



Developing Independence with the **TITAN Buddy Programme**

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If you need this information in large print, or in an alternative format, please contact us on 0344 800 8020 and we will do our best to help.



What is the TITAN Buddy Programme

The TITAN BUDDY PROGRAMME is designed to equip students who need help with travel independence training to confidently undertake their journey to post 16 education independently using public transport or walking.

TITAN 'Buddies' will ensure trainees are collected from home or at an agreed meeting place and returned safely. The Buddies will take the trainees on a return journey between the pick up point and their chosen college. The scheme is supervised by professional Norfolk County Council staff.

The programme is designed to help you to...

- become an independent traveller
- improve your life skills
- understand safe practice
- improve your confidence and self-esteem
- have access to work experience and social activities
- be less reliant on your family
- improve your employment prospects

Who is it for?

- 16 - 21 year olds in full time education

Who are the buddies?

- similar aged caring young people
- fully trained and DBS checked County Council employees who will be introduced to you before training starts

What will they teach me?

How to plan a journey from home to college including

- things to do before you leave the house
- what you need to take with you

Pedestrian skills

How to use public transport

Ways to keep safe

Other life skills such as

- using a mobile phone
- handling money

When does the training take place?

- between June and September
(dates and times will be arranged to suit the trainer and the student)

How much does it cost?

- the training is **free**

How to enrol?

- your school can refer you
- your Guidance Adviser can refer you
- you can contact the TITAN team direct

