## North Norfolk BLAH LGB Youth Group meeting

The first meeting of the North Norfolk BLAH LGB Youth Group will be on **Tuesday 8 April from 6 to 8pm**. Young people can find out details of the venue by contacting Michelle Savage directly on her mobile at 07745 232994, or via email at <a href="mailto:shell@norfolklgbtproject.co.uk">shell@norfolklgbtproject.co.uk</a>. They can also call the office landline, 01603 219299.

BLAH provides support for young LGBT individuals questioning their sexuality and gender identity aged 25 and under. BLAH LGB Youth Groups are open every other week for two hours in locations around Norfolk and Waveney (currently Norwich, Kings Lynn and Lowestoft) and they offer a safe space to talk about issues such as coming out, relationships, isolation, safer sex and self esteem.