



**Autism  
Anglia**

Registered Charity No. 1063717



**Working together to help parents and carers of children under 18  
years old who have or are thought to have an  
Autistic Spectrum Disorder or any other additional need to  
support each other and to gain and share information**

**Do you have a child with or thought to have an  
Autistic Spectrum Disorder or any other additional need?**

**Can't find the  
information you need?**



**Would you like to  
meet other parents  
and carers?**



**Then please come along to a**

## **FREE OPEN MEETING**

**To tell us your ideas for a parent support group in your area and  
what you would like from it.**

**Monday 29<sup>th</sup> April 2013 10am – 12noon**

**At: Trinity Sure Start Children's Centre,  
Black Street, Martham NR29 4PR**

**Anne Ebbage, Norfolk Autism Developments Advisor  
from Autism Anglia will lead this meeting**

**Everyone welcome**

*If you can't come but would like to let us know your suggestions  
please contact Anne or the Trinity Children's Centre.*



**You can just turn up, however to help us with refreshments we  
would appreciate you letting us know you are hoping to come.**

**Please leave a message for Anne: Mobile: 07774 033050**

**Email: [aebbage@autism-anglia.org.uk](mailto:aebbage@autism-anglia.org.uk)**

**Or telephone Trinity Sure Start Children's Centre on 01493 740242**



**Autism  
Anglia**

Registered Charity No. 1063717

**Stalham & Sutton**

**SureStart**

**Children's Centre**



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## **FREE OPEN MEETING**

**To tell us your ideas for a parent support group in your area and what  
you would like from it.**

**Tuesday 16<sup>th</sup> April 2013 10am – 12noon**

**At: Stalham & Sutton Children's Centre,  
Brumstead Road, Stalham. NR12 9DG**

**Anne Ebbage, Norfolk Autism Developments Advisor  
from Autism Anglia will lead this meeting**

**Everyone welcome**

*If you can't come but would like to let us know your suggestions please contact Anne.*



**You can just turn up, however to help us with refreshments we  
would appreciate you letting us know you are hoping to come.**

**Please leave a message for Anne:**

**Mobile: 07774 033050**

**Email: [aebbage@autism-anglia.org.uk](mailto:aebbage@autism-anglia.org.uk)**

**Or telephone Stalham Children's Centre on 01692 583710**



# LITTLE STEPS

A SUPPORT GROUP FOR PARENTS & CARERS OF CHILDREN WITH AN  
AUTISTIC SPECTRUM DISORDER, ASPERGER SYNDROME OR ADHD

Stay as long as you like

Young children welcome



Chat  
parent to  
parent

**Everyone welcome**

**10am – 12noon**

**Held at: Woodfields School,  
Sheringham, NR26 8ND (Free car parking)**

**Meeting Dates:**

**14th September 2012**

**5<sup>th</sup> October 2012 (Guest speaker Daphne Rowlands  
talking about Social Stories)**

**9<sup>th</sup> November 2012      7<sup>th</sup> December 2012      18<sup>th</sup> January 2013**

**8<sup>th</sup> February 2013      8<sup>th</sup> March 2013      3<sup>rd</sup> May 2013**

**7<sup>th</sup> June 2013      5<sup>th</sup> July 2013**

**Guest speakers will be arranged to talk on  
various topics at some meetings.**



**PLEASE CONTACT US FOR MORE INFORMATION OR  
TO LET US KNOW YOU MAY BE ATTENDING**

**Contact:**



**Angie on mobile tel: 07833 207837**

**or Nicola on mobile tel: 07535 002328**

**or**



**Email Anne at Autism Anglia: [aebbage@autism-anglia.org.uk](mailto:aebbage@autism-anglia.org.uk)**

***Supported by***

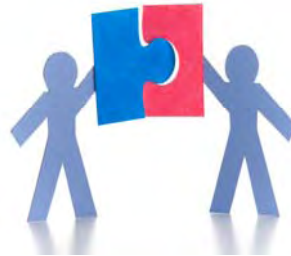


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# NORWICH AUTISM GROUP SUPPORT (N.A.G.S.)

**Drop-in anytime**

**No need to book, just turn-up**



**Stay as long  
as you like**

Chat  
parent to  
parent

**For parents & carers of children with an  
Autistic Spectrum Disorder  
Everyone welcome  
Drop-in anytime between  
10am – 12noon**



**Held at:**



**Hewett School, Norwich,  
NR1 2TJ**

(Accessed via Gate 2 on Cecil Road,  
follow signs to The Base. Free car parking)



## **Dates for 2013**

**10<sup>th</sup> January; 14<sup>th</sup> February; 14<sup>th</sup> March;  
18<sup>th</sup> April; 9<sup>th</sup> May; 13<sup>th</sup> June;  
11<sup>th</sup> July; 12<sup>th</sup> September; 10<sup>th</sup> October;  
14<sup>th</sup> November; 12<sup>th</sup> December**

**Some sessions will include guest speakers**



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**Telephone: Anne on 07774 033050  
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**Email: [aebbage@autism-anglia.org.uk](mailto:aebbage@autism-anglia.org.uk)**