

WORKING WITH **YOUNG PEOPLE WHO SELF HARM:**



DEALING WITH THE HARM, ENGAGING WITH THE **SELF**

Free one-day and half-day courses provided by **MAP Young People's charity**, for Norwich-based professionals working with young people who self harm. Funded by Norwich Clinical Commissioning Group.

These courses are designed to enable practitioners to better understand, safely and effectively work with and access appropriate additional services for those who are self-harming.

Half-day courses will equip practitioners with the essential knowledge required to enable them to confidently deal with this issue. They will be most appropriate for those working in universal settings with a range of young people.

The additional time available in full-day courses will allow a deeper exploration and are suitable for those who have contact with vulnerable young people and responsibility for their wellbeing.

The training will be run on the dates overleaf. Lunch will be provided on the full-day courses only. Attendance is free (*there is a non-attendance fee - see booking form for details).

COURSES DATES:

DATE OF COURSE	TIME OF COURSE		VENUE
2 nd July Half Days	9.30-12.30	1.30-4.30	Wellbeing Centre
16 th July Half Days	9.30-12.30	1.30-4.30	Ipswich Rd Resource Centre
30 th July Whole Day	9.30-4.30		Mangreen Hall
6 th August Whole Day	9.30-4.30		Wellbeing Centre
13 th August Whole Day	9.30-4.30		Mangreen Hall
20 th August Whole Day	9.30-4.30		Wellbeing Centre
3 rd September Whole Day	9.30-4.30		Mangreen Hall
10 th September Half Days	9.30-12.30	1.30-4.30	Mangreen Hall
17 th September Whole Day	9.30-4.30		Ipswich Rd Resource Centre

If no-one from your organisation is able to attend these dates and you would like an in-house session for a whole team then please do contact us as we are able to provide these. Further details available from ToniAmihill@map.uk.net 01603 766994 Ext 252. Early booking for these free courses and in-house sessions is essential as our capacity is limited.

TO BOOK: CONTACT LYNNE JANES: lynnejanes@map.uk.net 01603 766994

VENUES:

MANGREEN HALL

Mangreen, Swardeston,
Norwich NR14 8DD
Telephone: 01508 570444
Fax: 01508 578899
mangreen.co.uk
This venue is fully accessible for wheelchair users and has an accessible toilet. Induction loop available. There is parking on site.



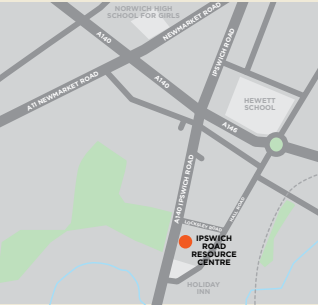
NORWICH WELLBEING CENTRE

15 Chapel Field East,
Norwich NR2 1SF
Telephone: 01603 528704
Norwichwellbeing.com



IPSWICH ROAD RESOURCE CENTRE

120, Ipswich Rd,
Norwich NR4 6QS
Telephone: 01603 453668
This venue is all on one level and has an accessible toilet. There is parking on site.





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here for young people