



## THE GARAGE

### PRESS RELEASE FOR IMMEDIATE RELEASE

#### THE GARAGE AUTUMN SEASON LAUNCH

This autumn immerse yourself in great national touring theatre at The Garage. Be transported to a different world in Tortoise in a Nutshell's *The Lost Things*, performed in a unique dome structure, pick the soundtrack to *Beats North* a double-bill of one man plays written by acclaimed playwright Luke Barnes, with live music scratched by award winning DJ Mariam Rezaei, and discover captivating classical Indian Kathak and contemporary dance from Balbir Singh's Dance company in *Dhe Ki Ta*. Frozen Light bring their intriguing multi-sensory tale *The Forest* for teenagers and adults with profound and multiple learning disabilities. Rhiannon Faith Dancing Theatre once again join The Garage for another madcap scratch performance, *Scary Sh\*t*, daring to suggest a future without fear. If comedy is your bag then prepare to be entertained by the critically acclaimed *He Had Hairy Hands* a 1970's detective werewolf mystery reminiscent of *The League of Gentleman*, take a mischievous jaunt with *The Canterbury Tales* retold with laugh-out-loud silliness, and in *Vanity Bites Back*, join aspiring TV cookery host Jill as she searches for self-worth in a cheesecake.

A firm October favourite is the *Family Fun Day*, join in with free activities including dance, drama, games, face-painting and balloon modelling in the café. Also coming in half term is the unmissable charming family show *Annabelle's Skirting Board Adventure*, from the creators of *Little Howard*, a multi-media adventure with a tiny elephant! Plus *Scooby's Street School* returns with two days of dance fun for 7 – 11 year olds.

Beat the autumn blues by staying active with The Garage classes programme. New to the season is Breakdance for ages 7-11, Theatre class for ages 15-19, Yoga bumps for mums-to-be, amongst ballet, pilates, contemporary, musical theatre and more! For those with experience in dance and drama who are looking to further their skills, there are auditions being held in September for The Garage's Dance Companies; a great opportunity to collaborate with like-minded artists, create great performance pieces and showcase them at local events such as the Halloween Procession and the Christmas Light Switch On.

The autumn also brings exciting opportunities to take part in masterclasses and workshops, try hula-hooping or Alexander movement, learn how to mentor the next creative generation or get an introduction to freelance work.

Full listings can be found on [thegarage.org.uk](http://thegarage.org.uk).

-ENDS -

Notes to Editors



**THE GARAGE**

*AUTUMN LISTINGS 2015*

## *PERFORMANCES*

Sunday 20 September 11am & 2pm

Tortoise in a Nutshell and Oliver Emanuel presents

### ***THE LOST THINGS***

Performed in a unique dome structure, The Lost Things is about losing things and finding things you didn't even know you were looking for. This is a dark fairytale set in a fantastical world, where nothing is quite as it seems.

**Tickets: £12.50 / £5 concs | Family Ticket £30**

**Age: 9yrs+**

Friday 23 September, 6pm

Frozen Light presents

### ***THE FOREST***

A multi-sensory adventure through a mystical forest for audiences with PMLD. An intriguing multi-sensory tale which immerses audiences in a world full of new sights, sounds, smells and sensations.

**Tickets: Premium £15 / £10 concs | Standard £12.50 / £5 concs**

**Age: 13yrs+**

Thursday 24 September, 7pm

Company TSU in association with Curious Monkey presents

### ***BEATS NORTH***

Beats North explores the soundtrack to our lives through the eyes and ears of two young northern men who are still trying to figure it out, with a live soundtrack scratched by award winning **DJ Mariam Rezaei**.

**Tickets: Premium £15 / £10 concs | Standard £12.50 / £5 concs**

**Age: 14yrs+**

Friday 2 October, 7pm

Balbir Singh Dance Company presents

### ***DHE KI TA***

A heady synthesis of contemporary dance, classical Indian Kathak and mesmerising music. Six captivating dancers are supported by an eclectic mix of musical influences; carrying you into a world beyond traditional cultural boundaries.

**Tickets: Premium £15 / £10 concs | Standard £12.50 / £5 concs**

**Age: 14yrs+**

Friday 9 October, 8pm  
Helen Duff presents

### ***VANITY BITES BACK***

Delving into the complexities of mental illness and biting back at the silence and stigma surrounding anorexia, *Vanity Bites Back* is the solo debut from comedian **Helen Duff**.

