

Norfolk STEPS/Positive Handling Training Programme

For parents of children aged 4-18 years who have special and additional needs and whose behaviours are physically challenging.

This course is **FREE** and designed to help parents, or other significant family members and carers who have a caring role, better understand and manage their child's behaviours.

The course aims to provide some understanding about behaviours that challenge, de-escalation skills and also some basic physical intervention techniques. Each person will have a personal evaluation at the end of the course where further issues can be explored on an individual basis.

The course is held over two half day sessions from 10am-1pm on consecutive Mondays, with a further informal follow-up session 4-6 weeks later on a Tuesday from 10am-12pm.

1. 15/04/2013 & 22/04/2013 (Follow up 14/05/2013)
2. 29/04/2013 & 13/05/2013 (Follow up 04/06/2013)
3. 20/05/2013 & 03/06/2013 (Follow up 18/06/2013)
4. 10/06/2013 & 17/06/2013 (Follow up 02/07/2013)
5. 24/06/2013 & 01/07/2013 (Follow up 16/07/2013)
6. 08/07/2013 & 15/07/2013 (Follow up 09/09/2013)

All sessions take place at The base, Cecil Road, Norwich, NR1 2TJ on site parking is available.

To book a place please contact Karen/Hannah at The base on

☎ 01603 463121 or ✉ thebasenorwich@gmail.com