



PE and Sport

CPD 2011-12

**“Empowering schools
to inspire and engage their pupils”**

Issue 4
Spring Term 2012

CPD makes a difference

Effective CPD is vital for school improvement, particularly if it raises standards of attainment and achievement by improving the quality of teaching and learning. Our courses have this as a central focus.

Motivated and Updated Staff

CPD should also impact on pupils' learning. When staff are motivated and updated, they are more confident and this impacts on pupils' learning. Our courses use the latest ICT and research to ensure staff are up-skilled.

Developing Teaching Assistants

Brown and Harris* found that increasing expenditure on Teaching Assistants was associated with raising standards. Our NPETCS programme is unique and proven to make an impact; aimed at Teaching Assistants to equip them with the knowledge for teaching PE and ensuring the delivery of High Quality PE and School Sport. We have 28 candidates taking part in the 2012 programme; on completion they will join over 200 Teaching Assistants that have already successfully achieved this High Quality PE Award.

*TDA report: *Increased expenditure on Associate Staff in schools and changes in student attainment*, John Brown & Alma Harris, Institute of Education, London.

Reminder to schools

From January 2012, any teacher (QTS) or Teaching Assistant working on poolside to provide swimming instruction to a small group under the direction of the swimming instructor **must have attended** the 'County Swimming Assistant Certificate' course (Ref ECSG1). For full details see MI Sheet 228/11.

Let's get social...



follow us @NorfolkPe



Like us 'Norfolk PE'

We will be keeping colleagues updated on the progress, review, draft and content of the **new National Curriculum** for PE via the Norfolk PE Facebook page. 'Like' the site and use the 'Notes' section to see how PE will be a statutory core subject in the new curriculum 2013.



Cluster Training Solutions

To help schools deliver effective CPD within difficult financial constraints we are keen to encourage schools to work collaboratively in their clusters. Spreading the costs of CPD can help ensure staff are able to access the support, training and activities they need to develop professionally and schools can plan effective improvement strategies. Further information can be found on the back page...

New Health and Safety National Guidance

The Association for Physical Education will be producing its 'Safe Practice in Physical Education and School Sport' 2012 Edition. This is the "bible" for health, safety and welfare in schools. To ensure full compliance and dissemination we have arranged CPD days in July and September, please see centre page for details.



High Quality PE Chartermark Award

Congratulations to the twelve schools that successfully achieved this prestigious award for the first time in 2011: Arden Grove Infant & Nursery, Cantley Primary, Denver VC Primary, Drayton CE Junior, Happisburgh Primary, Harleston CE VA Primary, Horsford Junior, Little Melton Primary and Manor Field Infant and Nursery, Acle High, Reepham High and The Clare School.

Further congratulations to the six schools that have been designated as High Quality PE schools for the second time: Anthony Curton CE VA Primary, Eastgate Primary, Great Dunham Primary, St. Michael's CE VC Nursery & Infant, White Woman Lane Junior and Aylsham High.

In total, **53 schools in Norfolk** currently hold this prestigious Award and the concept is now being replicated in other parts of the country. This year the Leader of Norfolk County Council, Derrick Murphy, has issued all schools with the challenge to aspire to achieve this award in the year of the most inspirational sporting event in the world – 2012! See centre page.



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Norfolk County Council
at your service

PE CPD Calendar

How to book

Book online www.cpd.norfolk.gov.uk/sdms/





If you have a query regarding PE CPD please contact Danielle Youngs
danielle.youngs@norfolk.gov.uk

Date	Time		Course	Course	Venue
March 2012					
8 th	09:30–16:00	  	Start date! County Award In Primary PE Subject Leadership (Modular programme)	ECSK2 B	Norwich PDC
22 nd	09:30– 16:00	  	Teaching High Quality Dance at KS1/KS2	ECSM5 A	Lionwood Infants
May 2012					
2 nd	09:30–16:00	  	Safe Supervision of Swimming <div>County Requirement</div>	CSE6 H	Norwich PDC
22 nd	09:30–16:00	   	Teaching High Quality Gymnastics at KS1	ECSJ4 B	The Bawburgh School
29 th	09:30–16:00	   	Teaching High Quality Gymnastics at KS2	ECSJ1 B	The Bawburgh School
June 2012					
21 st	09:30–16:00	  	Developing Fundamental Games Skills at KS1	ECSL9 B	YMCA Norfolk Ltd
28 th	09:00–16:00	   	Limited places left, book now! County Swimming Certificate - Supporting the Learning Poolside <div>County Requirement</div>	ECSG1 G	Abbey Conference Centre, Norwich
July 2012					
11 th	09:00–16:30	 	Primary Schools - Risk Management in Primary PE – ensuring safe practice	ECSJ6 D	Norwich PDC
12 th	09:00–16:30	 	Primary Schools - Risk Management in Primary PE – ensuring safe practice	ECSJ6 E	Norwich PDC
31 st	17:00	Deadline!	High Quality PE Chartermark Award Applications	Send to: Martin Radmore, Norwich PDC, Woodside Road, Norwich, NR7 9QL	
September 2012					
26 th	09:00–16:30	 	Primary Schools - Risk Management in Primary PE – ensuring safe practice	ECSJ6 F	Norwich PDC
27 th	09:00–16:30	 	Secondary Schools - Risk Management in Primary PE – ensuring safe practice	ECSJ6 G	Norwich PDC

Swimming: County Requirements. For full details regarding county requirements please see MI Sheet 228/11.

- **The Safe Supervision of Swimming Course** (Activity Ref ECSE6). Any Teaching Assistant who will be covering curriculum swimming lessons as the visit leader (acting instead of a Teacher with QTS) must have attended this course first.
- **The County Swimming Assistant Certificate – supporting the learning poolside** (Activity Ref ECSG1). From January 2012, any teacher (QTS) or Teaching Assistant working on poolside to provide swimming instruction to a small group under the direction of the swimming instructor must have attended this course.

