

## February is LGBT History Month – Ideas for Secondary Schools in Norfolk 2015

February 2015 will be the **tenth** Lesbian, Gay, Bisexual and Transgender History (LGBT) month. This is an opportunity for schools to recognise the massive contribution that LGBT people have made in our society, usually whilst having to spend their life denying their true identity. It is also an opportunity to explore issues around homophobia and homophobic bullying. **This year's theme is History.** There are lots of opportunities to explore, discuss and examine the lives of people who have come before us, those who have made an impact on the way that lesbian, gay, bisexual and trans (LGBT) people can live their lives today. We want your school to get involved in activities during the month to raise awareness of LGBT issues for all and to demonstrate your acceptance and support for young LGBT people in your school.

Norfolk is proud to be part of **Stonewall's Education Champions Programme** which guides and supports local authorities in helping schools celebrate difference especially challenging homophobia and developing pro-active healthy relationship work. **Rita Adair, Senior Lead Educational Psychologist** co-ordinates this programme. Last year we entered Stonewall's national Equality Index 2014 and came **8<sup>th</sup> out of 45 Local Authorities in Britain!** Feedback from Stonewall praised our Celebrating difference – challenging homophobia training. Since 2012, over 850 people have been trained. This includes about 74 primary, 14 secondary, 4 special schools, 1 PRU and 43 organisations. In addition hundreds of children have been taught how to respond to derogatory name calling such as 'You're so gay!' If you need further advice or training on challenging homophobia and homophobic bullying generally please contact Rita Adair – **01603 307567** or [rita.adair@norfolk.gov.uk](mailto:rita.adair@norfolk.gov.uk) If your school would like to be involved or informed about the Challenging Homophobia Partnership Group which meets twice termly please advise Rita as well as the activities you deliver this LGBT History month.

**Schools Out!** is a national organization working to ensure equality in education for LGBT people who initiated the LGBT History Month. The Schools Out lessons are on the TES website: [http://www.tes.co.uk/MyPublicProfile.aspx?uc=2151777&event=21&page=1&SFBC\\_FilterOption=8](http://www.tes.co.uk/MyPublicProfile.aspx?uc=2151777&event=21&page=1&SFBC_FilterOption=8) Other websites with ideas include **Educate and Celebrate** <http://www.ellybarnes.com/> (which also includes the Classroom resources by Key stage) and **Stonewall** [www.stonewall.org.uk/historymonth2015](http://www.stonewall.org.uk/historymonth2015) As well as suggested activities you can do on challenging homophobia, secondary schools might want to purchase Stonewall's resource pack for LGBT History Month (**free to School Champion members**).

To order a pack contact [education@stonewall.org.uk](mailto:education@stonewall.org.uk) or phone 0207 593 1850 to speak to a member of the education team.

**This Norfolk pack for LGBT History Month for secondary schools** contains information on resources and contacts in Norfolk and nationally that schools will find useful to use during LGBT History Month. This includes relevant policy documents, training resources and materials to be used in the classroom. This is by no means an exhaustive list and has been collated from various sources. Please note that the author has tried to check all resources for suitability but this has not always been possible and some have come with recommendations, therefore, **please can teachers always check resources first before using and consider appropriateness for the age range of their children.**

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## What's happening in Norfolk during LGBT History Month?

### **Mind your Language – challenging homophobic language**

As for last year we want all schools in Norfolk to continue to get behind the '**Mind your Language**' campaign and challenge homophobic language such as 'That's so gay!' (i.e. where the word 'gay' is used inappropriately to describe something as 'rubbish' or 'annoying' rather than describing someone's sexual orientation) and other derogatory or discriminatory language. We want schools to encourage bystanders to challenge others using scripts such as 'In this school we don't use language like that' or 'I find that offensive'. In secondary schools in Norfolk such as **Acle Academy and Lynn Grove Academy** where staff and pupils have directly challenged such language, they have noticed an increase in reporting and, over time, a significant reduction in homophobic comments heard around the school. Ideas of how your school can challenge such language including an assembly produced by Jules Hutchinson, Asst Headteacher, Acle Academy can be obtained directly from Rita Adair – [rita.adair@norfolk.gov.uk](mailto:rita.adair@norfolk.gov.uk).

### **Norfolk survey on homophobic language in schools**

We are running a **survey during February LGBT History Month for Years 5 - 10 to complete on the extent of homophobic language in their school**. This will be useful baseline information for schools to use in showing Ofsted how they are tackling homophobic language. Last year 6 secondary schools in Norfolk took part. Details will be sent to schools in early February. Rita Adair – [rita.adair@norfolk.gov.uk](mailto:rita.adair@norfolk.gov.uk)

### **Become a Hate Free Norfolk School**

We would also like all schools to sign up to the Norfolk Hate Free Pledge and become a Norfolk Hate Free School. To sign up go to [Hate Free Norfolk pledge](#) So far 11 Norfolk primary and 5 Norfolk secondary schools have signed up. See [Hate Free Norfolk supporters pledge wall](#) There is a resource page for schools which provides a list of resources and support materials to increase children's understanding of what constitutes a hate crime and raise their awareness of equality issues. [Hate Free Norfolk School resources page](#)

