

Anti-Bullying Week 2013

18–22 November

THE FUTURE IS OURS
SAFE, FUN AND CONNECTED



Action Plan

Principle Anti-Bullying Week Coordinator: (add staff name)

Staff supporting the week: (add names)

Students supporting the week:

We recommend that you bring together a working party of students from across year groups (including students with special educational needs and disabilities) to inform and action plans for Anti-Bullying Week.

Resources needed prior to the week:

We encourage all schools to purchase the ABA campaign pack to support your activities during the week. To order your pack and other Anti-Bullying Week merchandise visit anti-bullyingalliance.org.uk. There are lots of resources on our website that are free for schools to use during the week including films, online activities, activities and lessons plans.

Schedule for assembly time:

Days of the week/times for assemblies relating to bullying during Anti-Bullying Week:



Assembly lead/s: (add names of staff/students/outside speakers to lead assemblies)

Resources to support assembly time: (see ABA website for ideas)

Schedule for inclusion of Anti-Bullying Week related themes in class time:

How could class time across the week and curriculum relate to Anti-Bullying Week and the theme?

Some suggestions from ABA include...

Maths – encourage students to design polls and surveys relating to Anti-Bullying Week that ask questions about online activity and cyberbullying. Look at research relating to cyberbullying and consider the meaning and use of statistics.

English – encourage students to write poems, stories, blogs, or news articles relating to the subject of cyberbullying and use these as a basis for discussion about what young people can do to stop cyberbullying.

Drama – design sketches relating to the theme of cyberbullying or encourage students to role play different scenarios and outcomes

Art – use art to explore issues around bullying and cyberbullying, for example art as a medium to express emotion. Encourage students to design banners, posters and collages relating to the week that can be displayed in the school.

PSHE and tutor time – there are a wealth of resources available on the ABA website to support PSHE and tutor time dedicated to this year's theme or general discussion around bullying issues.

**Involving parents and carers:**

You may want to schedule in sessions where parents and carers can learn more about the school approach to cyberbullying and bullying; where they can discuss any concerns that they have about cyberbullying and protecting children online; where they can learn how to set privacy settings online; where they can see student displays or performances relating to the theme. We would also recommend that you distribute the **ABA Anti-Bullying Week 2013 Information for Parents and Carers** leaflet (available on the ABA website) to all parents and carers.

Involving governors:

How much do your school governors know about your school approach to tackling bullying? Could you facilitate sessions where governors meet with students to discuss their concerns and solutions relating to cyberbullying and bullying? Could you facilitate sessions where students show governors how they engage with technology, including how to set privacy settings, write blogs and design simple websites?

Fundraising activities:

The Anti-Bullying Alliance are delighted when schools use the week to fundraise for the Anti-Bullying Alliance. Your support is vital to us as we bring people together to stop bullying and create safe environments where children and young people can live, grow, play and learn. You may want to hold a non-uniform day or organise a cake sale – you could even encourage students and staff to raise donations by giving up their mobile phones and social networks for a day! For fundraising ideas visit the ABA website.



Contacting local press:

Local press are often very supportive of school activity relating to Anti-Bullying Week and love to hear what you have planned.

Contact the Anti-Bullying Alliance:

Don't forget to tell us what you've done during the week! We love to share your stories, photos and videos through our website and social networking sites. Email aba@ncb.org.uk or share information through our Facebook page or Twitter @ABAonline.