

The Harbour Centre is here to help you

Contact us at
The Harbour Centre
24 hour contact number
0845 456 4810
www.theharbourcentre.co.uk



theharbourcentre

Have you been raped or sexually assaulted, or know someone who has?

At The Harbour Centre we are here to help you and can offer:

- Emotional Support
- Discuss your options & help is available 24 hours a day
- Provide advice on sexual health & wellbeing
- Talk to an independent sexual violence advisor who can give on-going support and help
- Advise you of specialist counselling services available
- Offer you a medical examination to collect evidence
- You can talk to the police if you want to, but it is your choice
- We can talk to the police on your behalf, if you like, and we can do so anonymously

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