### **Enter Norwich Pride's 2015 logo competition! Enter before Saturday 7<sup>th</sup> February**

The 7th Norwich Pride is on **Saturday 25th July 2015** and we're looking for a fabulous design for this year's logo. Can your school help? The logo will go on posters, postcards and the Pride Guide and be used to create merchandise for the Pride Shop. You don't have to be a professional artist to design the logo - you just have to have a brilliant idea and we can do the rest. What are the essentials for the logo? It must have the words Norwich Pride 2015 and the date Saturday 25th July and it must feature all the colours of the rainbow flag - red, orange, yellow, green, blue, purple. The winning designer will get a goody bag of stuff from the Pride Shop as well as heaps of praise and publicity. Norwich Pride is organised by a bunch of hard-working, creative volunteers - we value all donations of time, talent and money to enable us to keep the celebrations free, inclusive and accessible to all. For more information about our work check out our website

[www.norwichpride.org.uk](http://www.norwichpride.org.uk). To get an instant idea about how colourful, diverse and inclusive we are, type Norwich Pride into Google images and see what comes up! Please send your ideas to [info@norwichpride.org.uk](mailto:info@norwichpride.org.uk) by **Saturday 7th February**. The Pride Collective will then choose their favourite design at their meeting on Sunday 8th and we'll launch the logo on Saturday 28th February - the last day of LGBT History Month.

## Ideas for Secondary Schools

Use the ideas from the websites above (i.e. Stonewall, Educate to Celebrate, TES).

Use the resources produced by Nick O'Brien, Asst Headteacher from Neatherd High School (see below and contained in zip folder – ask Rita Adair – [rita.adair@norfolk.gov.uk](mailto:rita.adair@norfolk.gov.uk) for a copy)

- **Gay History Timeline** is a Tarsia Puzzle where students have to match dates/ LGBT events. You need to download free from <http://www.mmlsoft.com/index.php/products/tarsia> to open. Excellent package for teachers.
- **The Mixing it up activity** is a PSHE lesson for all ages.
- **What is your own coming out story** is an English/ Literacy lesson. You would need to buy the Out140 little book of coming out stories to accompany the work Another great resource made by Michelle Savage and Vince Laws. (contact Shell Savage – [shell@norfolklgbtproject.co.uk](mailto:shell@norfolklgbtproject.co.uk) re copies ).
- **Famous LGBT people** is a prompt for discussion in tutor time. Below are just a few LGBT figures in History you might want to mention or focus on and discuss further:

*Taken from **The Top 20 LGBT Figures in History** As voted on by readers and contributors of The Bilerico Project*

- **Harvey Milk** (1930-1978), one of the first openly gay people elected to public office, when he was elected to the San Francisco Board of Supervisors

- **Alexander the Great** (356-323 B.C.), King of Macedon in Greece, creator of one of Ancient History's largest empires, and considered one of the most powerful commanders ever
- **Alan Turing** (1912-1954), Computer scientists who served in World War II, broke the Germans' Engima Code, and was harassed by the British government for being gay until he committed suicide in 1954
- **Leonardo da Vinci** (1452-1519), The original "Renaissance Man," painter, poet, sculptor, engineer, architect, inventor, musician, writer, scientist & botanist
- **Abraham Lincoln** (1809-1865), 16th President of the United States
- **Oscar Wilde** (1854-1900), Irish poet, writer & playwright
- **Gertrude Stein** (1874-1946), American writer & poet, famous for writing honest and candid portrayals of lesbian relationships
- **Sylvia Rivera** (1951-2002), transgender activist, Stonewall leader, founding member of the Gay Liberation Front and the Gay Activists Alliance, and contributing member to the foundation of Street Transvestite Action Revolutionaries
- **The Stonewall Rioters** (June 1969), The crowd comprised of drag queens, trans people and queer youth joined together in one of the first - or at least most remembered - episodes of the LGBT community fighting back against oppression, this time from the police. Sparked the formation of key activism organizations and galvanized the movement.
- **James Baldwin** (1924-1987), essayist, playwright, poet, civil rights activist, & author of Giovanni's Room
- **Sappho** (~630 BC - ~570 BC), Ancient Greek poet, born on the island of Lesbos, which many believe to be the origin of the term "lesbian."
- **Christine Jorgensen:** (1926-1989), one of the first publicly known people to have sex reassignment surgery

**Honourable Mentions:** Names or moments suggested by multiple readers, commenters, or contributors Susan B. Anthony, Virginia M. Apuzzo, Rita Mae Brown, Wendy Carlos, George Washington Carver, Professor Lynn Conaway, Quentin Crisp, Reed Erickson, Barney Frank, Christopher Isherwood, King James I of England, Frida Kahlo, Frank Kameny, The Lawrence v. Texas case, Eleanor Roosevelt, William Shakespeare, Matthew Shepard, Socrates, Lou Sullivan, Tennessee Williams, Virginia Woolf

Get behind the **Mind your Language campaign** in Norfolk.

Decide, as a school, that you are not going to use the word “gay” in a derogatory fashion and discuss why (see DL12 in Homophobic bullying guidance. Although this document was produced by the previous government, the ideas are still useful) [Norfolk Anti-Bullying Website](#) and the guidance on Homophobic Bullying.

