

DIG AROUND IN ANCIENT NORFOLK



Norfolk

Time to explore

www.visitnorfolk.co.uk

BBC
HANDS ON
HISTORY
DIG!

This summer BBC Hands on History and organisations across Norfolk want to encourage you to get digging and discovering with hands on archaeology. Discover more inside....

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DIG!

Digging for Britain on BBC Two (August/September)

Digging for Britain will soon return for a second series on BBC Two.

And this summer you can get hands on with archaeology yourself! Hands on History is supporting the series with the Dig! project.

Free Dig resources are available to download for schools and families Visit the Hands on History website for details:

bbc.co.uk/history/handsonhistory

- **Resources for Schools** – curriculum linked lesson plans for 7 – 11 year olds (KS2) including additional information for running Dig! Activities in schools
- **Family Activities to try at home** including 'Create your own excavation'.



This Autumn BBC Hands on History and organisations in Norfolk will be offering learning opportunities linked to the Ancients

Neil Oliver explores Ancient Britain on BBC Two (Autumn 2011)

Join Neil Oliver on a journey into our ancient past with A History of Ancient Britain and A History of Celtic Britain shown together this autumn. Travel through time from the Stone Age through to the Iron Age, the Celts and the Age of Rome.

Free Ancient resources are available for families and schools

Visit the Hands on History website for details:

bbc.co.uk/history/handsonhistory

- Make a marvellous family mosaic
- Build a Roman Villa
- Build a Stone Circle/ Create Cave Art
- Resources for schools

Watch my Adventure Animation Films at bbc.co.uk/history/handsonhistory



Dig! Archaeology in Action FREE Event – Sunday 4 September The Forum, Norwich, 10am – 4pm

● Identify and Record Your Discoveries!

www.finds.org.uk

Every year thousands of **archaeological** objects are discovered, by people metal detecting or going about their daily life. Meet some of your local finds specialists who will be on hand to discuss your discoveries.

● A Unique Record for Norfolk

www.heritage.norfolk.gov.uk

The **Norfolk Historic Environment Record (HER)** is a comprehensive record of archaeological sites, historic buildings, registered parks and gardens and individual artefact finds making up the historic environment of Norfolk. An **archaeologist** will be available to show you over 55,000 records.

● Dig! with the Norwich 12 – 12 iconic Buildings, 1000 years of history

Join Norwich HEART and archaeologists for a series of drop-in sessions exploring the archaeology of the Norwich 12. Discover exciting facts about what the excavations unearthed, and how this helps us to understand the people who lived in the past.

● 'What's in the box?': Hold real geological specimens from our collection. Guess what's in the box, whilst learning about the animals that used to live millions of years ago. The Mo: Sheringham Museum

● Rock Painting: Use images of fossils from our collection to inspire your own fossil designs. Children can take home their very own homemade fossil! The Mo: Sheringham Museum

● BBC Dig Activities for Children – with Norfolk Family Learning and CSV

● Fusion Films: Come into the Forum's giant digital gallery, to see a selection of archaeology related films and images.

● Sedgeford Excavation: See some of the artefacts and objects excavated from the Anglo Saxon settlement and cemetery – along with some of the people who were buried there!

● Archaeology: Children's stories and crafts – Millennium Library

● Caistor Roman Town and the Iceni after Boudica: A talk by Dr Will Bowden, project leader, Caistor Roman Town – 2pm in the Millennium Library

Places to visit

Burgh Castle (Norfolk Archaeological Trust), nr. Great Yarmouth, grid ref. TG 474045. Built by the Romans in the late third or early fourth century, it is one of the most complete Roman sites in the UK with three walls of the fort surviving. The walls are cared for by English Heritage. Open daily, free entry, www.norfarchtrust.org.uk

Caistor Roman Town



(Norfolk Archaeological Trust), Caistor St Edmund, grid ref. TG230035. Known as Venta Icenorum, 'the market place of the Iceni', the Romans built a new town here after Boudica's uprising (61AD) and took full control of the Iceni lands in East Anglia, open daily, free entry. See events page for details of this summer's excavation, www.norfarchtrust.org.uk

Bloodgate Hill Iron Age Fort (Norfolk Archaeological Trust), next to Syderstone Road south west of South Creak, grid ref. TF848353. An Iron Age fort built 300-400 years before the Romans, open daily free entry, www.norfarchtrust.org.uk

