

Carbon Conversations

Carbon Conversations is an inspiring, practical 6-session course on low-carbon living. It was recently featured in the Guardian as one of the 20 best climate change solutions.

- based on the psychology of change
- emotionally engaging
- technically rigorous
- up to date, attractive handbook, games and materials

The course engages people both emotionally and practically, helping you to overcome the barriers often associated with making large carbon reductions. We will explore the basic climate change problem, our responses to it, our ideas for a low-carbon future and the four key areas of the footprint – home energy, travel, food and other consumption. Most people make reductions of 1 tonne CO₂ during the course and develop plans to halve their footprints over a longer period.

When: 5 fortnightly Tuesday sessions; 1st Feb – 8th April

Time: 17:15-19:15

Where: County Hall (Mezzanine 1)

Cost: £20 – includes all class materials and work book

Who: Facilitated by Esme Holtom and Elena Judd

Book online: bookwhen.com/carbon-conversations

"This course is brilliant – it doesn't preach, it doesn't tell you what to do and it doesn't make you feel guilty. It asks stimulating questions, provides clear information and fun exercises and then helps you make your own decisions about what you can do."

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Cambridge
Carbon
Footprint