Show a film/read extracts or a whole book in sections during the month of February – explain that this is to celebrate LGBT month. Stonewall’s FIT DVD always captivates audiences and encourages good discussion. See [Stonewall FIT DVD](#)

Train staff to become better equipped to manage homophobia and to promote the LGBT experience in school in the future. Remember to invite Governors. Use Stonewall’s Spell it Out DVD an excellent staff training resources [Stonewall Spell it Out DVD](#)

Mention LGBT History month in your Newsletter or website

Get pupils involved in a project to research the contributions made to a particular curriculum area by LGBT people: all the LGBT artists/scientists/ writers/musicians & composers and so on they can find out about

Rehearse and perform a drama performance. This could show LGBT in a positive light i.e. as the hero and existing stories can be drawn upon and roles substituted or a completely new story made up; or it could address homophobic bullying/homophobia and how it affects LGBT people as well as others

Do an Assembly to raise awareness of LGBT month using materials in the pack or invite an outside speaker in from a LGBT organization to take an assembly for staff/pupils. Invite Norfolk LGBT Project – [fiona@norfolklgbtproject.co.uk](mailto:fiona@norfolklgbtproject.co.uk) to come and do an assembly or Julie Inns, Norfolk Constabulary - [innsj@norfolk.pnn.police.uk](mailto:innsj@norfolk.pnn.police.uk) to talk about Hate Crime

Put information/posters/booklets in staff rooms and parent/student areas with details of information/websites Contact Norfolk LGBT Project for posters, booklets (see details of booklets available under Young People leaflets) for local information – Fiona Liew-Bedford, Manager, Norfolk LGBT Project – [fiona@norfolklgbtproject.co.uk](mailto:fiona@norfolklgbtproject.co.uk) or Stonewall for posters and booklets [www.stonewall.org.uk](http://www.stonewall.org.uk)

### With governors:

See Stonewall's guidance for governors on governor responsibilities and information governors need [Information for Governors \(Stonewall\)](#)

Use DL3: 'School evaluation form for governors preventing and responding to homophobic bullying' p. 82 from 'Homophobic bullying' guidance) [Norfolk Anti-Bullying Website](#)

### Five reasons why your school needs to take homophobia and homophobic bullying seriously

1. Being Healthy	The School Report by Stonewall (2012) found that gay people who are bullied are at a higher risk of suicide, self-harm and depression. Two in five (41 per cent) have attempted or thought about taking their own life directly because of bullying and the same number say that they deliberately self-harm because of bullying.
2. Staying Safe	The School Report (2012) found that 55% of young lesbian, gay and bisexual pupils have experienced direct bullying. The use of homophobic language is a particular issue. Almost all (99 per cent) gay young people hear the phrases 'that's so gay' or 'you're so gay' in school and ninety six per cent of gay pupils hear homophobic language such as 'poof' or 'lezza'. Only half of gay pupils report that their schools say homophobic bullying is wrong. <b>In Norfolk over 1000 students participated last February in our challenging homophobic language survey.</b> Nearly two thirds heard the phrases 'You're so gay!' or 'That's so gay!' daily in their school and nearly a third reported that teachers did not challenge. Asked what Norfolk County Council could do, 758 young people responded and the majority (42%) believed that by educating young people about LGBT issues would bring greater acceptance and tolerance.
3. Enjoying and achieving	One study showed that 72% of LGB adults reported a history of absenteeism at school. Three in five say it impacts directly on their school work (School Report, 2012).
4. Economic Well-Being	The School Report (2012) found that one in three (32%) of gay pupils who are bullied change their future educational plans because of it.
5. Making a Positive Contribution	A high incidence of emotional and physical bullying, high rates of self-harm, leaving school prematurely, despite good academic achievement can all contribute to LGBT youngsters having depressed life chances. A study in the US by the Gay, Lesbian and Straight Network (GLSEN) shows that transgender students face much higher levels of harassment and violence than LGB students. These higher levels of victimization result in these students missing more school, receiving these students missing more school, receiving lower grades and feeling isolated and not part of the community.

\*Statistics quoted come largely from Homophobic bullying guidance, Stonewall's The School Report (2012) and Teacher's Report (2014) and Healthy Schools Stand Up for Us: Challenging Homophobia and Guidance for schools on preventing and responding to sexist, sexual and transphobic bullying. See [http://www.stonewall.org.uk/at\\_school/education\\_for\\_all/quick\\_links/education\\_resources/4004.asp](http://www.stonewall.org.uk/at_school/education_for_all/quick_links/education_resources/4004.asp) and <http://gires.org.uk/> for Harsh Realities report Norfolk statistics are from last year's challenging homophobic language survey



## Addressing & Challenging Homophobia and Transphobia

### Resources and Guidance for Secondary Schools

#### WHOLE SCHOOL POLICY DOCUMENTS

Guidance on '**Homophobic bullying**' (includes a range of practical downloads for school staff) and '**Guidance for schools on preventing and responding to sexist, sexual and transphobic bullying**'. You can download these publications from . [Norfolk Anti-Bullying Website](#)

**Transgender guidance: Information for teenagers – Gender development – the inside story.** Materials produced for Years 10 and 11 and upwards [www.gires.org.uk](http://www.gires.org.uk) The Home Office commissioned GIREs to prepare a toolkit for schools to use in combating transphobic bullying. The material has undergone extensive testing by people involved in education, government agencies, the unions, the police and organisations working in the [transgender](#) field. Transphobic Bullying Toolkit <http://www.gires.org.uk/transbullying.php>

#### Ofsted inspection guidance

[Ofsted Inspection guidance 2015](#) The guidance details how inspectors will explore a school's response to challenging homophobia and transphobia (please note paragraphs 129, 130, 133, 134, 152, 165 and 174 in relation to meeting the needs of LGBT children. In November 2014 the Department for Education published guidance which provides advice and information to maintained schools in respect of their duty to promote [British Values](#)

**NUT and NASUWT** both produce resources. They can be found via their websites and the direct links are <http://www.teachers.org.uk/taxonomy/term/1873>

New advice for NUT members on developing policies on LGBT equality in education. This advice contains practical advice about homophobic bullying and how to use the curriculum to promote equality and break down homophobic stereotypes and attitudes. It summarises recent DfE guidance and gives advice on how to make parents and carers aware of school policies and the fact that schools are required to educate to prevent anti-gay attitudes

**Lessons on diversity and prejudice from NUT** [NUT Prejudice lesson plans](#)



### **NASUWT guidance on prejudice related bullying**

<http://www.nasuwat.org.uk/MemberSupport/NASUWTPublications/PrejudiceRelatedBullying/index.htm>

### **NASUWT advice for LGBT members** [NASUWT Advice for members](#)

**Stonewall** [Stonewall school resources](#) has a range of resources for schools, staff and young people including: The Teacher's Report (2014) – survey of 2000 staff on LGB issues and The School Report (2012) – school experiences of gay young people in Britain's schools. The report includes 10 recommendations on how to tackle homophobic bullying in school, Education Guides: including their updated guide on Challenging Homophobic language, Effective school leadership, Working with faith communities and so on. They provide a range of posters. They also have advice for young people and a guide for parents 'So you think your child is gay? Answers to some of the questions you have.

