



10/10/2019 09:15 - 15:30

Title: World Mental Health Day (Suicide Prevention)

Venue: Professional Development Centre (Norwich)
(1 - Training Room), Professional Development
Centre, 144 Woodside Road, Norwich, Norfolk, NR7
9QL

Trainer: Bianca Finger-Berry

Critical Incident

World Mental Health Day (Suicide Prevention)

This year, the World Federation for Mental Health (WFMH) has decided to make “suicide prevention” the main theme of World Mental Health Day.

Outline

It is often believed that it is only adults who exhibit suicidal behaviors, but it should be made known that many children and young people engage in this kind of behavior. There are numerous complex factors that contribute to a suicide, but what is most important is that all of our actions must be geared toward prevention. (<https://wfmh.global/world-mental-health-day-2019/>)

Description

Staff working with children are advised to maintain an attitude of 'it could happen here' where safeguarding is concerned (Keeping children safe in education)

This does also apply to young people taking their own lives, sadly - it does happen in Norfolk & Waveney.

This day will look at different aspects of suicide prevention, with contributions from schools, young people and other organisations. It will be an interactive day and you will explore what you can do to support suicide prevention activities.

- Resilience (Anna Sims - PATHS Lead Coach, NCC)
- Teaching about mental health and emotional well-being (Niall Sully, Head of Social Sciences, Hellesdon High School)
- Minimising risky internet usage and encouraging positive ways of using the internet and social media for supporting well-being (Jill Duman, Teaching and Learning Advisor, Educator Solutions)
- Bereavement as a risk factor for suicide - supporting teenagers with bereavement (Nelson's Journey)
- Supporting young people with self-harm: a sample self-harm policy for schools
- What to do if you believe a young person is at risk of suicide - a school's perspective of using the NSCP guidelines (Claire Gallant, Assistant Headteacher, Long Stratton High)

School)

- Supporting young people with known mental health issues - working together (Martha Russell, NSFT)
- Looking after yourself (Link Project)

Audience

Headteachers, senior leaders (schools), designated safeguarding staff, school mental health leads, pastoral staff, other school staff interested in self-harm and suicide prevention

Booking Information

Booking Information: <http://s4s.norfolk.gov.uk/Event/93101>

This is a free course for schools, funded as a Norfolk & Waveney Suicide Prevention Activity. A maximum of two places can be booked per school.

Programme

10/10/2019 09:15 - 15:30

Title: World Mental Health Day (Suicide Prevention)
Venue: Professional Development Centre (Norwich) (1 / Training Room), Professional Development Centre, 144 Woodside Road, Norwich, Norfolk, NR7 9QL
Trainer: Bianca Finger-Berry, Critical Incident Lead Officer

Code: CIN-1019-T001

Price per booking: 0.00

Sign up deadline: 03/10/2019