Tasburgh Hill Fort (Norfolk Archaeological Trust) Upper Tasburgh, close to Tasburgh Church, grid ref TM201960; thought to be an Iron Age hill fort, information panel on site, open daily, free entry www.norfarchtrust.org.uk

Caister Roman Fort (English Heritage), Norwich Road, Caister-on-sea, nr Great Yarmouth NR30 5JS. Remains of a Roman fort of the Saxon Shore, including wall and ditch sections and building foundations. Built around 200 AD and occupied until the end of the 4th century, open daily, free entry. www.english-heritage.org.uk

Further information,
www.visitnorfolk.co.uk/dig and
www.heritage.norfolk.gov.uk

Branodunum Roman Fort (National Trust), grid ref. TF782440, the site of a Roman fort of the Saxon Shore, built between 225 and 250 AD replacing an earlier fort. Park at Brancaster Beach car park, then head east along the Norfolk Coast Path towards Brancaster Staithe. The fort's site is next to the coast path, www.nationaltrust.org.uk

Cromer Museum, Church Street, Cromer NR27 9HB. Find out about the West Runton elephant, Britain's oldest and most complete elephant fossil and see some of its bones. Open Mon to Sat, 10am to 5pm and Sun 1pm to 4pm until 30 October (also winter opening), entry charge, tel. 01263 513543, www.museums.norfolk.gov.uk



Eceni Study Centre, Warham Road, Wells-next-the-Sea NR23 1NG. Steve and Jo Parish have completed the first phase of an Eceni (Iceni) farmstead as a base to study ancient crafts and lifestyles. Open Wed to Sun 10am to 4pm to end September, plus October half term; entry charge, tel. 07742 424869, www.eceniwells.co.uk

Grime's Graves (English Heritage), Lynford, Thetford, IP26 5DE. The only Neolithic flint mine open in

Britain. The Anglo-Saxons named this grassy lunar landscape of 400 pits Grim's Graves. Excavation in 1870 identified the pits as 5,000-year old flint mines. Open daily 10am to 5pm to end of September (closes 6pm July and August), open Thurs to Mon in October, entry charge, tel. 01842 810656, www.english-heritage.org.uk/grimesgraves

Lynn Museum, Market Street, King's Lynn, PE30 1NL. Home of Seahenge. This astonishing Bronze Age timber circle is the museum's stunning centrepiece. Learn about the people who meticulously crafted the timbers, discover how it was found and how it has survived for 4,000 years. Open Tuesday to Saturday,



10am to 5pm, entry charge to end September, free entry October to March, tel. 01553 775001, www.museums.norfolk.gov.uk

Norwich Castle, Norwich NR1 3JQ – visit the Boudica Gallery and find out about East Anglia's Queen Boudica, admire the Snettisham Treasure – the largest collection of Iron Age gold and silver neck rings found anywhere in Europe and ride on a re-creation of an Iceni warrior's chariot. Open all year, Mon to Sat 10am to 5pm and Sun 1pm to 5pm to 2 October (closes 30 minutes earlier 3 October to 1 July 2012), entry charge, tel. 01603 493648, www.museums.norfolk.gov.uk

Sedgeford

Sedgeford Historical and Archaeological Research Project (SHARP) was established in 1996 to investigate the range of human settlement and land-use in the parish from earliest times to the present day. See Events listings for details of Sedgeford's Dig for a Day! activities.



Time and Tide Museum of Great Yarmouth Life, Blackfriars Road, Great Yarmouth NR30 3BX. Gallery featuring archaeology and the Romans in the Yarmouth area. Open daily all year, 10am to 5pm (opening times vary October to March), entry charge, tel. 01493 743930, www.museums.norfolk.gov.uk



Ancient House Museum of Thetford Life, White Hart Street, Thetford, IP24 1AA. See replicas of the stunning Thetford Treasure and internationally important Boudican period finds from the town, along with marble busts of Roman Emperors, Otho and Tiberius, collected as part of the grand

tour by the Earl of Arlington. Open all year Tues to Sat 10am to 5pm (closes 4pm Oct to March) entry charge (free October to March) tel. 01842 752599 www.museums.norfolk.gov.uk

