



THE GARAGE

PRESS RELEASE FOR IMMEDIATE RELEASE

THE GARAGE AUTUMN SEASON LAUNCH

This autumn immerse yourself in great national touring theatre at The Garage. Be transported to a different world in Tortoise in a Nutshell's *The Lost Things*, performed in a unique dome structure, pick the soundtrack to *Beats North* a double-bill of one man plays written by acclaimed playwright Luke Barnes, with live music scratched by award winning DJ Mariam Rezaei, and discover captivating classical Indian Kathak and contemporary dance from Balbir Singh's Dance company in *Dhe Ki Ta*. Frozen Light bring their intriguing multi-sensory tale *The Forest* for teenagers and adults with profound and multiple learning disabilities. Rhiannon Faith Dancing Theatre once again join The Garage for another madcap scratch performance, *Scary Sh*t*, daring to suggest a future without fear. If comedy is your bag then prepare to be entertained by the critically acclaimed *He Had Hairy Hands* a 1970's detective werewolf mystery reminiscent of *The League of Gentleman*, take a mischievous jaunt with *The Canterbury Tales* retold with laugh-out-loud silliness, and in *Vanity Bites Back*, join aspiring TV cookery host Jill as she searches for self-worth in a cheesecake.

A firm October favourite is the *Family Fun Day*, join in with free activities including dance, drama, games, face-painting and balloon modelling in the café. Also coming in half term is the unmissable charming family show *Annabelle's Skirting Board Adventure*, from the creators of *Little Howard*, a multi-media adventure with a tiny elephant! Plus *Scooby's Street School* returns with two days of dance fun for 7 – 11 year olds.

Beat the autumn blues by staying active with The Garage classes programme. New to the season is Breakdance for ages 7-11, Theatre class for ages 15-19, Yoga bumps for mums-to-be, amongst ballet, pilates, contemporary, musical theatre and more! For those with experience in dance and drama who are looking to further their skills, there are auditions being held in September for The Garage's Dance Companies; a great opportunity to collaborate with like-minded artists, create great performance pieces and showcase them at local events such as the Halloween Procession and the Christmas Light Switch On.

The autumn also brings exciting opportunities to take part in masterclasses and workshops, try hula-hooping or Alexander movement, learn how to mentor the next creative generation or get an introduction to freelance work.

Full listings can be found on thegarage.org.uk.

-ENDS -

Notes to Editors



THE GARAGE

AUTUMN LISTINGS 2015

PERFORMANCES

Sunday 20 September 11am & 2pm

Tortoise in a Nutshell and Oliver Emanuel presents

THE LOST THINGS

Performed in a unique dome structure, The Lost Things is about losing things and finding things you didn't even know you were looking for. This is a dark fairytale set in a fantastical world, where nothing is quite as it seems.

Tickets: £12.50 / £5 concs | Family Ticket £30

Age: 9yrs+

Friday 23 September, 6pm

Frozen Light presents

THE FOREST

A multi-sensory adventure through a mystical forest for audiences with PMLD. An intriguing multi-sensory tale which immerses audiences in a world full of new sights, sounds, smells and sensations.

Tickets: Premium £15 / £10 concs | Standard £12.50 / £5 concs

Age: 13yrs+

Thursday 24 September, 7pm

Company TSU in association with Curious Monkey presents

BEATS NORTH

Beats North explores the soundtrack to our lives through the eyes and ears of two young northern men who are still trying to figure it out, with a live soundtrack scratched by award winning **DJ Mariam Rezaei**.

Tickets: Premium £15 / £10 concs | Standard £12.50 / £5 concs

Age: 14yrs+

Friday 2 October, 7pm

Balbir Singh Dance Company presents

DHE KI TA

A heady synthesis of contemporary dance, classical Indian Kathak and mesmerising music. Six captivating dancers are supported by an eclectic mix of musical influences; carrying you into a world beyond traditional cultural boundaries.

Tickets: Premium £15 / £10 concs | Standard £12.50 / £5 concs

Age: 14yrs+

Friday 9 October, 8pm
Helen Duff presents

VANITY BITES BACK

Delving into the complexities of mental illness and biting back at the silence and stigma surrounding anorexia, *Vanity Bites Back* is the solo debut from comedian **Helen Duff**.

