

PE and Sport Premium

Outcomes for Children and Young People

All young people are entitled to benefit from high quality physical education and there is significant evidence to show this supports other learning right across the curriculum. It also contributes to healthy and active lifestyles, improves emotional well being, reduces poor behaviour, increases attendance and develops key skills such as leadership, confidence and social skills.

What could I do as headteacher to make PE and sport outstanding?

- Monitor the quality of teaching and leadership of PE, and take action when outcomes for pupils are less than consistently good.
- Provide weekly opportunities for all pupils to participate and compete in school sport.
- Enable the most able to excel.
- Make sure all pupils can swim by the end of KS2.
- Increase the time given to PE (min 2hrs).
- Get involved and inspire others, teach PE and lead sport.

What could I do as subject leader to make PE and sport outstanding?

- Articulate your vision and ensure that plans for improvement are shared with, and owned by all staff. [Covered in our Subject Leaders Award]
- Set the highest of expectations and model best practice. [Covered in our Subject Leaders Award]
- Provide colleagues with schemes of work for all activities including the step by step stages of teaching skills. [Covered in our Subject Leaders Award]
- Tackle obesity and promote healthy lifestyles.
- Check teaching and take action when it is not good. [Covered in our Subject Leaders Award]
- Track achievement in PE from entry to exit. [Covered in our Subject Leaders Award]
- Foster strong links with community sports clubs.

What could I do as a teacher, assistant or coach to make PE outstanding?

- Enthuse about PE and sport – spark interest and inspiration.
- Improve pupils' fitness by engaging them in regular, high-intensity vigorous activity for sustained periods of time within and beyond the curriculum. [Our new Power of Five concept can massively support schools with this]
- Raise expectations of what more-able pupils are capable of achieving and provide them with challenging, competitive activities that lead to high standards.
- Apply agreed schemes of work and assessment procedures consistently so that all of your teaching is at least good.



Strategic PE Conference

19 November - Lynford Hall

Norfolk PE organised a high profile conference for all primary schools. The purpose was to help schools understand the context behind the new ring-fenced PE and sport premium and how it can be used effectively to make an impact on their pupils.

With national speakers and colleagues from all the key stakeholders and agencies involved in school PE and sport the conference was a huge success. The 270 delegates from all over Norfolk were treated to a fantastic keynote speech from Baroness Sue Campbell CBE, who also challenged schools to ensure that PE's unique contribution to whole school development was embedded in their school.

Our challenge is to ensure that we make an impact, that we improve the quality of teaching in PE and in subject leadership. All the speakers alluded to the critical role of leadership – from head teachers and governors to subject leaders. That is why we want to ensure all subject leaders in Norfolk access our new nationally accredited courses in PE Subject Leadership.



Ofsted Report – Beyond 2012

John Mitcheson HMI - who is responsible for monitoring the standards of PE in schools for Ofsted, laid out the state of PE in schools from his findings. He made recommendations on what schools need to do to move towards Outstanding provision. The answers are presented in the Ofsted report - Beyond 2012.

John highlighted that there was still much work to be done to improve standards of PE from Ofsted's findings. Although 2/3rds of PE lessons observed are Good or better in Primary now, we need to look at the areas he identified when planning our effective use of the Premium. Highlighted are our programmes which can help contribute to this improvement agenda for you.



Areas to Improve in PE – Ofsted

- Limited subject knowledge [Subject Leaders Qualification & Norfolk High Quality Teachers Award]
- Low confidence in teaching PE [Norfolk High Quality Teachers Award]
- Superficial planning and insufficient challenge, particularly for the more able pupils [Subject Leaders Qualification & Norfolk High Quality Teachers Award]
- PE was not taught in enough depth [Subject Leaders Qualification & Norfolk High Quality Teachers Award]

