

Date/Time	Site	Activity	Meeting Points
Friday 3 <sup>rd</sup>	<b>Sheringham Pretty Corner</b>	Oh so pretty! Maytime woodland management	Sanders No.5, Cromer 11.50am. Get off at Holway Road, Sheringham. 10 minute walk to <b>meeting point</b> : Pretty Corner car park (Holway Road) 12.30pm. <b>Return</b> : Sanders No.5, opp Cooper Road, 4.00pm. <b>Please note earlier start</b>
Monday 6 <sup>th</sup>	<b>**NO TASK**</b>	<b>**NO TASK**</b>	<b>**NO TASK – spring bank holiday**</b>
Friday 10 <sup>th</sup>	<b>Sheringham Park</b>	Habitat improvement at the Park	Sanders No.9, Cromer 12.15pm, Sheringham 12.30pm. <b>Meeting point</b> : Sheringham Park National Trust car park 1pm. WC. <b>Return</b> : Sanders No.9, outside Sheringham Park entrance 4.20pm. <b>Bring your own refreshments today</b>
Monday 13 <sup>th</sup>	<b>Holt Country Park</b>	Seeing the woods for the trees – woodland work	Sanders No.5, Cromer 11.50am, Sheringham 12.05pm. Get off at Charles Road, Holt. 10 minute walk to <b>meeting point</b> : Holt Country Park Visitor Centre 1pm. WC. <b>Return</b> : Sanders No.9, Charles Road, Holt 4.05pm
Friday 17 <sup>th</sup>	<b>**NO TASK**</b>	<b>**NO TASK**</b>	<b>**NO TASK** Volunteers Day Off – enjoy!</b>
Monday 20 <sup>th</sup>	<b>**NO TASK**</b>	<b>**NO TASK**</b>	<b>**NO TASK** Volunteers Day Off – enjoy!</b>
Tuesday 21 <sup>st</sup>	<b>North Walsham Skeyton Woods</b>	Ragwort removal & lakeside picnic - with Great Yarmouth Green Gym	<b>PLEASE NOTE: THIS IS A TUESDAY TASK!</b> <b>MINIBUS AVAILABLE</b> North Walsham train station 12.55pm. <b>Meeting point</b> : Weavers Way car park, Church Road, Felmingham 1pm. Minibus journey to site.
Friday 24 <sup>th</sup>	<b>Muckleburgh Hill &amp; Kelling Heath Walk</b>	Up hill and down dale (4 miles)	Coasthopper, Cromer 12.30pm, Sheringham 12.45pm. <b>Meeting point</b> : Junction of Weynor Gardens/A149 1pm. <b>Return</b> : Coasthopper, opp Weynor Gardens 4.30pm. <b>Bring your own refreshments today</b>
Monday 27 <sup>th</sup>	<b>**NO TASK**</b>	<b>**NO TASK**</b>	<b>**NO TASK – spring bank holiday**</b>
Friday 31 <sup>st</sup>	<b>Sheringham Park</b>	Working in the woods in the merry old month of May	Sanders No.9, Cromer 12.15pm, Sheringham 12.30pm. <b>Meeting point</b> : Sheringham Park National Trust car park 1pm. WC. <b>Return</b> : Sanders No.9, outside Sheringham Park entrance 4.20pm. <b>Bring your own refreshments today</b>

**Please note: all bus times are correct at the time of printing but it is always advisable to check the relevant timetables in advance of any task in case of any change.**

Date/Time	Site	Activity	Meeting Points
Monday 3 <sup>rd</sup>	Holt Hall	Walled garden or woodland – it's hall good	Sanders No.5, Cromer 11.50am, Sheringham 12.05pm. Get off opp Kelling Road, Holt. 10 minute walk along Kelling Road to <b>meeting point</b> : Holt Hall Field Studies Centre, 1pm. WC. <b>Return</b> : Sander No.9, adj Kelling Road, Holt 4.15pm. <b>Bring your own refreshments today</b>
Friday 7 <sup>th</sup>	Walcott The Rookery	"There ain't nothing in the woodshed, except maybe some wood..."	<b>MINIBUS AVAILABLE</b> Cromer Train Station 12.10pm, North Walsham Train Station 12.35pm, The Rookery, Rookery Farm Road, Walcott 1pm. WC.
Monday 10 <sup>th</sup>	Holt Country Park	Helping our local green spaces	Sanders No.5, Cromer 11.50am, Sheringham 12.05pm. Get off at Charles Road, Holt. 10 minute walk to <b>meeting point</b> : Holt Country Park Visitor Centre 1pm. WC. <b>Return</b> : Sanders No.9, Charles Road, Holt 4.05pm
Friday 14 <sup>th</sup>	Bodham & Baconsthorpe Castle Walk	Storming the castle – circular wildlife walk (5 miles)	Sanders No. 9, Cromer 12.15pm, Sheringham 12.30pm. <b>Meeting point</b> : Bodham village hall car park, 1pm. <b>Return</b> : Sanders No.9, opp Old School, Bodham 4.15pm. <b>Bring your own refreshments today</b>
Monday 17 <sup>th</sup>	Holt Country Park	Go Wild in the Country (Park)!	Sanders No.5, Cromer 11.50am, Sheringham 12.05pm. Get off at Charles Road, Holt. 10 minute walk to <b>meeting point</b> : Holt Country Park Visitor Centre 1pm. WC. <b>Return</b> : Sanders No.9, Charles Road, Holt 4.05pm
Friday 21 <sup>st</sup>	Sheringham Pretty Corner	"Summer's lease hath all too short a date", so join us for workout fun today!	Sanders No.5, Cromer 11.50am. Get off at Holway Road, Sheringham. 10 minute walk to <b>meeting point</b> : Pretty Corner car park (Holway Road) 12.30pm. <b>Return</b> : Sanders No.5, opp Cooper Road, 4.00pm. <b>Please note earlier start</b>
Monday 24 <sup>th</sup>	Holt Country Park	If we go down to the woods today, we're sure of some exercise...	Sanders No.5, Cromer 11.50am, Sheringham 12.05pm. Get off at Charles Road, Holt. 10 minute walk to <b>meeting point</b> : Holt Country Park Visitor Centre 1pm. WC. <b>Return</b> : Sanders No.9, Charles Road, Holt 4.05pm
Friday 28 <sup>th</sup>	Sheringham Park	Trust in us – habitat management	Sanders No.9, Cromer 12.15pm, Sheringham 12.30pm. <b>Meeting point</b> : Sheringham Park National Trust car park 1pm. WC. <b>Return</b> : Sanders No.9, outside Sheringham Park entrance 4.20pm. <b>Bring your own refreshments today</b>

## MEETING POINTS

Please try and arrive at the meeting points early as we often work away from these and could be hard to find. Maps with route to meeting points from bus stops are available on request.

## WE PROVIDE

All tools. If a site has toilets this is indicated by 'WC'. At some sites tea/coffee is provided.

## PLEASE WEAR

Old clothes, sturdy shoes or boots & waterproofs.

## CONTACT US

Email: [nnworkoutgroup@gmail.com](mailto:nnworkoutgroup@gmail.com)

Telephone: **07943 703919**

Visit: [www.northnorfolkworkoutgroup.org](http://www.northnorfolkworkoutgroup.org)

Write: **NNWG, c/o Countryside Section, North Norfolk District Council, Holt Road, Cromer, NR27 9EN.**