### **Stonewall's School Champion programme**

Stonewall's School Champion programme is where Individual primary and secondary schools work with Stonewall and each other to prevent and tackle homophobic bullying and celebrate difference. [Read more](#) Several schools in Norfolk have signed up to this already. If you want to find out how it could benefit your school or get in touch with a school is part of this scheme, contact [Rita.adair@norfolk.gov.uk](mailto:Rita.adair@norfolk.gov.uk)

### **Why join the School Champions programme?**

**Ofsted inspections focus more on behaviour.** Ofsted inspectors of maintained schools now ask what they are doing to prevent and tackle homophobic bullying. Stonewall's Schools Champions programme helps schools fulfill their inspection requirements and has already been cited in several school Ofsted reports since the new framework was introduced in January 2012.

**Schools have a duty to protect *all* students.** Nine in ten secondary school teachers and more than two in five primary school teachers say pupils, regardless of their sexual orientation, experience homophobic bullying, name-calling or harassment. Those affected include boys who apply themselves academically, girls who 'behave like boys', pupils with gay parents, and often anyone simply seen as different.

**New changes in the law require schools to take proactive action.** The Equality Act 2010 introduced a duty for schools to tackle issues such as homophobic bullying and to protect those who might experience it. Being part of the programme will help you to comply with the Act.

**The government has prioritized tackling homophobic bullying.** The 2010 Schools White Paper highlighted the problem of homophobic bullying, stating explicitly that headteachers should take incidents of prejudice-based bullying such as homophobic bullying especially seriously.

## Teacher Training and Teaching Resources

### Spell It Out

A DVD produced by Stonewall showing scenarios and providing strategies for teachers dealing with pupil concerns around sexual orientation and homophobia. [Spell it Out DVD Stonewall resource](#)

**Out in School Terence Higgins Trust** resource <http://www.tht.org.uk/> and look under publications. Resource provides teachers with ideas on how to talk about sexual orientation and challenge homophobia in schools. This pack has been written by teachers for teachers. It is FREE to download [THT Out in school KS3/4 resource](#) and provides ideas across the curriculum or you can order a copy in a ring binder (ring binder copies contact [rita.adair@norfolk.gov.uk](mailto:rita.adair@norfolk.gov.uk) as she has several copies)

### Sex, myths and education

Video where young people talk about what they want from Sex and Relationships Education. This could be used with colleagues, governors or parents – or with young people as a start point for discussing and reviewing existing provision. PSHE and Citizenship SPOTLIGHT series. Order from: Book Sales NCB, 8 Wakley Street, London, EC1V 7QE Tel: 0207 843 6028 <http://www.ncb.org.uk/search-results?q=sex+education>

### Sex Love and Video Diaries

Developing teaching skills for sex and relationship education. The video, which comes with a resource pack, addresses the requirements of the NHSS with regard to PSHE, SRE, Citizenship and emotional health and wellbeing. It includes footage of lessons in both Primary and

Secondary settings in which young people discuss homophobic name-calling, discrimination and homosexuality. Order from 4Learning, PO Box 400, Wetherby, LS23 7LG Tel: 08701 246444 (<https://shop.channel4learning.com/index.php?page=shop&pid=1624&cid=99>)

### **Treading on Eggshells**

This is the recent anti-bullying film made by Camden LGBT Forum in association with the Queer Youth Network and Halogen Entertainment. The film was made possible by funding from the Emmanuel Vincent Harris Trust and is the only current anti-bullying film to cover trans issues. The film features interviews with young people and includes footage in Acland Burghley School.  
(<http://camdenlgbtforum.org.uk/11-2/treading-on-eggshells/>)

### **Equality, Diversity and Inclusion: challenging homophobia**

A video and training pack for education, health, youth work and social work professionals. A comprehensive programme looking at heterosexism and homophobia in the workplace and how to challenge it. Family Planning Association  
<http://www.fpa.org.uk/professionals/publicationsandresources/healthprofessionals/challenginghomophobia>

### **Growing up Gay**

2 programmes for KS4 students. One is a strong drama about homophobic bullying, the other a series of short films made by ordinary young people who happen to be LGB. Off limits – sex education for 14-19 year olds 4 Learning, PO Box 400, Wetherby LS23 7LG 08701 246444 \* <http://www.channel4learning.com/>

### **Boys Will Be...? – Sex education & young men** Neil Davidson, Bedford Square Press \*

### **Let's Get Changed Lads**

A pack and game for developing work with boys and young men. Trust from the study of Adolescence (1997) \*

### **Moving Goalposts**

Setting a training agenda for sexual health work with boys and young men. Max Biddulph & Simon Blake, FPA, (2001) \*

### **Strides**

A practical guide to sex and relationships education with men. S Blake and S Laxton, FPA, (1998) \*

