

Free Your Feet

Walking challenge for secondary schools

As the national charity that runs the Walk to School campaign, we are fortunate to have received some funding from the Big Lottery to promote walking in secondary schools.

We have developed a simple week-long walking challenge called **Free Your Feet** and have enough funding to offer this **for free to 300 secondary schools** in the UK.

The Free Your Feet kit provides everything schools need to get students walking, including a **DVD assembly presentation, postcards to record walking, railing banners, posters and a 50 high street voucher prize** per school. **You can register your schools online now at www.walktoschool.org.uk/freeyourfeet**

Why take part?

- **It's easy** - as budgets decrease and workloads increase, short, sharp interventions are a great way to help you make progress on diverse projects.
- **It works** - schools which took part last year saw walking levels increase by up to 15%.
- **It's fun** - pilots of the project show that secondary school students enjoy engaging with the scheme which means a higher take-up and better results
- **It's free!** - so good it's worth mentioning again!

To register your school now, please visit www.walktoschool.org.uk/freeyourfeet

Or to let us know you are interested but would like more info, please email sam.potter@livingstreets.org.uk or call 0191 245 7360.

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Living Streets is the national charity working to create safe, attractive and enjoyable streets around the UK - sign up for our [monthly e-newsletter](#) today.

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