once Autism Anglia has confirmed receipt of your booking the fee paid will be non-refundable. Where an invoice has been requested and issued, full payment will still be required for any cancelled bookings.
- Please return completed booking form with full payment by cheque payable to Autism Anglia (unless you have indicated you require an invoice to be sent) by **30th September 2013** and send to: Great Yarmouth Information Day, Autism Anglia, Old Pharmacy Yard, Church Street, Dereham, Norfolk NR19 1DJ
- Where an invoice is required your booking can be emailed to: exhibitions@autism-anglia.org.uk or FAX to: 01362 853730

For any queries please contact: Anne Ebbage

Email: exhibitions@autism-anglia.org.uk or **Tel:** 01362 853753 or mobile no. 07774 033050



What's On?...

- 09:00** Registration for Information sessions delegates opens
- 09:15 – 17:00** Exhibition & Information Stands open for viewing. A range of stands by various service & resource providers – **FREE** entrance anytime. Open to anyone even if not attending any information sessions or anything else on offer during the day.
- 09:45 – 10:30** Group A – Information sessions and 'Find Out About' 1:1 slots (details on page 5)
- 10:45 – 11:15** Group B – Mini Information sessions & 'Let me tell you about...' Promotional Pitches and 'Find Out About' 1:1 slots (details on page 6)
- 11:30 – 12:30** Group C – Information sessions and 'Find Out About' 1:1 slots (details on page 7)
- 12:45 – 13:15** Group D – Mini Information sessions & 'Let me tell you about...' Promotional Pitches and 'Find Out About' 1:1 slots (details on page 8)
- 14:00 – 15:00** Group E – Information sessions and 'Find Out About' 1:1 slots (details on page 9)
- 15:30 – 16:30** Group F – Information sessions and 'Find Out About' 1:1 slots (details on page 10)

'Find Out About' 1:1 15minute slots with a professional available during the day.




Where professionals have confirmed their attendance we have included their availability on the following pages. You may select one of these as an option on your booking form however times will be allocated on a 'first come first served' basis and we cannot guarantee a specific time. There is no fee for these.

Alternatively you can check on the day, who is available as we are awaiting confirmation from other professionals willing to participate. If you wish to meet any of the professionals you can then book yourself an appointment (subject to availability) on the sheets that will be displayed in the main event reception area.

Disclaimer:

Please note: Autism Anglia cannot be held responsible or liable for any of the content of information sessions provided at this event. Nor does Autism Anglia necessarily endorse information and advice given by any of the information sessions leaders, participants in the Find Out About slots, promotional pitches or stand holders. Autism Anglia reserves the right to change any part of the event or programme without prior notice.

GROUP A 09:45 – 10:30

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| <p>TIME: 09:45 - 10:30 BOOKING REF: EHP 'Early Help' </p> <p>Phil Beck, Locality Co-ordinator (North, Broadland & Gt Yarmouth Districts) Norfolk County Council Children's Services, will talk about Norfolk's new approach. There will be time for questions & feedback about the approach.</p> | <p>TIME: 09:45 – 10:30 BOOKING REF: JTF 'A Journey of 35 years'</p> <p>Rosemary Boutet a parent of a son of 35years old with autism, will talk about her experiences about the key things that happened and positive turning points over the past 35 years.</p> | <p>TIME: 09:45 – 10:30 BOOKING REF: TRA 'Transition to Adulthood'</p> <p>The presentation will be made by a young lady who has Asperger syndrome, who has been through Transition. She will explain about how it felt and what she did at the time.</p> |
| <p>TIME: 9:45 – 10:30  BOOKING REF: VOL 'Supported Volunteering'</p> <p>James Kearns will talk about how the BUILD charity supports volunteers with disabilities to take on roles from running discos and coffee bars to being trustees and company directors.</p> | <p>TIME: 09:45 – 10:30 BOOKING REF: VIS 'Visual Support'</p> <p>This session, delivered by Daphne Rowlands, Children Autism Services. Many people with an ASC are thought to be visual learners, so presenting information in a visual format can be very beneficial. Various ways of presenting visual support and how and when to use them will be looked at and discussed.</p> | <p>TIME: 09:45 – 10:30 BOOKING REF: TTN 'TITAN' </p> <p>Peter Walsh will talk about the TITAN, which supports young people to become competent and confident on public transport. It has also created a buddy programme to help at Transition times.</p> |
| <p>'Find Out About' 1:1 slots available at time of printing.</p> | | |
| <p>10:00; 10:15; 10:30 - Fiona Young, Transition Care Manager/Community Learning Disability Nurse from Norfolk Community Health & Care Book ref: FY1</p> | <p>09:30; 09:45; 10:00 - Paul Wright, Apprenticeships Strategy Manager, Norfolk County Council Book ref: PW1</p> | <p>10:00; 10:15; 10:30 - Ann Garrett, Disability Employment Adviser, Department for Works & Pensions Book ref: AG1</p> |
| <p>10:00; 10:30 – Kathryn Bryant, Managing director of Koolkats Driving School is happy to answer questions relating to Autism / Special Needs and driving Book ref: KB1</p> | | |