**Tickets: Premium £15 / £10 concs | Standard £12.50 / £5 concs**

**Age: 12yrs+**

Thursday 15 October, 7.30pm  
Rhiannon Faith presents

### ***SCRATCH PERFORMANCE: SCARY S\*\*T***

A rollercoaster real life experiment Scary S\*\*t is a show where two young women attend therapy to learn about themselves, the world, and dare to suggest a future without fear.

**Tickets: By donation**

**Age: 16+ years**

Sunday 18 October, 3pm  
Kill the Beast presents

### ***HE HAD HAIRY HANDS***

An award-winning, critically-acclaimed comedy by **Kill the Beast**; a 1970's detective werewolf mystery wrapped up in a hilarious Hammer Horror.

**Tickets: Premium £15 / £10 concs | Standard £12.50 / £5 concs**

**Age: 12yrs+**

Tuesday 20 October, 7pm  
Impulse collective presents

### ***THE CANTERBURY TALES***

Expect tales of love, lust, murder and mayhem Using a fast paced mix of physical theatre, live music and verbatim, *The Canterbury Tales* switches seamlessly between moments of laugh-out-loud silliness and serious questions about the extent to which society has really moved on since the time of Chaucer's writing.

**Tickets: Premium £15 / £10 concs | Standard £12.50 / £5 concs**

**Age: 14yrs+**

Thursday 29 October 2015, 6.30pm  
The Garage presents

### ***SLAM***

*SLAM* nights give a stage to talented local musicians, singer-songwriters, dancers, comedians and more to share their love of performing with other young people.

**Tickets: £3 adv. / £3.50 on the door**

**Age: Strictly 13-21yrs only**

Tuesday 27 October, 2PM  
Howard Read presents

### ***ANNABELLE'S SKIRTING BOARD ADVENTURE***

A brand new theatre show for young children which combines animation, film and music, all created live before the audience.

**Tickets: Premium £15 / £10 concs | Standard £12.50 / £5 concs | Family Ticket £30**

**Age: 3-6yrs**

*Performances Box Office: 01603 598646 / thegarage.org.uk*

## EVENTS

Saturday 31 October, 5pm

### **Halloween**

Meet up for a spooky time in Chapelfield Gardens, then join the procession as it winds around the city streets coming to a stop outside City Hall for some spooky entertainment. Watch out for the ghosts and ghouls in the night as performers from our Emerging Artists Academy take to the streets to entertain you on this dark night!

**Cost: Free, no booking required**

**Age: all**

Sunday 13 December, 2pm & 4pm

### ***The Garage Dance Classes Christmas Showcase***

Kick start Christmas with our *Dance Classes Christmas Showcase* at the fantastic venue OPEN.

**Tickets: £6**

**Bookings: 01603 598646 / thegarage.org.uk**

**Age: All**

Thursday 19 November, 6pm

### **Norwich City Council Christmas Light Switch On 2015**

Join us to celebrate Christmas with the Norwich City Light switch on! Young people from our **Emerging Artists Academy** bring festive cheer with performances outside City Hall before the button is pushed to turn on the lights.

**Cost: Free, no booking required**

**Age: All**

## OCTOBER HALF TERM ACTIVITIES

Tuesday 27 October, 10am - 3pm

### **Family Fun Day**

Join us for a range of free workshops and activities throughout the day to keep the family entertained over half term, dance, drama, games, face painting and balloon modelling! Full workshop timetable and booking available online at thegarage.org.uk from Monday 31 August.

**Cost: Free**

**Bookings: 01603 283382 / thegarage.org.uk**

Thursday 29 + Friday 30 October, 10am – 3pm

### **Scooby's Street School**

Holiday dance fun for 7 – 11 year olds! A two-day street school where you will be put through your paces, warm up, warm down, jump around, play games and dance, dance, dance! You will learn a routine and show it to your family at the end of the second day!

**Cost: £50 / £45 concs**

**Bookings: 01603 283382 / thegarage.org.uk**

**Age: 7-11yrs**

## CLASSES

There are over 60 classes on offer for all ages and abilities, from toddler dance to ballet. Please refer to <http://www.thegarage.org.uk/the-garage-brochure-pgid131.html> for the classes' timetable.