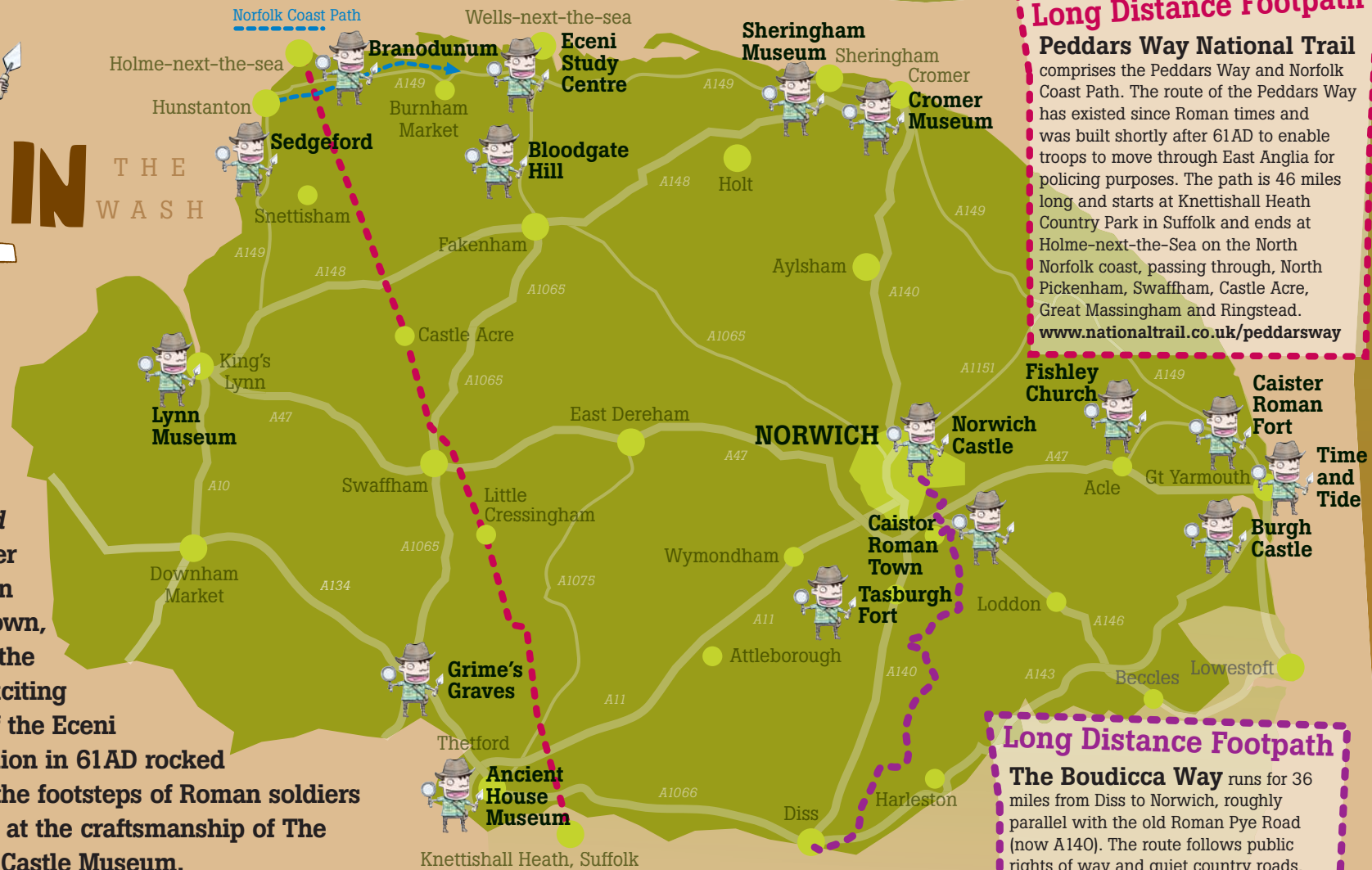
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DIG AROUND IN ANCIENT NORFOLK



BBC Learning and Norfolk Tourism invite you to *Dig Around in Ancient Norfolk* during summer and autumn 2011. Enjoy hands on archaeology at Caistor Roman Town, Sedgeford and at events around the county and discover Norfolk's exciting early history. Explore the land of the Eceni (Iceni) and Boudica whose rebellion in 61AD rocked the Roman occupation. Walk in the footsteps of Roman soldiers on the Peddars Way and wonder at the craftsmanship of The Snettisham Treasure at Norwich Castle Museum.