GROUP B

10:45 – 11:15

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| <p>TIME: 10:45 – 11:15 BOOKING REF: HWM</p> <p>‘Parents of a Teen with Autism/Asperger – how we managed’</p> <p>Wendy Webb, parent of two sons with an Autistic Spectrum Condition talks about being parents of a teen with autism / Asperger syndrome and how they managed.</p> | <p>TIME: 10:45 – 11:15 BOOKING REF: EPS</p> <p> Norfolk County Council</p> <p>‘Norfolk Educational Psychology Service: What’s on offer & how do we access it?’</p> <p>Chris Ducker & Susan Wilkinson will talk about what Educational Psychology Services offer in Norfolk and how these can be accessed.</p> | <p>TIME: 10:45 – 11:15 BOOKING REF: AEA</p> <p> Asperger East Anglia</p> <p><i>This is a ‘Let me tell you about...’ promotional pitch</i></p> <p>‘Asperger East Anglia’s Services Across Norfolk & Suffolk’</p> <p>David Lawrence</p> |
| <p>TIME: 10:45 – 11:15 BOOKING REF: APP</p> <p> Norfolk County Council</p> <p>‘Apprenticeships’</p> <p>Paul Wright, Apprenticeships Strategy Manager, Norfolk County Council will talk and answer questions about the apprenticeship scheme</p> | <p>TIME: 10:45 11:15 BOOKING REF: SEM</p> <p> MS IMPACT</p> <p><i>This is a ‘Let me tell you about...’ promotional pitch</i></p> <p>‘Autism Seminars for Families’</p> <p>Michelle Mould, MS Impact, will talk about the National Autistic Society’s Autism Seminars for Families.</p> | <p>TIME: 10:45 – 11:15 BOOKING REF: NFF</p> <p>‘Introduction to Norfolk Family Focus’</p> <p>Lee Marshall will talk about this service and how it helps families.</p> |
| <p>‘Find Out About’ 1:1 slots available at time of printing.</p> | | |
| <p>10:45; 11:00; 11:15 – Fiona Young, Transition Care Manager/ Community Learning Disability Nurse from Norfolk Community Health & Care Book ref: FY2</p> | <p>10:45; 11:00; 11:15 - Ann Garrett, Disability Employment Adviser, Department for Works & Pensions Book ref: AG2</p> | <p>11:00 – Kathryn Bryant, Managing director of Koolkats Driving School is happy to answer questions relating to Autism / Special Needs and driving Book ref: KB2</p> |

Group C

11:30 – 12:30

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| <p>TIME: 11:30 – 12:30</p> <p>BOOKING REF: TSA</p> <p>'Transitions - Through school and into Adulthood'</p>  <p>Using stories from the people who have been through the process, Lesley Waugh, Personalisation Lead, National Autistic Society, will speak on the Journey from Year 9 and 10 through to community care, assessment, personalisation agenda and self directed support. The presentation also has details about brokerage and how to access it.</p> | <p>TIME: 11:30 -12:30</p> <p>BOOKING REF: NNR</p> <p>'Naturally Nurturing Remediation Strategies'</p>  <p>Join Elisa Ferriggi, Owner of Think Autism Ltd & Autism Consultant, for an action packed session where you'll learn: simple, low energy things that you can do to change the communication cycle between you and your child; strategies to more meaningful interaction with your child; how to help your child process information effectively; and how to tailor interactions so that your child will learn how to think for him or herself, feel competent in interactions and be more emotionally connected.</p> | <p>TIME: 11:30 -12:30</p> <p>BOOKING REF: LEC</p> <p>'Lego for Communication'</p>  <p>With a hands-on approach, and the use of Lego, this session focuses on practical, interactive ideas to improve speech, language and communication. Amy Eleftheriades, Alpha Inclusion, will show you ways to adapt practical activities to support children working on different aspects of communication, in both individual and small group work. Amy is a qualified teacher, has a degree in psychology, is a member of the British Psychological Society and has over 14 years' experience of working with children.</p> |
| <p>TIME: 11:30 – 12:15</p> <p>BOOKING REF: BEN</p> <p>'Benefit Changes'</p>  <p>John Watts & Nancy Edwards, DIAL Great Yarmouth will cover the change from DLA to PIP (Personal Independence Payments) and the assessment criteria for both mobility and care. Procedures and timescales for new claimants of PIP and reassessment timescales for existing claimants will also be covered. John & Nancy will also talk about Universal Credit, ESA and migration from incapacity /income support.</p> | <p>TIME: 11:30 – 12:15</p> <p>BOOKING REF: ESP</p> <p>'Early Support – something for Everyone!'</p> <p>Karen Wooddissee will talk about the Early Support Principles, Key working, Resources and the APP. All you need to know, learn what is available to families, young people and practitioners. Ideas about how to use them to get better outcomes for children and young people from birth to 25 years old.</p> | <p>TIME: 11:30 – 12:30</p> <p>BOOKING REF: CFB</p>  <p>'Special Educational Needs Changes in the Children & Families Bill'</p> <p>Rachel Gates, Norfolk County Council Disabled Children's Commissioner, will give an overview of the draft indicative special educational needs code of practice and implications of the Children & Families Bill SEND changes.</p> |
| <p>'Find Out About' 1:1 slots available at time of printing.</p> | | |
| <p>11:30; 11:45; - Fiona Young, Transition Care Manager/ Community Learning Disability Nurse from Norfolk Community Health & Care Book ref: FY3</p> | <p>11:30; 11:45; 12:00; 12:15; 12:30 - Ann Garrett, Disability Employment Adviser, Department for Works & Pensions Book ref: AG3</p> | <p>11:30; 12:00; 12:30 – Kathryn Bryant, Managing director of Koolkats Driving School is happy to answer questions relating to Autism / Special Needs and driving Book ref: KB3</p> |

