Primary Physical Education Courses 2013 /14



Accredited Courses



Norfolk High Quality PE Teaching Award

Delivery- theory and practical Accredited Course – Level 3 (12 Credit value) Audience- Teachers (QTS)

This new course is a must for all staff teaching PF. It will take what was taught in college and significantly extend it to ensure that you are more confident and competent in teaching across all the areas of activity, planning high quality PE, assessing it, ensuring progression and delivering a high quality PE entitlement and experience for all pupils. This is the NPETCS course for teachers (QTS) and with the new funding allowing teacher release there is now no reason why we cannot support our schools taking the opportunity to empower all of their teaching staff in the area of high quality PE. This course is *highly recommended* to achieve a sustainable outcome from the new funding for PE and to demonstrate to Ofsted the significant impact of the spend.

(activity ref. ECTA5)

Norfolk PE Teaching Competence Standards (NPETCS)

Delivery- theory and practical Accredited Course - Level 3 (12 Credit value) Audience- Teaching Assistants, Instructors, Cover Supervisors

Our award winning and highly acclaimed course designed for Learning Support Assistants, Teaching Assistants, Instructors, Coaches and Cover Supervisors who are timetabled to teach or support in Physical Education lessons or those who have had no formal training but wish to update their skills. It covers how to meet National Curriculum (2013) requirements. Ofsted Quality of Teaching and expectations of delivering high quality PE lessons, planning, target setting, inclusive practice, ensuring progress, and health & safety. All areas of activity are covered. This course is highly recommended to achieve a sustainable outcome from the new funding for PE and to demonstrate

This course is part of our nationally recognised sustainability programme and legacy tool. We want to ensure all primary pupils receive a high quality primary pupils receive a night quality experience and entitlement to high quality PE. This programme helps make the vision a reality. Places are limited on this course and cohorts are recruited at different times of the school year. This course also requires a school based mentor (QTS) to support the learner's development and the successful achievement of the NPETCS course

(activity ref. ECTA6)

Primary PE Subject Leader Award

"If all primary schools used their ringfenced PE money to ensure that they addressed the Quality of Leadership and Management (Ofsted) it would make a significant impact on the quality of provision in PE, the quality of teaching and learning and pupil achievement. It would leave a true legacy." M. Radmore - PF Adviser

Delivery- theory Accredited Course – Level 3 (12 Credit value) Audience- Teachers (QTS) and NPETCS qualified teaching assistants

This course aims to provide established and new Primary PE subject leaders with knowledge, skills and understanding to lead and manage PF provision in their schools. focuses on establishing a clear vision monitoring standards of teaching and learning, pupil achievement and overall provision. The course provides key information and resources to effectively develop and lead high quality PE within a primary school. This course is supported by a dedicated web-resource. It will also allow candidates to have an understanding of how the principles that underpin PE lead to high quality outcomes for their pupils. The course embeds the Ofsted framework and will help embed the new curriculum for PE as well as self-evaluation and action planning. This course is highly recommended to demonstrate the effective impact of the new ring-fenced funding for PE. In order to support our wider vision we hope that all primary schools will look to get their subject leader through this programme over the next

(activity ref. ECTA1)

Teaching High Quality Dance in the Curriculum

Delivery- theory and practical Accredited course – Level 3 (6 Credit Value)

This accredited course is unique to Norfolk and delivered in partnership with Dance professionals from Slanted Dance. This course will be the expected minimum standard for outside teachers coming into schools to support the curriculum and a must for PE subject leaders. This course will give you huge confidence, content and competence to not only deliver high quality dance but to support others -monitoring standards and inspiring your colleagues through peer support. Dance has so much to offer and is embedded within the new curriculum. This course will allow any school to build upon their current provision, extend it towards outstanding and ensure a high quality experience for the pupils.

(activity ref. ECTB1)



County Gymnastics Award

Delivery- theory and practical Status: Specified Local Award for Teachers or school staff teaching gymnastics in the primary phase – compliance by 2015

This course will develop and extend the knowledge and understanding of all staff teaching Gymnastics in primary schools and build confidence in their delivery of high quality gymnastic lessons. The progressive and safe teaching of basic gymnastics skills will be explored and combined with this an understanding of the basic principles of movement, good sequence construction and how to extend pupils work onto apparatus. The course demonstrates the County approved method of handling and moving apparatus as well as ensuring compliance with all other County requirements. The course will also equip practitioners with the knowledge and understanding to encourage creativity and help pupils to build more complexity into their movement sequences to

(activity ref. ECTA8)4



Booking Our Quality Assured Training Courses

This could not be easier. All the courses listed here have a unique activity reference code to facilitate booking. Visit the online booking

www.cpd.norfolk.gov.uk/sdms/

Type in the reference code or course title and of course to book your places.

