

Is teaching about healthy eating enough?

Date	Time	Venue	Course Code	Event Ref.
11/10/20	9.15 – 13.00	Kings Lynn	ENHF5	A
12/10/20	9.15 – 13.00	Swaffham	ENHF5	B
13/10/20	9.15 – 13.00	Hunstanton	ENHF5	C
19/10/20	9.15 – 13.00	Norwich	ENHF5	D
20/10/20	9.15 – 13.00	Racecourse	ENHF5	E

A more in depth look at how, and why, schools should promote health for all.

This half day workshop is suitable for members of staff who have the responsibility for promoting health and wellbeing within school. This may be the Healthy Schools Coordinator.

By the end of this workshop delegates will:

- Understand the importance of children/young people being a healthy weight.
- Know what schools can do to support healthy weight through the promotion of health and wellbeing.
- Look at whether practices within their own school help or hinder this role.
- Know what to do if they are concerned about a child/young person's weight
- Take away a guidance pack that will support this work in school.

This training is being run by Healthy Norfolk Schools on behalf of, and in conjunction with, NHS Norfolk.

Fee: FREE

How to book:

To apply for a place on this activity

complete the booking on the reverse and return it to:

Louise Flynn

FAX: 01603 221835

Or post to:

Healthy Norfolk Schools/Transforming School Food

Kestrel House

White Lodge Business Park

Hall Road, Norwich

Norfolk, NR4 6DG

N.B You will not be able to book online for this event.

Telephone: 01603 221809

Email: louise.flynn@norfolk.nhs.uk



every **child** matters
a brighter future for Norfolk's young people

In-Service Training Booking Form

Return to:

Louise Flynn

Healthy Norfolk Schools
Transforming School Food
Kestrel House, Hall Road,
White Lodge Business Park,
Norwich
Norfolk
NR4 6DG

Tel: 01603 221809/221803

Fax: 01603 221835

From:

Name:

.....

School/Organisation

Address

.....

Email:.....

Date:..... Tel:.....

Cost centre number
(for non school NCC departments)

Course Title:

Venue:

Date:

INSET REF NO.



Title	Forename	Surname (block capitals please)	£ Cost (ex.VAT)
			NO FEE
			NO FEE
			NO FEE

Please do not send a cheque with this booking form.

TOTAL £0

It is our policy to ensure that we provide access for all people. Meat and vegetarian meals come as standard. If you have any other special requirements of any kind, please state below so that we can try to help you.

Please note that in accordance with the requirements of the Data Protection Act you may request, by ticking the box, that the delegate(s) entered above is/are not named in the list of delegates available from the INSET Opportunities website at <http://advisoryservice.norfolk.gov.uk/inset>



Booking(s) authorised by:

..... **Signature**

..... **Title**

Confirmation of booking acceptance will be issued to the named delegate(s).

Cancellation/Refunds: For cancellations made by the school/establishment more than 28 working days prior to the course date, a £15 administration fee will be levied per person. The full fee will be charged for cancellations made within 28 working days of the course date. For FREE courses a £15 administration fee will be levied for non-attendance or cancellation within 5 days of the event date.

In exceptional circumstances, and at the discretion of the Norfolk Advisory Services or should the Norfolk Advisory Services cancel the course, either the fee paid will be refunded in total, or the course will be rescheduled for a mutually convenient date.

