
Running lunchbox workshops for parents and carers in your school/cluster

Date	Time	Venue
13/09/10	9.15 – 12.30	Abbey Community Centre, Thetford
20/09/10	9.15 – 12.30	The Assembly Rooms, Swaffham
27/09/10	9.15 – 12.30	North Lynn Community Centre, Kings Lynn

Do you want to run lunchbox workshops in your school or cluster?

This half day practical session is suitable for schools, Extended Schools Services and Parent Support Advisers wishing to run lunchbox workshops for parents and carers.

By the end of the morning delegates will:

- Feel confident to plan their own effective workshops
- Understand how this workshop fits in to the wider school context
- Consider health and safety issues
- Try out some suitable recipes and taste them
- Take away resources to help run their own events

This training will be jointly run by Norfolk County Council, Transforming School Food, Healthy Norfolk Schools and NHS Norfolk's JOY OF FOOD.

Fee: £15

How to book:

To apply for a place on this activity

complete the booking on the reverse and return it to:

Louise Flynn

FAX: 01603 221835

Or post to:

Healthy Norfolk Schools/Transforming School Food

Kestrel House

White Lodge Business Park

Hall Road, Norwich

Norfolk, NR4 6DG

N.B You will not be able to book online for this event.

Telephone: 01603 221809

Email: louise.flynn@norfolk.nhs.uk



NHS Norfolk
and NHS Great Yarmouth and Waveney



every **child** matters
a brighter future for Norfolk's young people

<p>Return to: Louise Flynn Healthy Norfolk Schools Transforming School Food Kestrel House, Hall Road, White Lodge Business Park, Norwich Norfolk NR4 6DG</p> <p>Tel: 01603 221809/221803</p> <p>Fax: 01603 221835</p>	<p>From:</p> <p>Name:</p> <p>School/Organisation</p> <p>Address</p> <p>.....</p> <p>Email:.....</p> <p>Date:..... Tel:.....</p> <p>Cost centre number (for non school NCC departments)</p>
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Course Title:	Running lunchbox workshops for parents and carers in your school/cluster
Venue:	
Date:	INSET REF NO.
	N/A

Title	Forename	Surname (block capitals please)	£ Cost (ex.VAT)

Please do not send a cheque with this booking form.	TOTAL	
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It is our policy to ensure that we provide access for all people. Meat and vegetarian meals come as standard. If you have any other special requirements of any kind, please state below so that we can try to help you.

Please note that in accordance with the requirements of the Data Protection Act you may request, by ticking the box, that the delegate(s) entered above is/are not named in the list of delegates available from the INSET Opportunities website at <http://advisoryservice.norfolk.gov.uk/inset>

Booking(s) authorised by: Signature Title
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Confirmation of booking acceptance will be issued to the named delegate(s).

Cancellation/Refunds: For cancellations made by the school/establishment more than 28 working days prior to the course date, a £15 administration fee will be levied per person. The full fee will be charged for cancellations made within 28 working days of the course date. For FREE courses a £15 administration fee will be levied for non-attendance or cancellation within 5 days of the event date.

In exceptional circumstances, and at the discretion of the Norfolk Advisory Services or should the Norfolk Advisory Services cancel the course, either the fee paid will be refunded in total, or the course will be rescheduled for a mutually convenient date.

