



Dear Colleague,

I would like to invite you to the first **Network Meeting for Secondary PSHE Coordinators** being held at the Norwich PDC from 4.30pm-6pm on Monday the 1st December.

With so much rapid change occurring in society, delivering an outstanding PSHE program that keeps adapting to change is an incredibly difficult task, particularly as we know that teachers have more pressure on their time than ever before. I want all PSHE Coordinators to feel confident, well informed and well supported at all times in this important role and never overwhelmed, in the dark or isolated from one another, but I need your help through attendance at this meeting to make that happen.

I know that there is plenty of excellent PSHE practice in our schools already, so this meeting is not a long lecture from an 'expert' who isn't actually doing the work with our young people at the ground level. What I intend instead, is to recognise that the **real experts** are the teachers who are actually doing the work in schools already and to use the bulk of the meeting time to help you to help each other with your skills. Refreshing isn't it?

I've got a very clear agenda and structure for this meeting that will help you to tap into the bits of each other's experience that you actually need right now and without any time wasting. I learnt these methods by attending 'outcome focussed' professional business network meetings in a previous career and I guarantee that you'll leave with the right answers to the questions that are important to you at this moment in time. Better still, they'll be from a real expert who's already tried and tested them.

I will also provide you with a few brief updates on some changes that are occurring locally and more importantly leave you with a clear plan for what you can do to deal with them if you're unsure. This term the focus is on the changes to the way the Matthew Project works with schools and also on the CEOPS resources for delivering education about Child Sexual Exploitation Online.

I'd urge you to swiftly book a free place at with the attached form (limited to 20) so that you can unite with other hard working teachers from other schools and make all of our jobs more manageable.

Yours Sincerely,

Matthew Knights
Healthy Schools Team
matthew.knights1@nhs.net
07920 073864