



## Attachment & Adolescence

**Have you ever been surprised or bewildered by teenage behaviour – their resourcefulness, risk taking, relationships with others?**

**Have you ever marvelled at the burgeoning academic capacity of adolescents or felt frustrated at their apparent lack of interest or motivation?**

**Have you ever experienced a teenager behaving more like a toddler?**

In this twilight session, the psychological theory of Attachment and research into neuroscience will be presented to explain the influence of early attachment on development during adolescence.

The aims of the session are: -

- Describe how early attachment (bonding between babies and their caregivers) occurs
- Explain the link between this early experience and how adolescents learn and develop
- Consider strategies and approaches to support pupils during adolescence

This course is suitable for secondary teaching and pastoral staff, support staff in secondary schools and anyone who is interested in understanding teenagers better. It is also relevant for designated teachers for looked after children.

The session will be delivered by Jane Sarmezey, Senior Educational Psychologist for looked after children.

**Date:** 1<sup>st</sup> March 2011

**Time:** 4.30 – 6.30 with refreshments (sandwiches, cake and tea/coffee) available from 4pm

**Venue:** Norwich Professional Development Centre

**Maximum course capacity:** 25

**Cost:** £40 per delegate. Please note the full fee will be charged for cancellations made within 5 working days of the course date.

**How to book:** To apply for a place on this course please visit our website at [www.cpd.norfolk.gov.uk](http://www.cpd.norfolk.gov.uk) and search for course reference ENVA3.

If you have any queries regarding this course please contact Amy Scott on 01603 307737.