

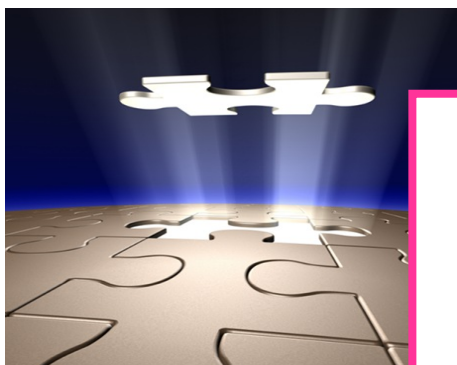


**Autism
Anglia**

Registered Charity No. 1063717

**Together
with..**

contact a family
for families with disabled children



PRESENTS

Autism Information Day

12th October 2012

At Keystone Innovation Centre

Croxton Rd, Thetford IP24 1JD

- Selection of pre-bookable information sessions with guest speakers covering a number of different topics (*small fee payable*) **Topics include: Social Stories, Visual Support, Managing Challenging Behaviour, Mental Capacity Act and much more.**
- **FREE** - drop-in and view at any time Exhibition area

Aims of the day:

- To increase knowledge and understanding of Autistic Spectrum Conditions (ASC)
- To increase knowledge of what is available for people who have an ASC, their families, carers and those who support them



Please put this date in your diary and contact us for more information



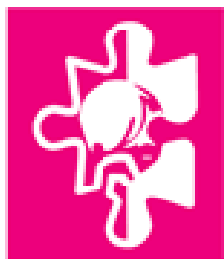
Email: exhibitions@autism-anglia.org.uk



Telephone / text: Anne Ebbage 07774 033050

Or download from our website:

http://www.autism-anglia.org.uk/events/info_day.htm

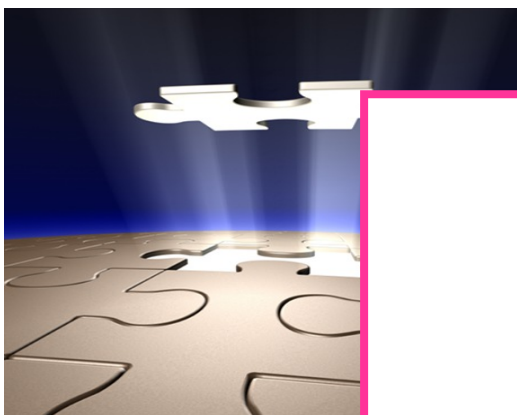


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Autism Information Day

12th October 2012

At: Keystone Innovation Centre
Croxtan Rd, Thetford IP24 1JD

Time: 10:00 – 16:00

Free parking available on site

**INFORMATION BOOKLET INCLUDING
INFORMATION SESSIONS PROGRAMME**



INFORMATION SESSIONS PROGRAMME - THETFORD 12th OCTOBER 2012

The information provided below was correct at the time of production of this booklet, however we reserve the right to make any amendments to the following where necessary

| TIME | BOOKING REF: | INFORMATION SESSION TITLE | |
|---------------|-----------------|--|---|
| 10:00 - 11:30 | NNR | 'Naturally Nurturing Remediation Strategies' | <p>Join Elisa Ferriggi, Think Autism Ltd and discover how to tailor interactions so that your child will learn to think for themselves, feel competent in interactions and get results in your interactions. In this action packed session you'll learn:</p> <ul style="list-style-type: none"> • Simple, low energy things that you can do to change the communication cycle between you and your child. • Strategies to more meaningful interaction exchanges with your child. • How to help your child process information effectively • The importance of remediation Vs. compensation. • View all behavior as communication. • How to tailor interactions so that your child will learn to think for him or her self, feel competent in interactions and be more emotionally connected in interactions. • Recognise subtle signs of stress, in order to consider environmental and lifestyle changes to reduce stress now and individualise task challenges. <p>Understand how attention determines learning outcomes. Parents can enhance their child's learning experience by understanding behaviour as communication and adapt their approach to achieve optimum interactions, improving quality of life now and in the future for child and the whole family.</p> |
| 10:15 – 11:15 | VIS | 'Visual Support' | <p>This session, delivered by Daphne Rowlands, Children Autism Services, will look at how Visual strategies could make a significant difference in a child's ability to understand communication better. Daphne will discuss various ways of presenting visual support, demonstrate ways of making them and talk about situations when their use may be beneficial for the child, parent, carer or professional. Showing examples, she will talk through how you could use them in different situations.</p> |

