



Relationships, Sex and Health Education (RSHE) DfE training offer to LAs & schools in London and the East!

We have been funded by the DfE to deliver 'Train the trainers' training to leads in schools, Local Authorities and MATs as a final summer term opportunity. This training incorporates the materials announced by the DfE on 7th June 2020 onwards, personalises them to boroughs and brings them to life and will support staff in schools to be able to cascade the training and embed it more securely in their schools.

We can offer virtual training to schools in Newham, Redbridge, Barking and Dagenham, Waltham Forest, Hackney, Haringey, Tower Hamlets, Havering, Southend, Cambridgeshire, Peterborough, Essex, Suffolk, Norfolk and Thurrock schools via zoom to schools who sign up.

LIVE TRAINING OFFER:

1. Meet the team - primary and secondary head teachers/SLTs (1hr session)

This session will explain to SLT what the DfE project will provide to their schools on RSHE and what feedback the DfE requires from participants. There will be a chance to answer any questions SLT want to raise with the delivery team. The team consists of Dr Jo Sell (Newham RSHE advisor), Claire Clinton (RE Advisor for Newham, Barking and Dagenham) and Paul Harris (CEO Tapscott Learning Trust and NLE)

Thursday 29th April 2021 10-11:15am via Zoom

2. 'Knowing the context of your area' for primary and secondary schools (2.5 hrs session)

This session will help schools to understand the context of RSE in terms of your local health, wellbeing, religious and ethnic data. This will support your school to understand the need for what Ofsted and the DfE require in being inclusive and sensitive to our own schools' context in RSHE. The training will equip staff to begin to comprehend the pressures and tensions faced by children and young people around RSHE.

Tuesday 11th May 2021 1:30-4pm via Zoom

3. Working well with your local community' for primary and secondary schools (2.5 hrs session)

This session will help staff to consider positive engagement with parents and a school's local community around issues of RSE. The session will consider how faith/pupil-sensitive RSE fits into the government and OFSTED requirements for schools. Giving case studies and proven techniques to engage with your school community.

Tuesday 18th May 2021 1:30-4pm via Zoom

PRE-RECORDED TRAINING

These sessions are available to all schools on the DfE programme. You will be given the login details to enable you to access our password protected website where you will find our pre-recorded training modules. Our training modules enhance the DfE publications on each topic, providing RSHE leaders with resources and expert classroom practice. Up to date DfE publications are provided as pre-reading for each module, ensuring that this training equips your school to implement the new statutory guidance. *Watch via our website at a time convenient to you.*

Schools on the programme will be given opportunities to come, meet and talk with our trainers and ask questions from the training modules as well as more generally about your schools policy and practice around RSHE.

Modules for Primary schools:

A. Introduction to training modules and Primary curriculum planning (1.5 hrs session)

This session will provide primary teachers a foundational understanding of the methodology underpinning all the other primary on-line training available to your school. **We suggest all schools WATCH this session before accessing all the other training materials available.** The session will cover how to train others in your own school; issues around safeguarding and ground rules for class conversations on RSE topics how to ensure your schools is an equal and inclusive environment for all pupils. There is a chance to ask your questions around your schools' policy and general practice on RSE with our expert team.

- B. Wellbeing (2 hrs)
- C. Adolescent body & Basic first aid (1.5hrs)
- D. Drugs, alcohol & tobacco (1 hr)
- E. Health & prevention, Physical health and fitness & Healthy eating (2.5 hrs)
- F. Internet safety & harm, Being safe Online relationships & online media (3 hrs)
- G. Caring relationships & Families (2 hrs)

LIVE MEETING with our team to ask questions on the above training modules or anything else to help your school with the implementation of RSHE.

- **1.** Tuesday 15th June 2021 2:30-4:30pm
- **2.** Monday 12th July 2021 2:30-4:30pm

Modules for Secondary schools:

A. Introduction to training modules and Secondary curriculum planning (1.5 hrs)

This session will provide secondary teachers a foundational understanding of the methodology underpinning all the other secondary on-line training available to your school. **We suggest all** schools WATCH this session before accessing all the other training materials available. The session will cover how to train others in your own school; issues around safeguarding and ground rules for class conversations on RSE topics how to ensure your schools is an equal and inclusive environment for all pupils. There is a chance to ask your questions around your schools' policy and general practice on RSE with our expert team.

- B. Wellbeing (2 hrs)
- C. Adolescent body & Basic first aid (1.5hrs)
- D. Drugs, alcohol & tobacco (1 hr)
- E. Health & prevention, Physical health and fitness & Healthy eating (2.5 hrs)
- F. Internet safety & harm, Being safe Online relationships & online media (3 hrs)
- G. Caring relationships & Families (2 hrs)

LIVE MEETING with our team to ask questions on the above on-line training sessions or anything else to help your school with the implementation of RSHE.

- **1.** Wednesday 16th June 2021 2:30-4:30pm
- 2. Tuesday 13th July 2021 2:30-4:30pm

Finally, the last part of the offer is for Email support to schools in answering questions throughout the training programme with the Newham team.

To book your school onto this training and for any further details please contact: Georgina Neil

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National Teaching School designated by National College for Teaching & Leadership