













Growing fruit, vegetables and herbs: A practical training course

Where and when

To be held at Marlpit Community Garden, Marlpit Lane, Norwich
On the second Saturday morning of each month in **2015**, from 10am to 1pm,
including refreshments

Facilitators

Jon Darby (JD), Lecturer in Horticulture
George Ishmael (GI), Chartered Landscape Architect
Dan Wheals (DW), Member of the National Institute of Medical Herbalists
Mahesh Pant (MP), Programme Manager, GO², Norwich.

<p>10th Jan (JD)</p>  <p>Growing soft fruit and tree fruit</p>	<p>14th Feb (JD)</p>  <p>Pruning mature fruit trees</p>	<p>14th March (JD, MP)</p>  <p>Growing vegetables – soil preparation and plant basics</p>
<p>11th Apr (JD, MP)</p>  <p>Growing from seeds, what, when and how?</p>	<p>9th May (JD, MP)</p>  <p>Growing from seeds, plant care</p>	<p>13th Jun (JD, MP)</p>  <p>Looking after your plants</p>
<p>11th Jul (JD, MP)</p>  <p>Pest and disease, identification and control</p>	<p>8th Aug (MP and others)</p>  <p>Harvesting and preserving fruit and vegetables</p>	<p>12th Sep (JD)</p>  <p>Plant propagation / taking cuttings</p>
<p>10th Oct (DW)</p>  <p>All about herbs</p>	<p>14th Nov (GI)</p>  <p>Gardening with nature</p>	<p>12th Dec (JD, MP)</p>  <p>Sustainable gardening practices</p>

Course fee: £15 for first session, and £10 for subsequent sessions;
reduced rates for GO² members and free for GO² regular volunteers
Maximum 10 people attending each session and **booking is essential**.

For further information and how to book, please contact us at the address below:

Sustainable Living Initiative
West Earham Community Centre
10 Wilberforce Road
Norwich NR5 8NE

Tel: 01603 920147
Mob: 07969996646
e-mail: sustainable@grow-our-own.co.uk
www.grow-our-own.co.uk

Registered Charity Number 1154190