

SWIMMING TEACHERS' ASSOCIATION (E-ANGLIA REGION)

POOL EMERGENCY PROCEDURES CERTIFICATE FOR TEACHERS & YOUTH LEADERS

FRIDAY 7 JUNE 2013 8-30 am – 3.00 pm

Tutor: John Holden

Venue "Swim Smart," "Little Edgewood," Norwich Road, REEPHAM, Norfolk
NR10 4NR

Holders of the above certificate are able to act as a trained rescuer in pool rescue, adult, child and infant CPR and to deal with poolside emergencies in accordance with the HSE Publication "Managing Health & Safety in Pools" and British Standard BS EN 15288 swimming pools part two, safety requirements for operations. It is valid for programmed swimming in a pool and is ideal for teachers and youth leaders who teach classes.

However, it is not a substitute for the full Pool Lifeguard Qualification nor is it valid for leisure swimming or any form of open water activity. The qualification is valid for two years.

Cost is £45.00 and will include the assessment fee, manual and refreshments but not lunch. Please apply by Wednesday 6 March at the latest on the application form.

Please read the following Expectations **before** you apply:-

- Candidates will be expected to be able to swim 25m competently
- Candidates will have to retrieve a training manikin from the deep end of the pool (1.65m)* as part of the assessment.
- Candidates will have to complete four medical questions. (see form)
- The School, the STA, nor the tutor is responsible for any loss or damage to vehicles or personal property whilst on the course.
- No refunds in any circumstances.(unless the course is cancelled)
- Candidates are expected to participate fully in the course.
- Candidates participate at their own risk.

*Arrangements can be made for a deeper water endorsement. (If required)

Swimming Teachers' Association (E-Anglia Region)

I wish to apply for a place on the STA PEP Course on 7 June 2013 in Norwich.

Name.....

Address.....

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Post code.....Tel.....E-mail.....

D of B.....if under 18 (minimum age 14 years)

Please read and answer the following questions carefully.

	YES	NO	
1	<input type="checkbox"/>	<input type="checkbox"/>	Are you pregnant?
2	<input type="checkbox"/>	<input type="checkbox"/>	Have you ever have suffered from swelling of lips/face, itching, redness or blistering within 15-20 minutes of contact with latex? (I.e. blowing up balloons, wearing rubber gloves or using any other latex product.)
3	<input type="checkbox"/>	<input type="checkbox"/>	Do you have any medical conditions, such as those set out above, for which a doctor's written permission to participate is required?
4	<input type="checkbox"/>	<input type="checkbox"/>	Are you willing and able to take part in the physical aspect of the course?

Please note the STA's Regulations below

Wearing of jewellery is not permitted

For candidates with allergies to chemicals in water, a supportive letter is required from their doctor requesting the use of goggles

I have read, understood the expectations and answered the medical questions to the best of my knowledge at the time of application. I enclose a cheque for £45.00 made payable to "John Holden." (Sorry, but I cannot take telephone bookings or credit cards)

Signed.....

Date.....

Post with payment to John Holden. 18 George Hill, Old Catton, Norwich NR6 7DE

Closing date, Monday 28 May 2013