

Bounce - A chance to bounce back!

Positive Activities for young people in Norwich

'Bounce' is a positive activities program provided by The base Community Trust for young people aged 11-18. The program will provide early intervention to those young people who may need additional support to make positive choices. This includes young people who are:

- Showings signs of disruptive behavior in school
- Having difficulties at home
- At risk of/involvement in anti-social behavior
- At risk of becoming NEET

The program is for all young people living in Norwich although preference will be given to those who live in the Lakenham and Tuckswood area.

From experience we know that access to positive activities can really benefit vulnerable young people. By providing enjoyable and stimulating activities that allow them to channel their energy and enthusiasm in a positive way we are able to engage and support them to bring about positive behavior choices.

The program will focus on:

- Diversionary activities including outdoor pursuits and team challenges.
- Providing opportunities for personal and social development.
- Providing good role models
- Working with young people to improve their health and wellbeing
- Developing young people's positive participation in their communities
- Raise the skill level and aspirations of young people
- To provide opportunities for young people to promote positive images of themselves

'Bounce' aims to improve the outcome for vulnerable young people and reduce the volume and impact of anti-social behaviour.

'Bounce' will run in 12 week blocks, every Saturday 10-3pm. The program is fully funded, therefore free for young people to attend. Attendance is voluntary but young people will

be asked to show commitment for the full 12 weeks. However, young people will be accepted by referral only.

Young people can be referred by School, Children's Services, Housing charities, Youth Workers, Youth Offending team, The Police and in some cases family and self-referral.

The first program will start on **Saturday 4th October** and focus on **11-14 year olds**. Places are limited so early referral is advised.

A referral meeting to discuss the project and the suitability of the young people referred will take place between 4-5pm on Wednesday 17th September at The base, Cecil Rd, Norwich, NR1 2TJ. Tea and Coffee will be provided. All welcome.

For more information or an informal discussion about 'Bounce' or any other youth program at the base please email michelle@thebasenorwich.org or call 01603463121.

Michelle Bibby

Youth Team Manager

Join our facebook group - The Base CT
Follow us on Twitter - TheBaseCT
www.thebasenorwich.org

A chance to

BOUNCE

back!

Saturdays from 10am to 3pm

for 11 - 18 year olds!

Starts on 4th October 2014

Life skills!

Adrenaline sports!

Team building!

Would you or do you know a young person who would benefit from this program? For more information about the 12 week program email michelle@thebasenorwich.org



Supporting young people to reach their full potential.

Referral Form

Personal					Details	
Title		Surname		First Name(s)		
Date of Birth			School/College Attending			
Address						
Contact Number/s						
Disabilities						

Please note : Young person must consent to this referral

Young person aware of referral?		Young person consented to referral?	
Referral from? (Name and Position)			
School / Agency			
Contact Details		Date of Referral	

Does the young person belong to any of these groups? (please tick)

Looked After Children (LAC)/ care leaver		In danger of exclusion	
Young Carer		Pupil Referral Unit (PRU) attendance	
Young Parent		Education Otherwise	
Lone parent family		Homeless	
Basic Skills need		Refugee/asylum seeker	
Special Educational Needs		In criminal justice system/offender	
Excluded from school		Migrant	
Offending / Peers offending			

Has the young person demonstrated any violence to: (please tick)

Themselves		A member of staff		Other?	
------------	--	-------------------	--	--------	--

Please indicate any other agencies involved with, working with or that the young person has been referred to (please tick any that apply or state other)

Children's Services		Behaviour Support Team	
Other			

If ticked to any of these please provide details : -

If ticked to any of these please provide details : -

Additional Factors : (e.g. poor attendance / family conflict / friendship groups/ substance misuse / sexualised behaviour / or any contributory factors to adverse working conditions) : -

Additional Factors : (e.g. poor attendance / family conflict / friendship groups/ substance misuse / sexualised behaviour / or any contributory factors to adverse working conditions) : -

Aim of referral : -

Aim of referral : -

Signature _____

Print Name _____

Date _____

Once completed please return to michelle@thebasenorwich.org