

## **Press Release**

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For Immediate Release

Event to highlight importance of joint working for young people with mental health needs

A free half-day event at the King's Centre in Norwich on 12 March, 12.30-5pm, will give the public the opportunity to discuss and find out more about children's and young people's health in Norfolk and Suffolk.

The event, 'Putting The Picture Together: Children and Young People's Mental Health', has been organised by governors at Norfolk and Suffolk NHS Foundation Trust to highlight the experiences of local young people and their families, as well as showcase new developments that can assist recovery or support people when they are struggling to cope.

Andrew Good, one of the governors organising the event, said: "Governors know from listening to local people that young people's mental health is a top priority and that when services work well together, they can have a tremendously positive impact for the whole family.

"As a result of this feedback, we have organised two events focusing on this topic in 2015. At this first event on 12 March, we will be hearing from young people and their families about what works well and what can be improved.

"The afternoon will also highlight some innovative services that are helping to make

a difference for children and young people in Norfolk and Suffolk today."

Gary Page, chair at Norfolk and Suffolk NHS Foundation Trust, said: "This topic is

important for health, education, social care and of course for children and young

people themselves and their families. We hope that a wide range of people will book

a place.

"We know from previous events, that people value the opportunity to comment on

the presentations and so we will make sure there is plenty of time for discussion. Our

Trust is committed to hearing from service users and their families to ensure that we

learn from people's experiences of using our services."

To avoid disappointment, people wishing to attend are advised to book in advance

by visiting www.surveymonkey.com/s/cypmh2015 calling the Trust's membership

office on 01603 421468, or by emailing membership@nsft.nhs.uk

**Ends** 

Notes to editors

'Putting The Picture Together: Children and Young People's Mental Health'

When: 12 March, 12.30-5pm

Where: The Kings Centre, 47-51 King Street, Norwich NR1 1PH

For further information please contact:

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