| | | | |
|---------------|-----|---|---|
| 10:15 – 11:15 | MCA | 'Mental Capacity Act' | This session delivered by Emma Farrar from The Professional Deputy Service will look at mental capacity and the law and how to make decisions and manage people's money who lack capacity. |
| 11:45 – 12:30 | EQA | 'The Equality Act and schools - what it means for your child' | Kim Barber, Norfolk County Council Children's Services will talk about the responsibilities of schools in relation to the Equality Act. She will also talk about how schools can meet the needs of pupils with an ASD and ensure that their practices are inkeeping with the Equality Act. |
| 11:45 – 12:45 | MOV | 'Moving – On from one school to another' | If your son or daughter is moving-on from one school phase to another, whether this is from Pre-school to Infant/primary or Infant to Junior or Primary/Junior to Secondary, Anne Ebbage, Autism Anglia will give tips to finding an autism friendly school and how to aid transition. |
| 11:45 – 12:45 | AAH | 'Accessing Acute hospitals' | Sally Ryan (Ipswich Hospital) Paul Hunter (West Suffolk Hospital) and Rebecca Crossley (James Paget Hospital) are all Learning Disabilities Liaison Nurses working within acute hospitals and have responsibility for overseeing and co-ordinating the implementation of the autism strategy within their individual Trusts. Additionally they are responsible for supporting the reasonable adjustments necessary to ensure equality of access to hospitals for people with autism. Together they will provide this information session on their roles and what they are doing to support accessibility of services. |
| 13:15 – 14:30 | MCB | 'Managing Challenging Behaviour' | This session, delivered by Julie Adcock from ASD Helping Hands , will look at: What is challenging behaviour; Triggers and effect of sensory issues; The Anger mountain and understanding the behaviour; De-escalation techniques |
| 13:15 – 14:15 | SOC | 'Social Stories' | Delivered by Daphne Rowlands, Children Autism Services , this session will look at how Social Stories can be used as a tool for teaching social skills to children with autism. Daphne will talk about the concept behind social stories, and showing examples, she will talk through when to use them, how you could use them in different situations, and different ways of presenting them. |

| | | | |
|---------------|-----|---|--|
| 13:15 – 13:45 | SHW | 'Working with Autism' | The content of this session delivered by Mark Craven, Team Leader LDDF & Suffolk Mental Health Projects, SHAW TRUST , will cover an overview of the Shaw Trust and their Suffolk contracts, how they work and success stories of clients on the Autistic spectrum. |
| 14:00 – 15:00 | CJS | 'Autism & the Criminal Justice System' | This session delivered by Alan Bicknell, Deputy Chief Exec, Autism Anglia , will look at why people with Autism can have contact with the criminal justice system & strategies for supporting them when they do. |
| 14:30 – 15:30 | INC | 'Informed Choices - saying No is good!' | We all make choices about what we do, where we live, who we live with, where we work, who we socialise with, and where we have fun. There is a perception that says that people with disabilities should accept every opportunity offered them, Norfolk Charity BUILD disagrees. This session, delivered by BUILD's Chief Executive, James Kearns , explores the processes for helping people make informed choices, and recognises that saying "NO" is equally as valuable as saying "YES" |
| 14:45 – 15:45 | WHV | 'We Have a Voice' | Annie Clements, CEO Autism & ADHD We Have a Voice is a new mutli media platform working with Young People with Autism and ADHD. It allows them to explore their daily challenges and experiences through a range of mediums such as film, music and a magazine thus improving the knowledge and understanding of the communities they live in and increasing their opportunities to flourish to achieve. This session will give you more information about the project and how you can get involved and have an opportunity to listen and talk to some of the Young People that have been involved so far. |

FREE entrance to Exhibition Area

[Drop-in and view anytime during the day, even if you don't attend any of the information sessions]

Information & exhibition stands will include

| | |
|---|--|
| Action for Children | Family Voice Norfolk |
| ASD Helping Hands | Homestart |
| Autism Anglia | Mencap |
| Autism & ADHD | Mental Health Research Network |
| Broadland Clinic - Hertfordshire Partnership NHS Foundation Trust | Norfolk SEN Network |
| BUILD Charity | Out & About |
| Bury, Ipswich & Great Yarmouth Hospitals | Shaw Trust |
| Cambian Group | Suffolk Family Carers |
| Contact A Family | The Befriending Scheme |
| City College Norwich | Think Autism Ltd |
| Daphne Rowlands Autism Childrens Services | Transition to adulthood (Norfolk County Council) |

Disclaimer:

**Please note: Autism Anglia & Contact A Family cannot be held responsible or liable for any of the content of information sessions provided at this event. Nor do Autism Anglia or Contact A Family necessarily endorse information and advice given by any of the information sessions leaders or stand holders.
We reserve the right to change any part of the event or programme without prior notice.**

All queries relating to information sessions please email: exhibitions@autism-anglia.org.uk or Telephone: Anne on 07774 033050

Food and refreshments

It is not permitted to bring your own food onto the premises of Keystone Innovation Centre.

Onsite 'Café One' provides a range of food & drinks available to purchase.

For just £3.00 you may wish to pre- order and purchase a lunch bag when booking your spaces on information sessions. Just tell us your choice of white or granary bread, sandwich filling, drink and snack/extra on the booking form. You will be given a voucher on the day to exchange for your pre-paid lunch bag. The bag contains a sandwich, drink and snack – please see below for choices available to order.

