

Mental health twilights taking place this term, the first session will be held at Norwich Professional Development Centre, and the remaining 6 sessions will take place at Lionwood Junior School, Wolfe Road, Norwich.

There will be seven twilight sessions to raise your awareness and provide strategies for supporting children and young people with mental health concerns such as anxiety, stress, depression, self-harm and eating disorders. Please see attached. This will be delivered by Educational Psychologists from the Behaviour Emotional Well-Being Team.

Please [click here](#) for more information regarding these sessions and the booking slip for these sessions.