

Hello, We are 3 girls from Dereham Neatherd High School: Kayleigh Lassman, 15; Ellice Bush, 15; and Ria Bush, 15 and we have been part of an internet safety project to help the surrounding areas, realise the dangers of the internet and how to protect themselves whilst using it, in a project run by WHAM by PACT-Partners Against Crime Taskforce. Our group is called Besecure.net!



Be secure Be Safe

Our aim of our internet safety project: To promote internet safety around youngsters, and parents so that they can teach their children about the dangers on the internet. Also, to keep as many youngsters as possible to stay safe online.

The team:



Our Progress so far:

At the start of the project we were interested to research certain details on internet safety, like 'has anyone ever met up with anyone off the internet', by taking a survey at our school. We received shocking results and decided that we drastically needed to change young people's views on the internet; that it isn't such a safe place as people think. We then produced a 30 minute presentation, including a game show, a short speech, a role play, a song and dance and a questions and answers session, where the students can ask questions if they have any queries. In total we have visited 7 Primary schools in Norfolk. We have also fundraised to send our DVD to every Primary school in Norfolk. We held 2 cake stalls to help fundraise for 2000 pens and 1000 stickers. Every child, whom we have visited, has received one of our pens, promoting internet safety. We have fundraised over £300 altogether, which we are extremely happy with! We then went on Radio Broadland and Nancy Cole interviewed us about our project. We then got a notice from Norfolk County Council saying how dangerous Bebo.com was, so we decided to act, and we sent, every Dereham Neatherd High school student, home with a letter warning them about Bebo.com and an internet safety advice sheet. We then appeared on Look East, Anglia TV, radio Norfolk and in The EDP. We have also appeared in the Dereham and Fakenham times various times, and we did an article about our project for Air Cadets, which has been put on various websites and local newspapers. We have made 2 displays at school, including internet safety tips and photos. We have also had a stall at the forum, where we have promoted internet safety and children could play our game show on the laptop. We are hoping to re-visit the primary schools next year after our exams!

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Internet Safety

The internet is a fun place to talk to your friends and to play games, however just please watch what you download on the internet and who you talk to, else you could get your self into a lot of trouble.



Here are some simple guidelines which you must follow whilst using the internet, it's for your own safety, so please follow them!

1. If you are unsure about anything on the internet, ask your parents! E.g. downloading a file or if you feel uncomfortable talking to someone online.

2. Do not talk to anyone you don't know on the internet or meet up with anyone you don't know.

3. Don't download any file which seems suspicious or from an unknown site, because there could be a risk of a virus.

4. Do not give out any personal information on the internet or send photos of you or anyone else.

5. Make sure you have virus protection on your computer. E.g. Panda, AVG, Norton anti-virus.

Bebo.com

We have recently done a feature on Bebo.com, and Norfolk county council emailed us, saying how dangerous it is for people of our age, because your details aren't safe on it, because anyone can access it. It is also being used for pornography, cyber bullying and other unsuitable uses. We also publicised these dangers in the EDP, on Anglia TV, on Look East and on Radio Norfolk, because we believe that it was a serious issue which people needed to hear about. We also sent over 1000 letters home to students, to warn them of the dangers of Bebo.com and afterwards, we noticed that a huge amount of pupils had closed their accounts on Bebo.com, which is a great result.



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Game page Let's now see how much you know, by playing some of our games and quizzes.



Α	D	W	А	R	Е	Η	S	G	0
F	0	R	U	Μ	S	S	Р	М	D
Q	Т	G	D	F	V	Ι	Y	Y	Q
С	N	Р	0	Ι	Ι	Ν	W	В	С
J	Н	Μ	0	0	R	Т	А	Η	С
S	Х	Ζ	V	R	U	Е	R	Р	Y
Р	0	Р	U	Р	S	R	Е	Κ	В
А	F	J	L	Q	W	N	Μ	L	E
М	J	В	L	0	G	Е	Х	D	R
А	Q	Y	Т	L	Ζ	Т	Т	S	R

Down:

1. A program capable of reproducing itself and usually capable of causing great harm to files or other programs on the same computer (5)

2. Software that monitors the activities of a user (7)

- 3. A global network connecting millions of computers (8)
- 4. Type of Bullying via email or messengers etc. (5)
- 5. Unwanted, unsolicited email (4)

Across:

- 1. Form of Spy ware which usually displays unwanted pop-up advertisements. (6)
- 2. An Internet site or online service which facilitates live communication (8)
- 3. A window that appears on top of the browser window. (6)
- 4. The areas where individual discussions take place as a listing of topics, on the internet. (6)
- 5. An online personal diary or self advertisement (4)



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Useful Contacts and Word search results.



Results

Down:

- 1. A program capable of reproducing itself and usually capable of causing great harm to files or other programs on the same computer virus
- 2. Software that monitors the activities of a user $\ensuremath{\mathsf{spyware}}$
- 3. A global network connecting millions of computers internet
- 4. Type of Bullying via email or messengers etc. cyber
- 5. Unwanted, unsolicited email (4) Spam

Across:

- 1. Form of Spy ware which usually displays unwanted pop-up advertisements. adware
- 2. An Internet site or online service which facilitates live communication chat room
- 3. A window that appears on top of the browser window. pop ups
- 4. The areas where individual discussions take place as a listing of topics, on the internet. forums
- 5. An online personal diary or self advertisement (4) blog

Contacts

NSPCC --- call free on 0800 800 500 Child line --- call free on 0800 1111

www.childnet-int.org www.kidsmart.org.uk www.thinkuknow.co.uk www.chatdanger.com www.bbc.co.uk/webwise www.dodifferent.org.uk/wham



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