Assistance is always available via our dedicated training team who will be only too pleased to help you book. Contact

Tel: 01603 303313

Safe Supervision of Curricular **Swimming Lessons**

Delivery- theory (half-day course) Status: Mandatory

This course is a County requirement if a head teacher wishes to deploy Teaching Assistants as visit leaders to support curricular swimming lessons. It provides staff with support in carrying out and fulfilling their Duty of Care - ensures compliance with all national and local guidance and best practice

(activity ref. ECSE6)

Teaching and Learning

'Good' Primary Physical **Education lessons and how** to achieve them [Part 1]

Delivery- theory

This course is aimed at all those delivering Physical Education in curriculum time (class teachers, PE subject leaders TA's who are NPETCS trained) This is a half-day course. The programme illustrates what a 'Good' lesson in PE looks like and helps identify the next-steps for candidates in achieving or consolidating this. The programme will utilise the twelve principles to enable learners to succeed in PE as well as strategies relating to building teachers outstanding lessons in PF. This builds into the

(activity ref. ECTA2)



Moving from Good to Outstanding in the Teaching of PE [Part 2]

Delivery- theory after Part 1 or

This course explores strategies to develop the learning time and allow pupils to progress in PE, it also embeds the twelve principles of enabling learners to be successful in PE which is based heavily on Ofsted and the new curriculum. The course will also use strategies to build teachers confidence to enable them to teach outstanding lessons in KS1 and KS2 PE.

(activity ref. ECTA3)



Assessment - a practical guide to aettina it riaht in vour school

Delivery- theory

This course supports delegates by working through practical examples of what effective assessment looks like (including AfL), the County Assessment Framework, what pupils should know, understand and be able to do and how to ensure compliance with the new curriculum and Ofsted requirements. The course will help delegates appreciate what Good looks like and how to present this to

(activity ref. ECTA4)



High Quality P.E. at KS1/2 - Effective self evaluation and achieving 'Outstanding

Delivery- theory

This course is designed to support delegates to identify what high quality PE is, what it looks like and how to measure its impact. The course will cover how to get a good or outstanding judgement for Quality of Overall Provision for PF and to how to evidence progress and attainment in all Key Stages. It will also look at meaningful measures to demonstrate the impact required by the Government, through Ofsted, for the use of the new funding in Primary PE

(activity ref. ECTA7)



Teaching High Quality Outdoor and Adventure

Delivery- theory and outdoor practical activity A practical course that explores the basic skills and core principles for teaching high quality outdoor and adventurous activities within the primary curriculum. This area of activity is especially relevant to developing collaborative skills, problem-solving and team work. It covers equipment and its effective use, how to delive lessons, the progression of what should be taught first and gives you resource ideas to use on your school site. The course is designed to help you challenge your pupils and help them to enjoy a different area of activity within the curriculum. (activity ref. ECTB5)

Teaching High Quality Athletics – raising the bar! Run, Jump, Throw!

Delivery- theory and practical This course will develop and extend the knowledge and understanding of all teachers, colleagues providing cover for physical education lessons, TA's and HLTA's in Key Stage 1 and Key Stage 2. It seeks to empower staff by building confidence in their delivery of progressive, purposeful learning which challenges and includes all pupils in exciting athletics lessons. It demonstrates how to develop pupils' all round physical literacy and athletic fluency through a range of enjoyable and stimulating activities and challenges based on the core body actions of running, jumping (activity ref. ECTB2)

Risk Management in **Physical Education** Delivery- theory

Areas of Activity

County Certificates of Competence

County Swimming

Certificate - Supporting

Delivery- theory and practical (this course

does require candidates to enter the pool)

This course is a County requirement for all

and school staff who are working alongside

instructor and who will be teaching a small

the fully qualified swimming teacher

primary phased teachers, teaching assistants

group of pupils in shallow water. It allows staff

to operate in shallow water (less than 1.0 m)

qualified swimming teacher / instructor. This

event, the school receives all the resources to

course is well resourced and all candidates

with no more than a group of 10 pupils of a

similar ability, under the supervision of a

receive a CD or if organised as a cluster

the Learning Poolside

Status: Mandatory.

(activity ref. ECSG1)

This course is designed to support all staff in the delivery of safe yet challenging PE. Based upon the required Safe Practice in PE and School Sport manual (2012) it will ensure staff are fully aware of their duty of care and how to discharge it, how to reduce risk and manage PE situations effectively. The course also ensures schools are able to comply with national and local safety guidance and best practice (activity ref. ECTB4)

Games Teaching -Getting it right!

Delivery- theory and practical
This course will look at how to ensure all pupils are challenged and extended in and through games. It will establish how to support the concept of transferable learning across the key categories of games in the primary curriculum. Organising and managing groups outdoors can be a major concern and getting it right to ensure little time is wasted is something that Ofsted often cite as a problem in primary schools. This course will demonstrate practical solutions to these problems and help staff to ensure their teaching is not only high quality but (activity ref. ECTB3)

Can't find what you need?

Contact us to discuss your schools specific needs, whether for a group of colleagues, your whole staff or even a cluster.

Inspiring and **Creating Dance in** and across the Curriculum

Delivery- theory and practical This course is all about empowering staff to deliver exciting and challenging dance education within the new curriculum. This course is delivered by dance professionals. The course is highly recommended and involves working with dance professionals to inspire you and your pupils to engage in higher standards of dance and movement. A must for all those who feel that they want to make their dance lessons come to life and embed learning and cross-curricular planning. (activity ref. ECTB6)

Bespoke and **Cluster Training**

The vast majority of our courses can be delivered locally. including the accredited courses if numbers are sufficient to ensure viability. This can make a significant saving to you as a school

To discuss your schools training and CPD needs, contact: Martin Radmore on 01603



Book online: www.cpd.norfolk.gov.uk/sdms/ Contacts: Martin Radmore County PE Adviser Tele: 01603 307701/303313











Norfolk Integrated Education Advisory Services