### **Sexuality and Learning Disabilities**

A resource for staff. C. Fanstone & Z Katrak \*

### **Talking about Homosexuality in the Secondary School**

Simon Forrest, Grant Biddle, Steven Clift – AVERT (1997) \*

### **Working with Young Men**

A resource handbook for workers, teachers and Connexions Personal Advisors. V Rogers, The National Youth Agency (2003) \*

### **Young Gay Men Talking**

Key issues and ideas for action. Simon Blake (ed) Working with Men's Advocacy Series (2003) \*

### **Challenging lesbian and gay inequalities in education**, by Debbie Epstein (Eds) – Open University Press

### **When the drama club is not enough**

Lessons from the safe schools programme for gay and lesbian students, by Jeff Perotti and Kim Westheimer, Beacon Press

### **The greatest taboo: homosexuality in black communities**

by Delroy Constantine-Simms (Eds), Alyson Publications

### **Sexual Bullying: gender conflict and pupil culture in secondary schools**

by Neil Duncan, Routledge Falmer

### **Books for young people**

**Two Weeks with the Queen\*** Morris Gleitzman, Puffin Books Something of a classic. When his brother Luke is diagnosed with cancer, Colin is sent to London to stay with his aunt. Determined to find the Best Doctor in The World he visits the Best Cancer Hospital in London. There he meets Ted, whose lover Griff has AIDS. Fast paced and sensitively written and very funny. Will also appeal to Year 7s \*

**Out of the Shadows** Sue Hines, The Women's Press Following her mother's sudden death, Ro now lives with her mother's partner, Deb. Ros is convinced that her family is unlike anyone else's and is determined that no-one at school will get close enough to find out. Then Jodie arrives with a secret of her own; the girls are drawn to each other but when Jodie's feelings for Ro start to tip into something different their friendship is tested. (Best suited to KS3)

**Get a life!**\* Jean Ure, Orchard Black Apple Joel's brother Noel is a real heart-throb, always dating different girls. But when tall, blonde, gorgeous Lars turns up things seem to change. Then comes a startling revelation that has fatal consequences and makes Joel rethink his prejudices. (One reviewer aged 13 says: "I think that doing it from the potential homophobe's eyes was a lot more meaningful..." \*)

**Postcards from No Man's Land**\* Aidan Chambers, Red Fox Definitions Abroad on his own for the first time Jacob meets Geertrui who tells him a story of love and betrayal that links him with Geertrui's Dutch family in a way he never suspected. Spanning 50 years, the novel interweaves a wartime tale with Jacob's exploration of new relationships in contemporary Amsterdam. Winner of the 1999 Carnegie Medal – subtly explores the beginnings of sexual desire and love as well as sexual preferences \*

**Strange Boy**\* Paul Magrs, Simon & Schuster Set in North East England in the 1970's. David's parents have recently separated and he spends life shuttling between mum and dad's families. On top of all this he's not sure about fancying girls and finds John who lives down the road with his eccentric mother so much more interesting. John seems to share some of David's feelings but is unable to acknowledge them. A story about coming to terms with sexuality in a world with no reference points – ultimately David decides being an outsider may not be such a bad thing

**The Diary of a Doctor Who Addict by Paul Magrs** It's the 1980's and David has just started secondary school. He's becoming a teenager, but still hanging onto the rituals of childhood, particularly his addiction to Doctor Who, sharing the books with his best friend and neighbour, Robert, and watching the TV show. But time moves relentlessly on, and Robert starts rejecting the Doctor in favour of girls, free weights and new music. Against a backdrop of Bowie, Breville toasters and trips to Blackpool, David acknowledges his own abilities and finds his place in the world.

**Love in Revolution B R Collins** Esteya is fifteen. As war rumbles closer, Esteya's brother - an important figure in the Revolutionary Communist Party - is able to protect their family from the worst of the privations of war. Then Esteya meets an extraordinary girl, Skizi, an outcast, shunned by all. But Esteya and Skizi are drawn to each other. Slowly and wonderfully love blossoms...

**Oranges Are Not the Only Fruit\*** Jeannette Winterton Winner of the 1985 Whitbread Award for First Novel and turned into an award winning BBC TV drama charts a young lesbian woman's early awakenings and experiences \*

**DVDs to use with young people** (please always think about your follow up. We would not recommend that these DVDs are simply shown to young people with no follow up or discussion)

**FIT** Explores issues relating to sexual orientation in young people. "The feature film adaptation of Stonewall's highly successful play for schools. A kind of guilty take on the shiny E4 Glee. The Times. Available from [FIT DVD Stonewall resource](#) Suggested for Years 7 – 11 Has a range of back up resources for use in classes

## Feature Films

**Ma Vie en Rose (My life in pink) 12 Dir: Alain Berliner, 1997 \***

Ludo is a little boy who lives with his loving family in a Paris suburb; however Ludo wants to be a girl. This film explores how members of Ludo's family react to his desire to 'be different' (dad encourages him to play rugby whilst his grandmother allows him to play with her make up). "A masterpiece" (the Guardian); "Feelgood movie of the year" (Attitude). French with English subtitles. Available from Norfolk Libraries.

**Four Weddings & A Funeral 15 Dir: Mike Newell \***

Includes an exploration and positive representation of a gay relationship within a group of friends, and the very touching scene when one of the couple recites a poem at the funeral of his life partner.

**Philadelphia 15 Dir: Jonathan Demme**

Tom Hanks plays a promising young lawyer whose career is cut short when he gets fired. The law firm he works for say he isn't up to the job; however Tom Hanks' character (Andrew) has recently disclosed his HIV status and believing that this has prompted his dismissal he hires another lawyer (Denzil Washington) to take on the law firm.

