

Dear Headteacher

Being bullied is one of the biggest fears of children transferring to high school. The reality is very different. We know from research that more children worry about being bullied than are actually bullied, but most of us will recall our own anxieties about this prior to going to high school.

We want to give our Year 6 children the confidence to deal with bullying effectively. On the afternoon of Thursday 18th June I will be training staff to be able to deliver the Kidscape ZAP assertiveness training for bullied children. It is appropriate for Years 5 – 10 and any member of staff who wants to learn the skills to deliver this to children/young people can attend. I have trained many staff and children over the years and the results are impressive with young people reporting that after training they are no longer bullied. Many primary schools are now delivering these sessions to Year 6 pupils prior to transfer to High school. However this is not exclusively for this year group.

I am offering training for 20 staff on Thursday 18 June at The Base, Hewett School, Cecil Road, Norwich, NR1 2TJ from 1 pm to 3.30 pm. The cost is £40 per member of staff. If you are interested please contact Michele Blazey – Michele.blazey@norfolk.gov.uk and provide name, title and school and relevant budget details. Any further queries about the course can be directed to Rita Adair, Senior Lead Educational Psychologist – rita.adair@norfolk.gov.uk

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