## "A beginners guide to growing organic fruit and vegetables" at Holt Hall

A two day gardening course entitled "A beginners guide to growing organic fruit and vegetables" will be held at Norfolk County Council's Holt Hall on Saturday 30<sup>th</sup> April and 7<sup>th</sup> May. from 10am until 4.30pm.

For those who wish to learn more about managing a garden or allotment and gain a greater understanding of how to increase productivity, this course will provide all the help you need. Subjects covered will include the principles of growing organic fruit and vegetables, planning your garden/allotment, what to grow and when, improving your soil by making your own compost, working with wildlife, companion planting, pests/diseases, using the seasons to increase growing time and lots more.

Chris Wright, Project Manager for "Roots and Shoots-Growing for the Future" at Holt Hall will run the course using facilities in and around the Victorian walled garden.

This two day course runs from 10am until 4.30pm each day and costs  $\pounds 65 - all seeds$ , compost and training resources will be provided. If you would like more information please contact Sandra at Holt Hall on 01263 713117 or email <u>sandra.stanway@norfolk.gov.uk</u>