Group D

12:45 – 13:15

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| <p>TIME: 12:45 – 13:15</p> <p>BOOKING REF: MUS <i>This is a 'Let me tell you about...' promotional pitch</i></p>  <p>'Musical Keys' Speaker to be confirmed. Find out what Musical Keys offers.</p> | <p>TIME: 12:45 – 13:15</p> <p>BOOKING REF: HLW <i>This is a 'Let me tell you about...' promotional pitch</i></p>  <p>'Your Voice Improving Your Services'</p> <p>Chris Knighton from Healthwatch Norfolk talks about how you can be involved with Healthwatch and help improve services.</p> | <p>TIME: 12:45 – 13:15</p> <p>BOOKING REF: AWP 'Autism into words and poetry'</p> <p>Wendy Webb, parent of 2 sons with autism and renown poet, will share some of her work.</p> |
| <p>TIME: 12:45 – 13:15</p>  <p>BOOKING REF: NPP <i>This is a 'Let me tell you about...' promotional pitch</i></p> <p>'Norfolk Parent Partnership, what we do'</p> <p>Janina Schiebler, Parent Partnership Officer.</p> | <p>TIME: 12:45 – 13:15</p>  <p>BOOKING REF: AHS <i>This is a 'Let me tell you about...' promotional pitch</i></p> <p>'Introducing Options new Applegate House service'</p> <p>Derrell Crump, Registered Manager.</p> | |
| <p>'Find Out About' 1:1 slots available at time of printing.</p> | | |
| <p>13:00; 13:30; – Kathryn Bryant, Managing director of Koolkats Driving School is happy to answer questions relating to Autism / Special Needs and driving Book ref: KB4</p> | | |





Group E

14:00 – 15:00

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| <p>TIME: 14:00 – 15:00 BOOKING REF: EXC 'Towards Excellence in Adult Social Care'</p> <p>Natasha Burberry, Adult Social Care Sector Led Improvement Programme Manager, East of England will talk about bringing together partners at a local, regional and national level to improve outcomes for citizens. Working with and for local government and its partners to enable them to take responsibility for their own improvement, with a focus on innovation and people centred coordinated care as drivers for improvement in the quality of services locally. It is hoped that someone will accompany Natasha to share how services for adults with autism have been improved.</p> | <p>TIME: 14:00 -15:00 BOOKING REF: INT 'Intensive Interaction'</p> <p>Dr Steve Carnaby (Consultant Clinical Psychologist) & Ruth Phillips, Autism Anglia, will give an introduction to the principles of intensive interaction and the ways in which it can be used to encourage the development of communication in children and adults with autism and Learning Disabilities.</p> | <p>TIME: 14:00 – 15:00 BOOKING REF: MCC 'The Infant reflexes relating to physical, emotional, behavioural, social, cognitive & sensory development'</p> <p>Mark Church, Child Development Specialist, the Mark Church Centre, will explain the important role of the primitive reflexes that relate to development and the various learning challenges children & adults can show from the Early years. He will look at how reflexes can affect our physical, emotional, behavioral, social, cognitive and academic development. He will discuss what can be done to help integrate the reflexes using rhythmic movements to help us reach our highest potential.</p> |
| <p>TIME: 14:00 – 14:45 BOOKING REF: SOC 'Social Stories'</p> <p>Delivered by Daphne Rowlands, Children Autism Services. Social stories are a tool for helping to teach social skills and appropriate behaviour to people with an ASC. The concept behind social stories, different ways of presenting them and how and when to use them will be looked at and discussed.</p> | <p>TIME: 14:00–14:45 BOOKING REF: CHB 'Money Matters and Benefits Issues for Families of children with Autism or any additional need'</p> <p>Georgina Sait, Parent Advisor, Contact A Family will talk about what benefits families may be entitled to if they have a child with an additional need under 18years old. She will also share information about where families may be able to apply for grants.</p> | <p>TIME: 14:00 -15:00 BOOKING REF: DOU 'An Holistic Approach to the Education and Care of Children & Young People with Autism'</p> <p>Laura Gilmore, Speech & Language Therapist, Aileen Garven, Head of Care and Jane Smart, Head of Education, at Doucecroft school in Colchester will talk about an integrated model of education, therapy and care services.</p> |
| <p>'Find Out About' 1:1 slots available at time of printing.</p> | | |
| <p>14:00; 14:30; – Kathryn Bryant, Managing director of Koolkats Driving School is happy to answer questions relating to Autism / Special Needs and driving Book ref: KB5</p> | | |

