

## Maths Anxiety

### Recognising Maths Anxiety and strategies to support students in the classroom

The issue of maths anxiety is not new but the spread of anxiety disorders from the traditional 'teenage years' to far younger children is alarming. Teachers will have the opportunity to work with Associate Professor Sue Johnston-Wilder from Warwick University to learn the causes of Maths Anxiety and the symptoms that manifest as a result.

Over four online sessions, teachers will work collaboratively across phases to consider how the disorder affects pupils at different ages and will try out strategies to support pupils more effectively. This Work Group is open to teachers and support staff across Primary, Secondary and Post 16.

### Dates

**Session 1: Tuesday 8th November 2022**

**Session 2: Tuesday 17th January 2023**

**Session 3: Tuesday 28th March 2023**

**Session 4: Tuesday 20th June 2023**

**All sessions will take place online  
3-5pm**