Long Distance Footpath

Peddars Way National Trail

comprises the Peddars Way and Norfolk Coast Path. The route of the Peddars Way has existed since Roman times and was built shortly after 61AD to enable troops to move through East Anglia for policing purposes. The path is 46 miles long and starts at Knettishall Heath Country Park in Suffolk and ends at Holme-next-the-Sea on the North Norfolk coast, passing through, North Pickenham, Swaffham, Castle Acre, Great Massingham and Ringstead. www.nationaltrail.co.uk/peddarsway

Long Distance Footpath

The Boudicca Way

runs for 36 miles from Diss to Norwich, roughly parallel with the old Roman Pye Road (now A140). The route follows public rights of way and quiet country roads, passing through villages like Shotesham, Saxlingham Nethergate and Pulham Market along the way. The path begins and finishes at Diss and Norwich railway stations. www.boudicaway.co.uk

EVENTS

Sedgeford, nr Heacham

Dig for a Day!

Sunday 3 July to Friday 5 August, excluding Saturdays, from 8.30am to 5pm. Sedgeford Historical & Archaeological Research Project (SHARP) is set up to investigate the entire range of human settlement and land-use from the earliest times to the present day.

This summer, SHARP is offering members of the public, the opportunity to 'Dig for a Day'. If you have an interest in archaeology and would like to find out first hand what happens on a real archaeological excavation, then this is for you! Although open to all ages, this is an ideal opportunity for children to gain their first taste of digging and to discover what archaeology is really about!

Free BBC Dig! 'Create your own Excavation' Family Activity to take home. There is no charge but spaces are limited and must be booked in advance; contact Brenda Stibbons Tel 01263 510969 or 07786 644980 (9am to 8pm)

bookings@sharp.org.uk,

<http://ccgi.sedgeford.plus.com/~sedgeford/blog>.

Caistor Roman Town, Caistor St Edmund nr.

Norwich. www.caistorromanproject.com and

www.norfarchtrust.org.uk

Caistor Roman project, three-week excavation

open to view daily, Thursday 18 August to Saturday 3 September, 10am to 5pm. This year the focus is on reopening part of the Roman forum (last excavated in the 1930s) and investigating traces of possible Anglo Saxon occupation.

Roman Dig Days, Sunday 21 and Sunday 28 August, 10am to 5pm, free hands-on family activities.

Join Dr Will Bowden, Associate Professor in Roman Archaeology at the University of Nottingham, and his team. How did the Romans keep their roads straight? Do some surveying using Roman instruments to find out and work with pottery and animal bones to find out how archaeologists use materials to study the past.

Your chance to dig! Take part in the specially created artificial excavation and find what the archaeologists have missed! Plus other activities and the chance to watch archaeologists at work uncovering Norfolk's largest Roman town. Free BBC Dig! 'Create your own Excavation' Family Activity to take home.

The Mo: Sheringham Museum,

NR26 8BG Tel. 01263 824482,

www.sheringhammuseum.co.uk, open Tue to Sat 10am to 4.30pm and Sun 12noon to 4pm until 31 October, entry charge.

Geology Rocks! activity week, Tuesday 16 August to Sunday 21 August. A week of exciting geology and archaeology themed events for the whole family (charges vary). Look out for practical archaeology and craft activities, and meet the 1.5 million year-old Weybourne elephant! Check website for more details.

Lynn Museum, Market Street, King's Lynn, PE30 1NL. Tel 01553 775001, www.museums.norfolk.gov.uk.

Eric the Archaeologist Trail, Saturday 23 July to Saturday 3 September, 10am to 5pm – family drop-in. Find Eric hidden in the museum displays and win a small prize! Includes entry charge.

Archaeology Day, Saturday 30 July to 11am to 2pm – family drop-in. Hands on activities and demonstrations, get close to some fascinating archaeological objects, including recently excavated finds from local gardens. Enjoy meeting archaeological experts and enthusiasts.

Members of the excavation team will be on hand to discuss the latest news from the dig at Sedgeford, plus whistle stop tours of the fascinating Bronze Age Seahenge exhibit and a chance to make something 'archaeological' to take away. £1 per person (includes entry).

Treasure! Thursday 3 November, 10.30am to 11.30am – under fives event. Explore the treasures of Lynn Museum. Find out what the Romans hid in a cow bone and make your own Roman treasure to take home. £1 per family (includes entry)

Ancient House, Museum of Thetford Life

White Hart Street, Thetford, IP24 1AA, tel. 01842 752599,

www.museums.norfolk.gov.uk

Awesome Anglo-Saxon Archaeology, Thursday 11 August, 10.30 am to 12 noon – children's workshop. Discover the secrets of Anglo-Saxon Thetford, handle real objects from the past and make your own Anglo-Saxon coin to take home. £1 per child (includes entry). Booking essential.