**Billy Elliott 15 Dir: Stephen Daldry**

As a young boy who wants to become a ballet dancer and whose father is a miner, the film touches on Billy's friendship with another boy who is 'different' and who also appears in the final scene as an adult in the audience watching Billy's Swan Lake performance in London.

### **Far From Heaven 12 Dir: Todd Haynes \***

Set in the 1950s, Dennis Quaid plays a married man who is gay and eventually discloses this to his wife. They seek 'treatment' for his 'condition' and there are some interesting scenes where they visit a psychiatrist. (Also covers what would at the time have been a controversial mixed race attraction between Quaid's wife and their black gardener).

## **Television**

**Soap Operas** (before 9 p.m. watershed) e.g. Sean in Coronation Street (gay machinist in the underwear factory); Hayley who has just died in Coronation Street (trans-sexual married to Roy) – all examples of storylines/characters whose experiences are re-visited from time to time. Look out for what is currently happening in soaps watched by youngsters to tape as a prompt for discussion.

## **Music**

**English Man in New York** – Sting – this was written about Quentin Crisp, about whom a TV series was made in the 1970's entitled 'The Naked Civil Servant' – openly gay in the 1930's and famously tried in court \*

**Red Hot & Blue c.d.** a compilation of artists re-working Cole Porter's songs as an AIDS benefit album; a concert was performed to publicize. Many of the Porter classics e.g. 'Don't fence me in' and 'I've got you under my skin' take on a different complexion in light of the AIDS disease. **Red Hot & Blue DVD** shows the different musical artists performing for the Red Hot & Blue cd \*

**NB: These resources have been collated from a range of sources and not all of them have been reviewed by the author of this document; teachers should review any material to assess its suitability for particular groups.**

## **Theatre Companies**

**Chinwag theatre** This Company creates exciting community theatre, educational and training work that encourages both young people and adults to address issues which affect their lives. They have produced theatre on anti-bullying and homophobia work. See their website for details and how to contact: <http://www.chinwagtheatre.com/index.php>



## **Information leaflets for young people**

### **Gay. Get over it!**

This pocket sized guide is designed to help young people challenge their peers' use of homophobic language. In 10 easy steps it tells young people what they can say to stop homophobic language, why they should be doing it and where they can go for further support. To read more about Stonewall's campaign, click [http://stonewall.org.uk/at\\_school/education\\_for\\_all/quick\\_links/education\\_resources/secondary\\_school\\_resources/9307.asp](http://stonewall.org.uk/at_school/education_for_all/quick_links/education_resources/secondary_school_resources/9307.asp)

## **Norfolk LGBT group – BLAH has developed a range of booklets addressing the following topics:**

### **Stop Homophobic Bullying**

A booklet to provide information on what homophobic bullying is and what to do

### **Mum...Dad...**

A guide for families of young lesbian, gay and bisexual individuals and those questioning their sexuality

### **You, me and sexuality**

A booklet for young individuals who are questioning their sexuality and want to know more about coming out or those who are already out and want to know what's next. Also useful for teachers to use with pupils

### **Take a walk in our shoes**

Raising the awareness of homophobic abuse and bullying that some young lesbian, gay and bisexual individuals living in Norfolk and Waveney encounter in their every day life.

### **From Me 2 U**

A book describing young people's experiences of coming out

### **The LGBT Guide to Norfolk 2014**

There is also a new guide called **This is Me – Trans\* people in Norfolk tell their stories**

For any of the free resources contact [fiona@norfolklgbtproject.co.uk](mailto:fiona@norfolklgbtproject.co.uk)

**OUT140: The Little Book of Coming Out Stories** <http://www.norwichpride.org.uk/out140.html> 140 stories in 140 characters or less for £1.40. You can buy the book from the shop at the [Greenhouse](#), 42-46 Bethel Street, Norwich, NR2 1NR or email [shell@shellytelly.co.uk](mailto:shell@shellytelly.co.uk) for bulk purchases. You can also borrow a copy from any Norfolk library. Councillor Barry Stone, Norfolk County Council Cabinet Member for Cultural Services says: "This is a small but powerful book which has been created by people across Norfolk, telling their story of a significant and defining time in their lives in just 140 characters. It is great that anyone in Norfolk will be able to borrow a copy from their local library". We are developing lesson plans that include the book. It can be used to teach PHSE as well as English and Maths. Email [shell@shellytelly.co.uk](mailto:shell@shellytelly.co.uk) for more information.

## Local Support Groups for young people

### Norfolk LGBT Project

BLAH LGBT Youth is part of Norfolk LGBT Project working together since 2007 to provide social & peer support groups for young LGBT people and those questioning their sexuality and gender identity aged 25yrs and under.

The main purpose of our work is to provide a safe venue, away from the scene where young LGBT people can have the opportunity to talk about issues affecting their health and wellbeing, the chance to meet other LGBT young people and form friendships. We achieve this by providing youth groups in Lowestoft, North Norfolk, Great Yarmouth, Norwich and Kings Lynn.

BLAH LGBT Youth Groups is an "open access" drop in – this means that young people don't have to take part in any group discussions that we may have or come along to each session in order to take advantage of the full range of services that we provide. They don't even have to stay for the whole session or share anything about themselves that they don't feel comfortable with – they are free to leave at any time.

We usually encourage new group members coming to the groups for the first time to "**stick with it**" for a couple of weeks, as building up confidence and learning to feel relaxed amongst new people can take time. **We fully understand the hardest part is turning up for the first time**, but our staff are experienced youth workers who are there to support young people in any direction they wish to go, if we can't help the young person then we'll signpost them to people who can. All our volunteer youth support workers undergo DBS checks and training.

