

Dear Headteacher

Re: New Asthma in PE distant learning module

The DFES produced guidance in 2005, which was updated in 2007 regarding *Managing Medicines in Schools and Early Years*. Within this recommended guidance it states:

**148.** All schools and settings should have an asthma policy that is an integral part of the whole school or setting policy on medicines and medical needs. The asthma section should include key information and set out specific actions to be taken (a model policy is available from Asthma UK). The school environment should be asthma friendly, by removing as many potential triggers for children with asthma as possible.

**149.** All staff, particularly PE teachers, should have training or be provided with information about asthma once a year. This should support them to feel confident about recognising worsening symptoms of asthma, knowing about asthma medicines and their delivery and what to do if a child has an asthma attack.

As part of our on-going commitment to professional development and high quality physical education we have developed a new CPD resource to support schools. Asthma is one of the most common long-term medical conditions which teachers will encounter and in the UK it affects 1.2 – 1.4 million children<sup>1</sup>.

In order to facilitate and support this recommended guidance we have produced a distant learning CPD module which will deliver, particularly for PE staff and those teaching the subject the guidance identified above. The current economic situation means that we have to look at more innovative ways to support staff CPD in schools and we hope that this type of module will prove both popular and effective. The module is certificated locally and this provides a means by which schools can demonstrate that they are meeting the guidance above.

The module is available to schools and staff at a cost of £50 and requires no supply or break in continuity for the young people in your school. The module has self-review and reflection built into the structure and requires a knowledge review to be submitted for certification.

To order your copy please contact 01603 307759 or e-mail Claire Burrows (claire.burrows@norfolk.gov.uk)

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"Working to ensure every child receives a high quality experience and entitlement in physical education."