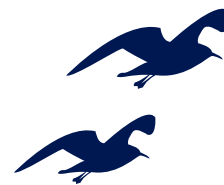


Activities at Brancaster Millennium Activity Centre



'Committed to embedding learning in all that we do by creating opportunities for personal discovery and life changing experiences'

- NT Learning Vision 2012



During a residential stay at the centre, young people will be involved in the centres strong environmental ethos and commitment to getting people 'outdoors and closer to nature'. Our qualified and experienced staff will help to bring the beautiful North Norfolk Coast to life through the activities you choose. As well as fun and adventure, young people will have a chance to access our outdoors in a relevant and interesting way and even work towards a National Trust's Young Ranger Award for those who complete a full week residential.

Activities

Please choose 6 activities from overleaf for a full week stay, most activities are available on non-residential visits.

On a full week stay your group will spend the first afternoon exploring the area under our staffs' guidance. There will also be a conservation activity, giving your group chance to contribute to the management of our habitats (for our regular customers these will replace the 'Go Green' and 'Stay Green' activities).

Notes

- Usual arrival time 11am, departure 1pm – please ensure you book your own coach travel.
- Price includes – all activities, 1 off-site visit if chosen, our excellent home cooking and essential travel once at the centre (16 seater minibus).
- Please refer to our Health and Safety document for visiting adult responsibilities.
- Water sports are tide dependant – we will confirm your timetable in plenty of time for your visit.



Sailing

Enjoy sailing in our stable 8 person Drascombe Longboat as you wind through the harbour and creeks at high tide.

Kayaking

Explore the creeks, 8 at a time, at high tide in NEW individual sit-on-top kayaks. (April to October inclusive).



With **Sailing and Kayaking** please chose a partner activity (led by your visiting adults) from the following. All materials and instructions provided.

Model Rafts- use your dexterity and knot skills to build the best model raft.

Flags and Codes- Learn nautical flag signals and communicate in code.

Crabbing- who can catch the most (best May-Sept).

Rafting

In teams construct and float your own real raft and explore the creeks at low tide (May to September inclusive).

Cycling

On and off-road cycling skills and games (all participants, adult and junior must be able to cycle).



Orienteering

Our new orienteering course hones your map reading skills through common and woodland and is a great introduction to this sport.

Coastal Safari

Get really muddy and have great fun exploring the saltmarsh and harbour creeks at low tide. A chance to look at animal and plant adaptations if wished.

Beach Fun

Walk to Brancaster Beach and enjoy beachcombing and games.



Team Challenges

A selection of team games and activities to develop personal and group skills.

Get Cooking

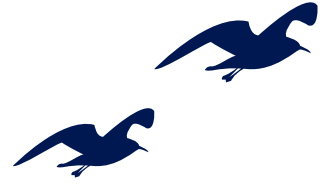
Children work with our head cook and staff to prepare a meal for the rest of the group. A chance to learn life skills, and making meals from basic ingredients.



Our Roman Past

Make Roman battle formations and explore our exciting history at Branodunum Roman Site.





Studies

Studies are best for year 5 and above

Go Green

An activity exploring sustainable living (regular schools will see an update of this activity on the usual theme). As Go Green is no longer a core activity, but some schools have requested to keep it, it is now available as a separate choice.

NEW Coastal Processes in action

Under development- this new version of our Coastal Processes unit will bring us up to date.

NEW Coastal Processes debate

Using local areas as a case study; children engage in discussion and debate about our changing coastline.

NEW Discover Sand Dunes

NEW Discover Salt Marsh

Explore our local habitats, identify key species and learn fieldwork techniques.

Our Discover units are adaptable to enable data collection for older groups if required



Offsite visits – one included in price

Seal trip

Visit the Grey and Common Seals on Blakeney point by boat.

Ecotech

Climb the only windturbine in the UK which has over 300 steps to a viewing platform.

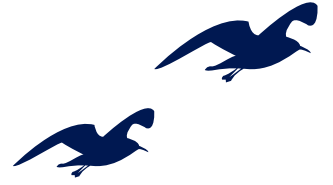
Birdwatching

Trip to a local bird reserve – or chose the option of birdwatching on a local walk.

Shelterbuiding or survival skills

With Woodland exploration at Sheringham Park (whole day visit – whole week stay only).





Evening

If wished on a whole week visit choose 2 evening activities from the following led by BMAC staff or arrange your own amusement.

Collage

Use recycled materials to make a crafty memento of your stay.

Quiz

Led by BMAC staff - ask for our quiz or bring/write your own.

Web of life

Food webs (suitable for children familiar with food chains).

Go Green in School Grounds

An activity designing wildlife-friendly spaces - useful if you are doing a project to re-vamp school grounds.

Get Knotted

Learn essential knots.

Weaving or Felting

Mini-weaving to create a memento of your stay or learn the skill of felt making; with local craftsperson, Sarah Pink. **Extra charge for tutor and materials.**



Please e-mail the centre your choice requirements (6 choices for a full week stay, for shorter stays contact the centre to confirm the number of activities you can complete) on brancaster@nationaltrust.org.uk - we will normally ask for your choices the Autumn prior to your visit – we will then return a timetable to you. Please let us know if you have any specific educational requirements for your visit.

We look forward to welcoming you to the Brancaster Millennium Activity Centre.





National
Trust

Special Offers at Brancaster Millennium Activity Centre



Pictured, clockwise from top left:
Coastal Safari!, raft building - a team building favourite; kayaking; sailing in our stable Drascombe longboat; explore the coast with our expert instructors

Outdoor Activities

Sailing, Kayaking, Cycling, Orienteering, Raft building and longer adventure days - learn new skills in the beautiful setting of the North Norfolk Coast.

Day Visits - 2012 prices held for this term

Be a roman soldier with our new Roman activity at Branodunum; explore the saltmarsh, learning about the habitat and getting muddy; or chose any of our other activities as a day visit (tides permitting).

LAST MINUTE HALF PRICE DEAL

We are offering the last few remaining weeks of the 2012/13 school year at HALF PRICE - contact us as soon as you can for details and to take advantage of this fantasitc offer.

Memories and Achievement

Research has shown that a residential activity stay for young people not only markedly improves learning and achievement; but creates positive memories and new skills which last a lifetime.

Visit nationaltrust.org.uk

Email brancaster@nationaltrust.org.uk

Call 01485 210719

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