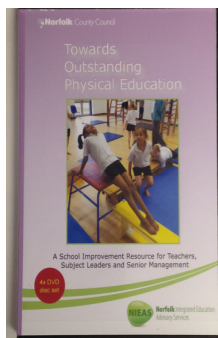
- **Not all pupils had access to regular, high quality competitive sport**
- **Levels of personal fitness were too low. Only a few schools had adapted PE or engaged with health agencies, parents and carers to improve the lifestyle of obese pupils.** [Norfolk High Quality Teachers Award, NPETCS and PE Café Programme]
- **Not all pupils were able to swim 25 metres before leaving school.** [County Swimming Award – supporting the learning poolside]

New! "Towards Outstanding PE" A DVD Resource for school improvement

At the Conference Norfolk PE launched a new and exciting 4 disc DVD entitled – **Towards Outstanding PE**. This resource is designed to support teachers, subject leaders and head teachers in identifying key aspects of teaching and learning that contribute to Outstanding provision. The DVD can be used in a variety of ways to support school improvement. Order your copy by contacting:

martin.radmore@norfolk.gov.uk

Cost: £165



Evaluating the school's use of the new primary school sport funding

Ofsted Inspectors will consider the impact of the new primary school sport funding on pupils' lifestyles and physical wellbeing by taking account of the following factors:

- the increase in participation rates in such activities as games, dance, gymnastics, swimming and athletics
- the increase and success in competitive school sports
- how much more inclusive the physical education curriculum has become
- the growth in the range of provisional and alternative sporting activities
- the improvement in partnership work on physical education with other schools and other local partners
- links with other subjects that contribute to pupils' overall achievement and their greater social, spiritual, moral and cultural skills
- the greater awareness amongst pupils about the dangers of obesity, smoking and other such activities that undermine pupils' health.

Schools need to ensure that they focus on these points when reviewing the impact and quality of their provision in PE. Norfolk PE offers a strategic response to help schools achieve these aims. We will help you build your capacity and resilience; by empowering you to raise standards we are seeking to build a sustainable legacy from the new funding and to make a real difference. Through high quality, nationally accredited and quality assured continued professional development (CPD) we are helping schools to

use only a small part of the funding to achieve the desired outcomes in PE. Our outstanding Norfolk PE Teaching Competence Standards (NPETCS) programme forms the bedrock to our work and is nationally acknowledged and copied. No other organisation or group can offer what we have developed. We currently have 73 delegates on this programme!

New Teachers Course

Teachers can access a nationally accredited course which addresses all the areas of activity, inclusion and differentiation, health and safety, assessment, planning and Ofsted. This new course - **Norfolk High Quality PE Teaching Award** is for teachers and aims to ensure that candidates are able to teach "Good" to "Outstanding" lessons in PE. Schools can also use their new funding to provide supply cover for staff to attend the required modules which are spread across the academic year. This course covers both key stages. This course can be delivered within clusters.

Accountability

Norfolk PE provides schools with evidence of compliance as required and inspected by Ofsted. Our CPD will ensure that staff are more confident and competent to teach high quality PE, improve the quality of teaching, pupil achievement and the overall quality of PE provision. Our **Primary PE Subject Leaders Award** (nationally accredited at level 4) will provide a perfect programme for your quality of leadership and management.

PE Subject Leadership Qualification

Norfolk PE offers schools the chance to access the new, nationally accredited **Primary PE Subject Leaders Award**. This is accredited at level 4 and is unique to Norfolk at present as we developed this qualification. The current course started in January 2014 and there will be a second course starting later in the year.

New – National Level 5/6 Primary PE Subject Leadership Award (afPE)

Norfolk PE is proud to announce that we are also able to offer the new afPE Level 5/6 qualification as we are an accredited centre. This is a more academic qualification, with the level 6 only available to QTS qualified staff. More details coming soon, or contact us direct.



Norfolk PE now offers a fully progressive & developmental CPD programme from Levels 3 – 6. We are unique locally in this respect.

Visit the website for more support & guidance on PE Premium:

<https://sites.google.com/a/norfolkadvisory.com/pe-premium/>