

Inclusive Practice in PE

P.E is no different to any other area of the curriculum in that you will be teaching a whole range of abilities. You may well have students in your teaching groups who perform in all areas of P.E well above the level expected of the majority of young people of their age. You're also likely to teach students who for many various reasons struggle to achieve in P.E and perform well below the level expected of the majority. Some of the students you teach may have a learning difficulty or physical disability. There will of course be a whole group of individuals – the majority – somewhere in the middle of the ability range. This is what makes teaching such an exciting and challenging career!

The challenge is to provide high-quality teaching and learning in P.E for all the students, irrespective of their needs or abilities.

As part of our commitment to inclusive practice, below you will find a portfolio of three courses aimed at supporting colleagues in ensuring *'a high quality PE experience and entitlement for all young people in Norfolk'*

In June last year the government announced a new Olympic and Paralympic-style sports competition for young people. The competition is a key part of the Government's plans to generate a lasting legacy from hosting the London 2012 Games.

The first phase of this initiative involves schools engaging in a programme of intra-school competition where young people can participate in activities that involve team work, dedication and striving to be the best they can be.



Planning & delivering a fully Inclusive Sports Day

19 May 2011 - ECS E5 B

Venue: Dussindale Primary School, Norwich Cost: £140

This course is aimed at all Primary staff (both QTS and TA's), who teach PE. Using the Olympic themes as the basis for planning, it will allow schools to reflect upon their current Sports Day provision, reviewing competitive v. non competitive activities. To evaluate strategies to ensure all pupils are able to engage in a Sports day, and to ensure that Sports Days link to curriculum planning and development.

Towards A Fully Inclusive PE Programme (Primary)

6 June 2011 ECS L2 A

This course is aimed at all Primary staff (both QTS & TA's) who teach PE. It will provide practical guidance and ideas to help colleagues plan, teach and assess using a fully inclusive approach. This course will consider inclusion in its widest sense to cater for children with special educational needs for whom PE can pose a challenge, whilst also focussing on how to maintain the level of challenge for young people who could be classed as more able (G&T from Yr 5). It will provide a framework in which to support and develop student's knowledge, skills and understanding and will increase the quality of provision for every child.