Key to symbols

-  These courses are suitable for school staff with QTS (Teachers)
-  These courses are suitable for Teaching Assistants / NPETCS candidates
-  These courses have a practical component so please dress accordingly
-  These courses carry a local certificate of competence or CPD

Course Fees

pre 1st Apr / 1st Apr onwards

	Full day	Half Day	Modular programmes
Norfolk LA maintained	£160/163	£90/92	Please see individual programme details online
All other clients	£180/184	£100/102	

High Quality PE Chartermark Award

The Leader's 2012 Challenge



Derrick Murphy, Leader of Norfolk County Council

"I have had the pleasure of not only presenting schools with their awards but also visiting some of them and seeing the quality of their provision in person. The 53 schools in Norfolk, who have so far achieved this award, have shown a huge commitment to providing an excellent entitlement and experience for their pupils. This figure represents 13% of all our schools and includes a Pupil Referral Unit, Special Schools, Infant and Nursery Schools, Junior Schools, Primary Schools and High Schools – in fact every type of maintained provision. This is great news for pupils in Norfolk. I would personally like to encourage all schools in Norfolk to accept the challenge of putting in a bid this year – what a great way to celebrate 2012 with your school receiving the recognition for the quality of the PE provision offered to all pupils. Can you achieve this prestigious Award?"

Energising your school by celebrating high quality PE could start your focus on the inspirational events happening in London in the summer. In rising to this challenge, you will show the children and young people in your school how much you not only value PE but also an active and healthy lifestyle and the Olympic values. Teachers can also engage in the Olympic Conference planned by NIEAS on April 27th where workshops will share how staff can use the magic and inspiration of the Games. Booking Ref: EPQJ7/A (Cost: £60 or 2 for £100).

I hope that you will accept my challenge and submit your portfolio this year and I look forward to presenting our latest schools with their well deserved plaques and certificates at the High Quality PE Celebrations on March 2nd here at County Hall, Norwich."

Can you achieve this prestigious Award?

To apply for the High Quality Physical Education Chartermark Award Norfolk schools can submit their applications before 5pm on 31st July 2012. Further details and support for the process are available by contacting the PE and Sport Service (01603 303304). Details of support clinics will be sent to all schools later this term.

Bringing the **Games** into your school

27th April 2012, 9.00 am – 4.00 pm, Norwich PDC

- A wide variety of workshops, providing:
 - free resources and exciting ideas for use in class
 - a multitude of ways to integrate the 2012 Games into the curriculum
 - materials relevant to pupils at all stages: EYFS, KS1, KS2, KS3, KS4
- Games and activities, quizzes and competitions!



Picture taken from www.derekredmond.com

Plus an inspirational keynote presentation by

Derek Redmond

One of Britain's greatest ever 400m Olympic athletes, Derek brings a unique perspective to what it takes to set goals, overcome obstacles and succeed

**Do not
miss
out!**

Course fees: £60 per person (or two for £100)

Book online at: www.cpd.norfolk.gov.uk/sdms/ (Ref: EPQJ7/A)

In-house or Cluster Training – Cost Effective Training Solutions

High quality CPD makes a difference. Effective staff development impacts on learners.

We want to ensure schools can access effective PE CPD to help ensure all young people in Norfolk receive a high quality experience and entitlement within the curriculum. To help schools deliver effective CPD within difficult financial constraints we are keen to encourage schools to work collaboratively in their clusters. Spreading the costs of CPD can help ensure staff are able to access the support, training and activities they need to develop professionally and schools can plan effective improvement plans.

The **example below** is a package which schools may wish to access to ensure that they are not only delivering challenging and inspiring gymnastics lessons, but that their pupils are safe and all staff are following agreed procedures and that national and county guidance is complied with. Schools can access training opportunities across all the areas of activity including Games, Outdoor Adventurous Activities (OAA), Dance, Swimming, Gymnastics, Assessment and Risk Management.

Gymnastics at Key Stage 1 & 2 A collaborative model for school improvement



Example of a School's Objectives:

- To improve the quality and standards achieved by pupils in Gymnastics
- To improve staff confidence and competence

Is this your school? If so read on.....

Working in the **Cluster Model** an improvement programme can be developed in partnership with NIEAS and the **County PE Adviser**. To ensure effective support to deliver the objectives, a three stage development plan is available to schools who recognise this effective way of working.

Stage 1: Subject Leader Twilight

Planning and identifying the reasons behind the need. PE Adviser works with PE Subject Leaders to plan a progressive developmental programme to ensure staff are supported to deliver higher quality lessons, assess pupil progress more effectively and challenge and extend pupils within a safe learning environment. Also identifying the success criteria to ensure objectives have been met to ensure the impact of the programme.

Stage 2: Staff Training Twilight (Practical)

Covering aspects of safety, common misconceptions, what must be taught, how to deliver this effectively. Introducing basic skills, resource cards, DVD material, sequencing and putting together movements which link and flow answering the requirements of the national curriculum. Developing staff confidence so that they can teach high quality gymnastics, giving them tools and skills to do this.

Sounds Interesting? Meets YOUR needs?

Then contact us for further details. Collaborative approaches to ensuring effective continued professional development for staff are a real and genuine solution to the current financial climate.

Sharing training costs allow more opportunities for your staff which may not be otherwise available.

Contact us



Martin Radmore Lead Adviser / Manager Traded Targeted Teaching Services

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📍 NIEAS, Professional Development Centre, Woodside Road, Norwich, NR7 9QL

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