Options available for the lunch bag are as follows:

Sandwich Fillings all on white or granary bread:

Ham Salad or
Tuna Mayonnaise and Cucumber or
Egg Mayonnaise and Cress or
Cheese and Pickle

Carton of Fairtrade Juice Drink:

Apple or
Orange or
Tropical or
Bottle of Water

Snack/Extra:

Packet of Walkers Crisps (Plain) or
Piece of Fruit

Special dietary requirements

Please let us know on your booking form if you have specific dietary requirements so we can let the venue know.

Please also do this if you are intending to purchase food on the day so we can let them know in advance numbers who have specific dietary requirements to help them with their catering

INFORMATION SESSIONS BOOKING FORM - Autism Information Day at Thetford on 12th October 2012 -
CLOSING DATE FOR RECEIPT OF BOOKINGS IS: THURSDAY 4th OCTOBER 2012 - don't delay BOOK NOW!

Please use this first page to provide us with general information; complete the second page of this booking form for information about delegates and their choices of information sessions, packed lunch and any specific requirements they may have and the third page with information about payment. – please complete all three pages

Name of organisation (if relevant)

The following to be completed in all circumstances please

Address:

Contact details for this booking:

Name:

Tel:.....

email:

Terms & conditions of booking: We understand that once Autism Anglia has acknowledged receipt of this booking and payment where enclosed or has issued an invoice if requested below, that the cost of booking is non-refundable and invoices must be paid within the timescale stated. Autism Anglia has the right to amend any aspect of the event without prior notice. Spaces on information sessions will be allocated on a first come first allocated basis. All bookings must be accompanied by either full payment or the request for an invoice to be raised. All bookings must be made using this booking form.

I confirm that we have read and understood the terms and conditions of booking and in making this booking accept these.

Authorised signature:.....

Date:.....

Print name:.....

Position in organisation:

| Delegate(s) details and information session choice(s) | | | | | | | |
|---|--|--|--|--|--|--|--|
| Delegate's name(s) PLEASE PRINT | Role within organisation or state if parent / carer or individual with ASC | Booking reference(s) for required information session(s) for each delegate | | | | Please state any special dietary (even if you are not pre-purchasing a lunch bag) or any access requirements. | If pre-paid lunch pack required at £3 each please state choice of sandwich filling, bread, drink & extra item for each delegate |
| | | | | | | | |
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| booking ref | Time from and to | Information session | Cost per delegate space | Total spaces required | Cost |
|---|--------------------------------|--|-------------------------|--------------------------|------|
| NNR | 10:00 – 11:30 | ‘Naturally Nurturing Remediation Strategies’ | £5.00 | | £ |
| VIS | 10:15 – 11:15 | ‘Visual Support’ | £3.00 | | £ |
| MCA | 10:15 – 11:15 | ‘Mental Capacity Act’ | £3:00 | | £ |
| EQA | 11:45 – 12:30 | ‘The Equality Act & schools | £3.00 | | £ |
| MOV | 11:45 – 12:45 | “Moving – On from one school to another’ | £3.00 | | £ |
| AAH | 11:45 – 12:45 | “Accessing Acute Hospitals’ | £3.00 | | £ |
| MCB | 13:15 – 14:30 | Managing Challenging Behaviour’ | £4.00 | | £ |
| SOC | 13:15 – 14:15 | ‘Social Stories’ | £3.00 | | £ |
| SHW | 13:15 – 13:45 | ‘Working with Autism’ | £3.00 | | £ |
| CJS | 14:00 – 15:00 | ‘Criminal Justice System & Autism’ | £3.00 | | £ |
| INC | 14:30 – 15:30 | 'Informed Choices - saying No is good!' | £3.00 | | £ |
| WHV | 14:45 – 15:45 | ‘We Have A Voice’ | £3.00 | | £ |
| Pre-paid lunch bag(s) | | | Price per pack | Number of packs required | |
| PPL | Pre-paid lunch bag(s) required | | £3.00 | | £ |
| Total payable | | | | | £ |
| Payment: | | | | | |
| • Cheque payable to Autism Anglia enclosed for the sum of £ | | | | | |
| • Please send invoice for £ PO number(s) (if applicable) | | | | | |
| Invoice for the attention of: | | | | | |
| Invoice address: | | | | | |

Please return completed form with your cheque for payment (unless an invoice has been requested) to:
Autism Information Day (Thetford), Autism Anglia, Old Pharmacy Yard, Church Street, Dereham, Norfolk NR19 1DJ

Where an invoice is required your booking can be emailed to: exhibitions@autism-anglia.org.uk or FAX to: 01362 853730

**Please ensure you send your booking in time to reach us by our
closing date for receipt of bookings - 4th October 2012**

Booking form ref: AA1210/2012