Tickets: Premium £15 / £10 concs | Standard £12.50 / £5 concs

Age: 12yrs+

Thursday 15 October, 7.30pm
Rhiannon Faith presents

SCRATCH PERFORMANCE: SCARY ST**

A rollercoaster real life experiment Scary S**t is a show where two young women attend therapy to learn about themselves, the world, and dare to suggest a future without fear.

Tickets: By donation

Age: 16+ years

Sunday 18 October, 3pm
Kill the Beast presents

HE HAD HAIRY HANDS

An award-winning, critically-acclaimed comedy by **Kill the Beast**; a 1970's detective werewolf mystery wrapped up in a hilarious Hammer Horror.

Tickets: Premium £15 / £10 concs | Standard £12.50 / £5 concs

Age: 12yrs+

Tuesday 20 October, 7pm
Impulse collective presents

THE CANTERBURY TALES

Expect tales of love, lust, murder and mayhem Using a fast paced mix of physical theatre, live music and verbatim, *The Canterbury Tales* switches seamlessly between moments of laugh-out-loud silliness and serious questions about the extent to which society has really moved on since the time of Chaucer's writing.

Tickets: Premium £15 / £10 concs | Standard £12.50 / £5 concs

Age: 14yrs+

Thursday 29 October 2015, 6.30pm
The Garage presents

SLAM

SLAM nights give a stage to talented local musicians, singer-songwriters, dancers, comedians and more to share their love of performing with other young people.

Tickets: £3 adv. / £3.50 on the door

Age: Strictly 13-21yrs only

Tuesday 27 October, 2PM
Howard Read presents

ANNABELLE'S SKIRTING BOARD ADVENTURE

A brand new theatre show for young children which combines animation, film and music, all created live before the audience.

Tickets: Premium £15 / £10 concs | Standard £12.50 / £5 concs | Family Ticket £30

Age: 3-6yrs

Performances Box Office: 01603 598646 / thegarage.org.uk

EVENTS

Saturday 31 October, 5pm

Halloween

Meet up for a spooky time in Chapelfield Gardens, then join the procession as it winds around the city streets coming to a stop outside City Hall for some spooky entertainment. Watch out for the ghosts and ghouls in the night as performers from our Emerging Artists Academy take to the streets to entertain you on this dark night!

Cost: Free, no booking required

Age: all

Sunday 13 December, 2pm & 4pm

The Garage Dance Classes Christmas Showcase

Kick start Christmas with our *Dance Classes Christmas Showcase* at the fantastic venue OPEN.

Tickets: £6

Bookings: 01603 598646 / thegarage.org.uk

Age: All

Thursday 19 November, 6pm

Norwich City Council Christmas Light Switch On 2015

Join us to celebrate Christmas with the Norwich City Light switch on! Young people from our **Emerging Artists Academy** bring festive cheer with performances outside City Hall before the button is pushed to turn on the lights.

Cost: Free, no booking required

Age: All

OCTOBER HALF TERM ACTIVITIES

Tuesday 27 October, 10am - 3pm

Family Fun Day

Join us for a range of free workshops and activities throughout the day to keep the family entertained over half term, dance, drama, games, face painting and balloon modelling! Full workshop timetable and booking available online at thegarage.org.uk from Monday 31 August.

Cost: Free

Bookings: 01603 283382 / thegarage.org.uk

Thursday 29 + Friday 30 October, 10am – 3pm

Scooby's Street School

Holiday dance fun for 7 – 11 year olds! A two-day street school where you will be put through your paces, warm up, warm down, jump around, play games and dance, dance, dance! You will learn a routine and show it to your family at the end of the second day!

Cost: £50 / £45 concs

Bookings: 01603 283382 / thegarage.org.uk

Age: 7-11yrs

CLASSES

There are over 60 classes on offer for all ages and abilities, from toddler dance to ballet. Please refer to <http://www.thegarage.org.uk/the-garage-brochure-pgid131.html> for the classes' timetable.