MORE EVENTS OVERLEAF



Thetford Treasure Trail, Saturday 23 July to Sat 3 September, 10am to 5pm – family drop-in. Take the Thetford Treasure Trail challenge to find out about this amazing Roman hoard found by a metal detectorist, included in entry charge.

Fascinating Flints and Chalk, Tuesday 9 August, 11am to 2pm, family drop-in. Find out why flint was so important to local people from the past through objects and science experiments. £1 and 50p Norfolk Museums Pass and museum friends (includes entry)

Thetford People From The Past, Tuesday 30 August, 11am to 2pm – family drop-in. Explore Thetford in the past. Meet the characters who had have made the town famous and find out about important archaeological finds, such as the Thetford Treasure. £1 and 50p Norfolk Museums Pass and museum friends (includes entry)

Roman and Iceni Arts and Crafts, Tuesday 25 October, 11am to 2pm – family drop-in. Be inspired by the collection of Roman and Iceni artefacts to create your own artwork. Design a fierce woad mask, create a torc bracelet and sculpt a Roman mosaic tile to take home. £1 and 50p Norfolk Museums Pass and museum friends (includes entry)

Cromer Museum, Church Street, Cromer NR27 9HB, Tel 01263 513543, www.museums.norfolk.gov.uk.

Stone Age Day, Wednesday 3 August, 10am to 5pm. Travel back in time and watch expert John Lord make flint tools. Handle prehistoric objects, bring in your own finds and help make a Stone Age wall painting. Drop in event, normal entry charges.

Mammoth Monsters, Thursday 18 August, 10am to 5pm. Discover the monsters of prehistory. Have fun with fossil handling, a craft activity trail and monster magic show. Drop in event normal entry charges.

Cromer Museum Guided Walks, please book in advance, £3 and £2.50 Norfolk Museums Pass, tel 01263 513543.

The Roman Fort at Burgh Castle, Saturday 6 August, 2pm to 4pm. Trevor Ashwin uncovers the history of this well preserved Roman fort. Meet at the car park, Butt Lane, Burgh Castle (grid ref. TG 478 049).

Warham Camp – Iron Age Norfolk, Saturday 24 September, 2pm to 4pm. Trevor Ashwin leads a tour of this 'hidden treasure'. Meet outside Three Horseshoes pub, Warham (grid ref. TF 944 417).

Neolithic and Bronze Age Norfolk, Saturday 22 October, 2pm to 4pm. Discover the mysterious prehistoric burial mounds at Salthouse and Kelling with Trevor Ashwin. Meet outside Salthouse Church (grid ref. TG 088 418).

Norwich Castle,
Norwich NR1 3JQ, Tel 01603 493648
www.museums.norfolk.gov.uk

Summer Holiday Archaeology Activity Days.
A range of archaeology activities on offer, including archaeology dustbins to examine objects from different time periods and the opportunity to handle and examine other archaeological objects from the museum collections. Normal entry charges apply.

Fun Roman Activities for families October half term
Monday 24 to Friday 28 October, normal entry charges apply.

Eceni Study Centre, Warham Road,
Wells-next-the-Sea NR23 1NG. www.eceniwells.co.uk

Ancient Craft Day, Saturday 23 July, 10am to 5pm
experience the textile skills of the Eceni, spinning, simple weaving and braiding techniques.
Book in advance with Jo Parish, mob 07927 906397.

Ancient Weapon Weekend, Saturday 13 and Sunday 14 August. Handle the weapons of the Eceni warrior and his Roman enemies. An Eceni weapons smith will be making examples of his stock in trade.
Book in advance with Steve Parish mob 07742 424869.

Tribal Weekend, Saturday 3 September and Sunday 4 September and Saturday 10 and Sunday 11 September, experience living in Iron Age Britain. Book in advance with Steve Parish mob 07742 424869

Time & Tide Museum of Great Yarmouth Life, Blackfriars Road, Great Yarmouth NR30 3BX. Tel 01493 743930, www.museums.norfolk.gov.uk
Dig This, Saturday, July 30, 11am to 4pm, meet the Roman legionnaire, find out how bones reveal history's secrets and learn how to record your archaeological finds. Drop in event, normal museum entry charges.

Fishley Church nr Acle NR13 6DA.
Tel 01493 751265, www.stmarys-fishley.com
Friday 12 August, investigating the lid of an ancient stone coffin in the churchyard with Dr Julian Litten.

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