"A beginners guide to growing organic fruit and vegetables" at Holt Hall

A two day gardening course entitled "A beginners guide to growing organic fruit and vegetables" will be held at Norfolk County Council's Holt Hall Field Studies Centre on Saturday 5th and 12th March from 10am until 4.30pm.

For those who wish to learn more about managing a garden or allotment and gain a greater understanding of how to increase productivity, this course will provide all the help you need. Subjects covered will include the principles of growing organic fruit and vegetables, planning your garden/allotment, what to grow and when, improving your soil by making your own compost, working with wildlife, companion planting, pests/diseases, using the seasons to increase growing time and lots more. All seeds, compost and training resources will be provided and there will be Q & A sessions throughout the course.

Chris Wright, Project Manager for "Roots and Shoots-Growing for the Future" at Holt Hall will run the course using facilities in and around the Victorian walled garden.

Holt Hall Field Studies Centre - Volunteering Opportunities

Over the last couple of years, Holt Hall Field Studies Centre has offered opportunities for people wishing to volunteer and increase their awareness of the environment and horticulture. Since the scheme began the number of volunteers has grown and includes groups who attend on the first Saturday of the month or during the week.

Opportunities include working in the greenhouses and walled garden, learning how to grow your own fruit and vegetables and other essential tasks that help manage the 87 aces of woodland on this beautiful estate.

If you are interested in meeting new people, sharing



or learning new skills and working outside in a wonderful location please contact Chris Wright.

If you would like more information on either volunteering at Holt Hall or joining the gardening course (£65 per person for two days) please contact Holt Hall on 01263 713117 or email <u>sandra.stanway@norfolk.gov.uk</u>