Group F

15:30 – 16:30

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| <p>TIME: 15:30 – 16:30</p>  <p>BOOKING REF: IYP 'Integrating young people with disabilities into mainstream youth groups'</p> <p>How the BUILD charity saw the closure of a youth project as a success as all its members left to join other local clubs for young people. James Kearns will talk about how BUILD supports young people to access activities and mainstream youth groups.</p> | <p>TIME: 15:30 – 16:30</p>  <p>BOOKING REF: CJS 'The Criminal Justice System & Autism'</p> <p>This session, delivered by Alan Bicknell, Autism Anglia, will look at why people with Autism can have contact with the criminal justice system & strategies for supporting them when they do.</p> | <p>TIME: 15:30 – 16:30</p>  <p>BOOKING REF: ASE 'Autistic Spectrum Conditions and Self Esteem'</p> <p>This talk delivered by Paul Dickinson, Consultant Clinical Psychologist, Options Group AALPS North, will look at how we define self-esteem and think about why it is important and how we can promote it for young people with autism and Asperger syndrome, particularly those in mainstream educational settings. It is targeted at parents, carers, teachers and classroom support staff.</p> |
| <p>TIME: 15:30 – 16:30</p>  <p>BOOKING REF: EYS 'Working with Young People & the Barriers They Face'</p> <p>This session lead by Sarah Huggins, Education & Youth Services Ltd, will discuss working with Young People in today's climate and the barriers that young people face when making decisions about their future. The session will look at how to overcome barriers and managing expectations.</p> | <p>TIME: 15:30 – 16:30</p> <p>BOOKING REF: TFR 'Transferring from Primary school to High school'</p> <p>Speaker to be confirmed. This session will look at timescales for preparing for transfer from Primary to Secondary school phase and strategies that may help provide a smooth move whether the child holds a statement of SEN or not.</p> | |
| <p>'Find Out About' 1:1 slots available at time of printing.</p> | | |
| <p>15:00; 15:30; 16:00; 16:30 – Kathryn Bryant, Managing director of Koolkats Driving School is happy to answer questions relating to Autism / Special Needs and driving Book ref: KB6</p> | | |

Exhibitors... booked so far...

[Exhibition area is FREE to Drop-in and view anytime during the day.

No need to be attending any information sessions to come along to see what is on offer]

- ADD Norfolk
- Alpha Inclusion
- Asperger East Anglia
- Autism Anglia
- BUILD Charity
- Contact A Family
- Daphne Rowlands Children Autism Services
- DIAL Great Yarmouth
- Dimensions UK Ltd
- Doucecroft School
- Early Support
- Education & Youth Services Ltd
- James Paget University Hospital Foundation Trust
- Leading Lives
- Mark Church Centre
- MS Impact
- Musical Key
- National Autistic Society
- Newberry Child Development Centre
- Norfolk County Council – Apprenticeships
- Norfolk County Council Children’s Services – Participation Strategy Team
- Norfolk County Council Children’s & Adult Services - Transition for young people with additional needs
- Norfolk Children with a Disability Register
- Norfolk Family Focus
- Norfolk Parent Partnership
- Norfolk SEN Network
- Options Group – AALPS North
- Suffolk Parent Carer Network
- The Mark Church Centre
- Think Autism
- TITAN

The following organisations will have information available to view / take away, however will not have a representative attending the event to talk to:

- Evenbreaks
- Live In, Love In, Laugh In
- Portage