**Teaching** and Learning

## OCN Level 1 -Introduction to Forest School



orfolk Integrated

A two-day accredited course providing an introduction to 'Forest School', a particular method of working with people over time within the natural world to develop self esteem and emotional resilience.

The course gives an introduction to both practical outdoor skills (such as using knots and lashings, species identification, games and crafts) and theoretical understanding which underpins outdoor practice (such as holistic development, play, risk/benefit analysis).

The training consists of both indoor and outdoor elements within a natural environment.

This course is nationally recognised and accreditated through the Open College Network (OCN)

Important information for delegates:

- Much of the day will take place outdoors, so please bring suitable outdoor wear (warm layers, long trousers, full waterproofs, walking boots or similar, and if it's a hot day, suncream and a water bottle)
- Please bring a packed lunch with you
- Pre-course information will be emailed as an attachment to the booking confirmation nearer to the date of the course, so please check with the school office for the attachments.

**Date and Time:** 3 and 4.3.14 from 9.00 am - 5.00 pm

Holt Hall Field Studies Centre Venue:

Cost: £330 per delegate

Course Ref: ECNG8

For more information and to make a booking

□ cpd.norfolk.gov.uk/sdms or ৩ nieastraining@norfolk.gov.uk



