

Delivering High Quality PE to Young People with Autistic Spectrum Disorders (ASD)

Autism affects an estimated 600, 000 people in the UK of which over 80,000 are of school age. Autism is four times more prevalent in boys than in girls and sometimes pupils with autism have additional difficulties which may include hearing, vision loss or poor motor co-ordination. Teachers and support staff in schools must be supported in developing their knowledge and understanding of autism in order to enable them to address the needs of pupils with ASD.

This course sets out to try to deliver this support in order that pupils with ASD in Norfolk schools can achieve and enjoy in and through PE.

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**14th February 2011 ECS F8/B Venue: John Grant School. Caister.
Cost: £140 Tutor: Emily Simpson / Martin Radmore**

This course is aimed at all school staff who teach PE or support pupils in PE and is strongly recommended. Planning, delivering and supporting pupils with autism in PE can be very challenging and very rewarding. This course seeks to give practical guidance and resources to help teachers and school staff plan and deliver high quality PE. The course is suitable for both Primary and Secondary phase and is also appropriate for schools SENCO's.

“Physical exercise reduces aggression, hyperactivity and stereotypical behaviour in children with autism and there is universal acceptance amongst specialist practitioners that physical activity is a key component when working with young people on the autistic spectrum”.

Delegates will receive a full day's practically delivered course from the tutor, who works in John Grant School, supporting pupils with ASD and other learning needs on a daily basis. Delegates will also receive an excellent resource (including a DVD) which explores how young people with ASD can experience high quality PE and what pedagogical approaches can be developed and adopted by school staff to increase the quality of their delivery. In developing the resource, the approaches outlined have been drawn from good practice that has emerged through both special and mainstream schools.

**Book a place on this course via the website:
www.cpd.norfolk.gov.uk/sdms/
Or contact: Claire Burrows on 01603 307759**



Delegates will receive this high quality teacher resource free through the course.