

# Self-Esteem & Body Image



## COURSE AIMS:

- Recognise and understand influence of the media and social networking
- Consider how to improve the curriculum to promote healthy self-esteem and body image in light of Ofsted's PSHE review
- Examine teaching strategies and schemes of work that empower children and young people
- Explore safeguarding implications

*This course is suitable for SLT, PSHE leads, teachers, pastoral workers and governors, and is appropriate to be attended by primary and secondary schools. Agencies who support schools are also welcome.*

**Date and Time:** 25.02.15 10:00 - 12:30

**Venue:** King's Lynn PDC

**Cost:** This course is fully funded

**Date and Time:** 26.02.15 10:00-12:30

**Venue:** Norwich PDC

**Cost:** This course is fully funded

**Date and Time:** 24.02.15 10:00 - 12:30

**Venue:** King's Centre-Great Yarmouth

**Cost:** This course is fully funded

For more information and to make a booking  
**Email:** [josiewells@nhs.net](mailto:josiewells@nhs.net)