Our aim is to provide the best possible service that is relevant to the needs of young LGBT people in Norfolk and Waveney. We encourage young people to get involved and have a say about what goes on at BLAH LGBT Youth Groups. During our group sessions we try to cover a broad range of topics such as safer sex, coming out and staying safe, mental health and well-being and self confidence. Subject to funding we also arrange events during the year such as a camping weekend.

### **BLAH Youth Groups**

Lowestoft BLAH LGBT Youth group meets every other Tuesday evening between 6pm and 8pm.

Norwich BLAH LGBT Youth group meets every other Wednesday evening between 6pm and 8pm.

Kings Lynn BLAH LGBT Youth group meets every other Thursday evening between 6:30pm and 8:30pm.

North Norfolk BLAH LGBT Youth group meets every other Tuesday evening between 6pm-8pm

See visit the BLAH LGBT Youth Project website [www.blahyouth.co.uk](http://www.blahyouth.co.uk) for the calendar or contact us at [info@blahyouth.co.uk](mailto:info@blahyouth.co.uk)

### **Evolve**

Evolve is MAP's monthly group where young transgender, genderqueer and gender-questioning people can meet one another in a friendly and supportive space. Email [evolve@map.uk.net](mailto:evolve@map.uk.net) or call 01603 252746 for further details

### **Local and National agencies supporting schools, young people and adults**

#### **(a) In Norfolk:**

**Rita Adair, Senior Lead Educational Psychologist**, works for one day a week on a seconded role with NIEAS leading on the Stonewall Education Champions programme. For advice on how your school can celebrate difference and challenge homophobia including staff training contact Rita on [rita.adair@norfolk.gov.uk](mailto:rita.adair@norfolk.gov.uk) Tel: 01603 307567 or mobile: 07917 215202

**Keeley White, Vulnerable Groups Adviser** provides specialist advice and support in relation to vulnerable pupils/groups, safety and equalities and can be contacted on [keeley.white@norfolk.gov.uk](mailto:keeley.white@norfolk.gov.uk) . Tel: 01603 307794  
Mobile: 07876 038 246

**Norfolk Healthy Schools** have developed a Healthy Schools Enhanced Model on Celebrating Diversity. This model can take up to one academic year to complete and is tailored specifically to your school's needs. It will help you establish baseline data from which you can then measure your school's success against. Possible ideas for this project could include: To increase the number of children who have received lessons on different families. For further details of how your school can take up this offer, contact Josie Wells – [josiewells@nhs.net](mailto:josiewells@nhs.net) or ring on 07771 383259

### **Norfolk LGBT Project and BLAH – Norfolk's LGB group for young people.**

BLAH LGB Youth <http://www.blahyouth.co.uk/about/> is part of Norfolk LGBT Project working together since 2007 to provide social & peer support groups for young gay, lesbian, bisexual people or those questioning their sexuality from 13-25yrs old. The main purpose of the work is to provide a safe venue, where young LGB people can have the opportunity to talk about issues affecting them, to offer an opportunity for them to access condoms, sexual health/HIV information and also the chance to meet other LGB young people. We achieve this by providing weekly youth groups. **Norfolk LGBT Project can also support primary schools where young people are confused or in need of advice as well as offering assemblies and class lessons where possible.** For further details Fi Liew-Bedford, Manager Norfolk LGBT Project [fiona@norfolklgbtproject.co.uk](mailto:fiona@norfolklgbtproject.co.uk)

### **Evolve**

Evolve is MAP's monthly group where young transgender, genderqueer and gender-questioning people can meet one another in a friendly and supportive space. Email [evolve@map.uk.net](mailto:evolve@map.uk.net) or call 01603 252746 for further details

### **Hate Free Norfolk**

Hate Free Norfolk is a network of public and voluntary sector organisations, including schools, colleges and youth organisations, that work together to tackle hate, bullying and harassment in Norfolk. The website has a resources page especially for schools, The Network also has three Specialist Hate Crime Advocates covering the whole County who can support children and adults who are being bullied, harassed or experiencing hate crime. They are independent from the police and will try to help the victim or family deal with the issues they are facing. Further information at <http://www.hatefreenorfolk.com/>

## **Sexual Health Promotions Unit (SHPU)**

Is able to offer young people the C Card scheme and schools can become a Registration Point

### ***What is the Your C-Card scheme?***

*The Norfolk and Waveney Your C-Card condom card scheme is a free condom issuing scheme for anyone aged 13 to 24, no matter whether they are having sex, thinking about having sex, or are just curious about condoms. It is co-ordinated by the Sexual Health Promotion Unit (SHPU).*

### ***How does it work?***

*Young people can sign up for a C-Card at any Your C-Card Registration Point where they will be seen by a trained C-Card practitioner. The young person's competency and emotional wellbeing will be assessed by the practitioner and if the young person has adequate understanding and seems to be at no risk of significant harm, he or she will be signed up to the Your C-Card scheme and will receive a credit card sized C-Card.*

*Each young person can then present their C-Card and receive 12 free condoms or lube at a Registration Point or Issue Point. A C-Card Issue Point is simply an easily accessible outlet for C-Card condom Issuing that does not offer C-Card Registration. All Registration Points and Issue Points are promoted on [www.areyougettingit.com](http://www.areyougettingit.com).*

### ***Do you want to be a Registration Point?***

*To become a Registration Point you will need the time and space to sit down with a young person, assess them, explain how the scheme works and hopefully sign them up. All practitioners, regardless of previous sexual health promotion training or experience, will need to attend the SHPU training course 'The C-Card Experience' before they can offer C-Card Registration. For those with no sexual health promotion training or experience, or for those who wish to refresh any previous knowledge or skills, we recommend also attending 'Sexual Health and Young People: A Beginners' Guide' and 'Condoms and STIs: A Beginners Guide'.*

