

2013

Working with young people with challenging behaviours in the outdoors



Environmental and Outdoor Learning

Audience: Anyone working (or who would like to work) in the outdoors with groups of children or young people over a period of time. We welcome Forest School Leaders, Head Teachers, Teachers, Learning Support Assistants, freelancers and outdoor learning practitioners.

Context: Dealing with challenging behaviour in the outdoors presents additional challenges to group leaders (the lack of physical boundaries, the possible proximity to hazardous environments and the possible use of hazardous equipment/tools). Forest School approaches are proven to be particularly beneficial for students with special needs and EBD and we wish to support practitioners to develop the confidence to use Forest School and other forms of Outdoor Learning with a variety of clients.

This course is a 3 day WMOCN accredited course worth 3 credits.

We will delve into: what challenges us as leaders in the outdoors; theory on challenging behaviour, up-to-date neural research; triggers and causes for challenging behaviour, ways of dealing with 'real life' scenarios; de-escalation and formulating/reviewing your own policies, including looking at the validity of sanctions and rewards.

Objectives: This course will help delegates to:

- Further understand factors that lead to challenging behavior
- Meet learners' needs in the outdoors
- Adopt effective intervention strategies
- Explore some 'real' life scenarios and case studies
- review and write policies and procedures relating to behaviour and safeguarding
- Become more confident with supporting groups of young people in the outdoors
- Ensure they have the skills and understanding needed to complete a portfolio after the training
- Develop a sense of well-being having enjoyed three days in the beautiful surroundings of Houghton Hall

Important Information:

Please bring a packed lunch with you – we will provide hot drinks

Parts, or the majority, of the training will be outside, whatever the weather!

Course code: ECNK6A

Course date: 4th and 5th March 2013 0900 – 1700 and
6th March 2013 0900 - 1600 at Houghton Hall

Course Fees: Norfolk Schools £390

For more information and booking - <http://www.cpd.norfolk.gov.uk/sdms/>

Or email  CS.NIEASTraining@norfolk.gov.uk

