

2014/
2015

Outdoor Adventurous Activities for PE & Across Your Curriculum

Norfolk Integrated Education
Advisory Service (NIEAS)

This course is a practical introduction on how to deliver OAA on your school site. This will focus upon the new PE Curriculum but also as an across curriculum approach.

Will be using the nationally developed Outdoor Learning Cards activities as a resource, which cover the following 4 areas:

Orienteering - developing good map reading skills

Team Building and Problem Solving - how to challenge your young people

Bouldering - Use of low level climbing walls

Journeying - Local visits organised by young people

'Arrows' Archery - Introduction to archery inside or out

Resource pack with over 50 activity session cards is included

Each of the activities stand alone in their own right, or can be further adapted and extended to suit specific needs and learning outcomes. There is guidance in each card in support of this.

Dates:	11/03/2015
Time:	9:30am – 4:30pm
Venue:	Whitlingham Outdoor Education Centre
Course ref:	ECVC9
Cost:	£165