### ***Do you want to be an Issue Point?***

*To become an Issue Point all you need is an easily accessible location, such as a reception or drop-in-area from which to issue condoms. Training is not necessary as we will provide free printed guidance for set up and operation at your request.*

## **SHPU Training days**

**All courses are 10 – 4 pm and venues are confirmed with participants nearer the time**

### **Doing It In Groups**

**(An introduction to delivering sexual health group work sessions with young people)**

**1 day course Wednesday 18th March 2015**

#### **Learning Outcomes**

- ☐ By the end of this course, participants should be able to:
- ☐ Understand the role of group work in promoting good sexual health
- ☐ Recognise the stages of a group and the most effective time to work with a group
- ☐ Offer practical tips for running sexual health group work sessions with young people
- ☐ Take away useful sexual health activities to run with young people
- ☐ Consult with young people to establish their own sexual health training needs
- ☐ Plan sexual health sessions with young people effectively
- ☐ Identify basic strategies for dealing with conflict within group work settings

### **Good Sex - Bad Sex:**

**Messages from the media and pornography**

**(Exploring the influence and impact of pornography and popular culture on sex, relationships and sexual health)**

**1 day course Wednesday 6th May 2015**

By the end of this course, participants should be able to:

- ☐ Discuss pornography and its role in influencing sex and popular culture
- ☐ Understand the messages young men and women get from pornified culture
- ☐ Understand the law as it relates to pornography
- ☐ Take away useful activities to run with young people

*Contact the Sexual Health Promotion Unit for details of training, guidance, or for more information: Sexual Health Promotion Unit, East Coast Community Healthcare CIC, 15 Hooper lane, Norwich, NR3 4ED*

*ecch.shpu@nhs.net T: 01603 221838 F: 01603 221832*

*Find out more about C-Card at [www.areyougettingit.com](http://www.areyougettingit.com)*

### **Norfolk Constabulary**

To find out more about how Norfolk Constabulary can support work in your school, contact Julie Inns, Equality and Diversity Advisor - [innsj@norfolk.pnn.police.uk](mailto:innsj@norfolk.pnn.police.uk)

### **(b) Nationally**

#### **Stonewall**

<http://stonewall.org.uk/> 0207 593 1850 Stonewall is the leading UK organisation working to achieve equality for lesbian, gay and bisexual people, by promoting human rights and social inclusion and challenging prejudice and discrimination. Stonewall's Citizenship 21 project published *Safe for all: a best practice guide to prevent homophobic bullying in secondary schools*.

#### **Gender Identity Research and Education Society (GIRES)**

This organisation provides information for Trans people, their families and the professionals who care for them <http://www.gires.org.uk/>

**Lesbian Gay Bisexual Transgender Consortium** <http://www.lgbtconsortium.com/> tel: 0207 064 8383 The consortium has a membership of over 300 groups working in LGB communities around the UK and can provide contact information for local organisations.

#### **Terrence Higgins Trust**

<http://www.tht.org.uk/> tel: 0207 812 1600 The leading HIV and AIDS charity in the UK. Can provide training, information, support and resources to service providers working with young gay men. By March 2004 an online resource will have been developed, providing training packages, standards and guidelines for work with young gay men. For more information contact, Phillip Wragg, Young Gay Men's Development Officer on 0207 816 4662 or email [phillip.wragg@tht.org.uk](mailto:phillip.wragg@tht.org.uk)

**EACH** (Educational Action Challenging Homophobia) <http://www.eachaction.org.uk/> tel: 0808 1000 143 email: [help@eachaction.org.uk](mailto:help@eachaction.org.uk)  
EACH is a national support and not-for-profit training agency working with public, private and voluntary sector organisations in challenging homophobia and on sexual orientation issues. It also offers a professionally staffed helpline and e-mail facility for students, parents, teachers or other practitioners working with young people who can provide support and signpost to further help and information. Helpline open Mon to Fri 10am – 5pm, Sat 10am – 12 pm. Helpline officer: 0117 946 7607



**FFLAG** <http://www.fflag.org.uk/> tel: 01454 852418 National Voluntary organisation and registered charity dedicated to supporting parents and their gay, lesbian and bisexual sons and daughters. Have a number of local helplines and parents' groups.

**ChildLine** <http://www.childline.org.uk/> tel: 0800 1111 ChildLine is a free 24-hour helpline for children and young people in the UK. Children and young people can call the helpline number about any problem, at any time – day or night.

**YWCA England and Wales** <http://www.ymca.org.uk/> tel: 01865 304215 Campaigns on issues affecting lesbian and bisexual young women. It has 18 projects where lesbian and bisexual young women can receive confidential support in a friendly environment.

**Caught in the Act (CITA)** Email: <http://www.caughtintheact.co.uk/CITA/Home.html> tel: 0207 733 2950 CITA offers drama-based training programmes in the workplace. These include a programme of diversity work that enables participants to explore ideas about equality and difference. Themes include ethnicity, gender, disability and sexual orientation.

**CragRats Ltd** Email: <http://www.cragrats.com/> tel: 01484 686451 CragRats offers theatre in education programmes on various issues including homophobic bullying.

**Schools Out! National**

<http://www.schools-out.org.uk/> tel: 0207 635 0476 A national organisation for lesbians, gay men, bisexuals and transpersons working in education. Their website includes model policies, a teachers' pack and information on legislation.