

Please note: We always aim to run our task afternoons, but if there is really adverse winter weather it may not always be possible. If there is heavy snow, or icy conditions, we would advise you to contact us on 07943 703919 on the morning of the task to make sure it is going ahead. Thanks!

Date/Time	Site	Activity	Meeting Points
Monday 7 th	Holt Hall	New Years resolution: help clear invasive species	Cromer Train Station 12.10pm, Sheringham Community Centre (Cromer Road) 12.25pm, Holt Hall Field Studies Centre, 1pm. WC. Bring your own refreshments & waterproofs today
Friday 11 th	Sheringham Park	Timber! Tree-felling at the Park.	Sanders No.9, Cromer 12.25pm, Sheringham 12.35pm. Meeting point: Sheringham Park National Trust car park 1pm. WC. Return: Sanders No.9, outside Sheringham Park entrance 4.25pm. Bring your own refreshments & waterproofs today.
Monday 14 th	Holt Day Services	Lending another horticultural hand	Sanders No.5, Cromer 11.55am, Sheringham 12.10pm Meeting Point: Holt Day Services, Charles Road 1pm. WC. Return: Sanders No.9, Coronation Road 4.10pm Bring your own refreshments & waterproofs today.
Friday 18 th	Sheringham to Roman Camp Walk	'Friends, Romans, Workout volunteers...' (5 ½ miles)	Sanders X44, Cromer 12.30pm. Meeting Point: Railway Station bus shelter, Sheringham 1pm. Return: Konectbus No.2, Station Approach, Sheringham 4.10pm. Bring your own refreshments & waterproofs today.
Monday 21 st	Holt Country Park	A winter wonderland of woodland work	Sanders No.5, Cromer 11.55am, Sheringham 12.10pm. Get off at Charles Road, Holt. NB: 10 minute walk to Meeting Point: Holt Country Park Visitor Centre 1pm. WC. Return: Sanders No.5, Charles Road, Holt 4.40pm
Friday 25 th	North Walsham Sadlers Wood	Banish the winter blues with some habitat management	Sanders No.4, Cromer 11.50am. Meeting Point: Eastern end of Nelson Road, North Walsham 1pm. Return: Sanders No.33, Market Place, North Walsham 4.10pm. Bring your own refreshments & waterproofs today
Monday 28 th	Holt Country Park	Tree-mendous tree planting!	Sanders No.5, Cromer 11.55am, Sheringham 12.10pm. Get off at Charles Road, Holt. NB: 10 minute walk to Meeting Point: Holt Country Park Visitor Centre 1pm. WC. Return: Sanders No.5, Charles Road, Holt 4.40pm

Date/Time	Site	Activity	Meeting Points
Friday 1 st	Walcott The Rookery	It's a wood-chucking Workout session!	Cromer Train Station 12.10pm, North Walsham Train Station 12.35pm, The Rookery, Rookery Farm Road, Walcott 1pm. WC. Bring your own refreshments & waterproofs today
Monday 4 th	Holt Country Park	Woodland management	Sanders No.5, Cromer 11.55am, Sheringham 12.10pm. Get off at Charles Road, Holt. NB: 10 minute walk to Meeting Point: Holt Country Park Visitor Centre 1pm. WC. Return: Sanders No.5, Charles Road, Holt 4.40pm
Friday 8 th	North Walsham Sadlers Wood	Walsham woodland work	Sanders No.4, Cromer 11.50am. Meeting Point: Eastern end of Nelson Road, North Walsham 1pm. Return: Sanders No.33, Market Place, North Walsham 4.10pm. Bring your own refreshments & waterproofs today
Monday 11 th	Holt Hall	Keep warm and carry on Rhodo bashing	*NO MINIBUS PICKUPS TODAY* Sanders No.5, Cromer 11.55am, Sheringham 12.10pm NB: 10 minute walk along footpath from Peacock Lane Meeting Point: Holt Hall Field Studies Centre, 1pm. WC. Return: Sander No.9, adj Railway Tavern, Holt 4.15pm. Bring your own refreshments & waterproofs today
Friday 15 th	Sheringham Patch Project	Getting the allotment ready for spring	Sanders Coaches No.9, Cromer 12.25pm Meeting point: Sheringham High School 1pm. Return: Sanders No.9, opp. High School 4.25pm. Bring your own refreshments & waterproofs today
Monday 18 th	Holt Hall	Out on Rhododendron patrol	*NO MINIBUS PICKUPS TODAY* Sanders No.5, Cromer 11.55am, Sheringham 12.10pm NB: 10 minute walk along footpath from Peacock Lane Meeting Point: Holt Hall Field Studies Centre, 1pm. WC. Return: Sander No.9, adj Railway Tavern, Holt 4.15pm. Bring your own refreshments & waterproofs today
Friday 22 nd	Cley Circular Walk	What wildlife will we (Cley) spy today? (5 ¾ miles)	Coasthopper, Cromer 12.30pm, Sheringham 12.45pm. Meeting Point: NWT Visitor centre car park 1pm. Return: Coasthopper, opp. Visitor Centre 4.30pm. Bring your own refreshments & waterproofs today
Monday 25 th	Holt Country Park	Habitat improvement	Sanders No.5, Cromer 11.55am, Sheringham 12.10pm. Get off at Charles Road, Holt. NB: 10 minute walk to Meeting Point: Holt Country Park Visitor Centre 1pm. WC. Return: Sanders No.5, Charles Road, Holt 4.40pm

MEETING POINTS

Please try and arrive at the meeting points early as we often work away from these and could be hard to find. Map available on request for routes to Holt Hall and Holt Country Park from bus stop.

WE PROVIDE

All tools. If a site has toilets this is indicated below by 'WC'.

PLEASE WEAR

Old clothes, sturdy shoes or boots & waterproofs.

CONTACT US

Email: nnworkoutgroup@gmail.com

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Visit: www.northnorfolkworkoutgroup.org

Write: **NNWG, c/o Countryside Section, North Norfolk District Council, Holt Road, Cromer, NR27 9EN.**